

# C.G. Jung Society, Seattle

Now it is, as a matter of fact, true that apart from the personal striving for power, or superbia, love, in the sense of concupiscentia, is the dynamism that most infallibly brings the unconscious to light.

—C. G. Jung

# Co-President's Messages: Randy Morris

Dear Jungian Community -

Welcome to all members and friends of the C.G. Jung Society, Seattle! It is spring in the Pacific Northwest, which looks a lot like winter, except it's a few degrees warmer and the blossoms are beginning to blossom, neither of which are small matters! Here at the Seattle Jung Society we are busy with our winter/spring programs – the Jung Cafe, the class on Jung's Map of the Soul, Fairy Tale Fridays, and speakers on eco-psychology, archetypal intersubjectivity, scapegoating and psychedelic companioning – along with a robust review by our volunteers of our library holdings and the on-going work on our website redesign. It is an exciting time of renewal in our organization, fed by a commitment to bring the healing balm of Jung's ideas to a general public in need of consolation and solace. To get a sense of some of these ideas, I refer you elsewhere in this newsletter to co-president Bette Joram's compilation of some of Jung's deepest ideas relevant to the psychology of this historical moment in which we are living.

It is useful to remind ourselves that the purpose of reading and assimilating the ideas of others – whether a luminary like Jung's or the random comment of a companion – is to enliven our own thinking, to aid our own individuation process and to clarify our own mytho-poetic identity. In that place of silence, self-reflection and re-membering, we hear the dream voices

that guide us into our spiritual activism on behalf of the Anima Mundi and planet Earth. Who are these voices and where do they reside? And why do these beings, when liberated from ego accretions that blunt their life-force, always serve the task of assisting the further revelation and evolution of Cosmic Consciousness?

# To work with these questions, the C.G Jung Society of Seattle will be devoting three of our fall monthly sessions to the theme of "Imagining A Jungian Wisdom School for the 21st Century". The premise is that in the realm of the imagination there is a place where seekers of knowledge, or gnosis, go in order to learn from wisdom keepers of all kinds. Different cultures imagine this school in different ways – from the dojo of the Tibetan Shambhala prophecy, to the 12th Century School of Liberal Arts at Chartres Cathedral, to the Hidden College of Sophia, or the Celestial Temple of the Creative Imagination in Sufism. Joseph Campbell would call these different imaginations the 'ethnic manifestations' of the underlying 'elementary idea' of a Wisdom School. Historically, the imagination of a Wisdom School tends to constellate in times of global crisis, or on the edge of quantum leaps in human consciousness, as a way to provide the guidance needed to navigate the rough waters. Wisdom Schools are inherently democratic. All are welcome! All belong! We hope this theme in our fall programs will serve to constellate a portal to the Wisdom School that awaits you in the mysterious chamber of your Spiritual Heart. In so doing, the Seattle Jung Society will be fulfilling its mission to 'Liberate Soul in Service to the Great Turning'. Stay tuned!

## Spring 2022 Event Calendar

Jung Café: (In-person) Every Saturday 11am- 12:30pm, PT

Fairy Tale Fridays: (Online) Spring: May 6, Fall: September 2, October 7, November 4, December 2 Ongoing Discussion Group

**Dr. Arthur Colman:** (Online) April 13th. "Dr. Scapegoat" Views the Pandemic

Chris Bache, Ph.D: (Online) May 7th. Jung as Companion on the Psychedelic Journey

Randy Morris, Ph.D. Co-President, C.G. Jung Society of Seattle

#### Co-President's Messages: Bette Joram

Dear Jungian Community,

I have sat this week watching in horror as the war Putin is waging against Ukraine brings us to the brink of nuclear catastrophe. Tonight, March 3, 2022, the fire at one of Ukraine's nuclear reactors has been extinguished, but the war has not. I do not know how much more horror will have been unleashed by the time this is in your hands.

What could I possibly have to say to you that might make any kind of sense of what is going on? I turn to Jung:

"Never before has mankind been torn into two halves, and never before was the power of absolute destruction given into the hand of man himself. It is a "godlike" power that has fallen into human hands..." (C. G. Jung: Letter to Pater Lucas Menz," 22 February 1955: Letters, II, 225.)

And to Edward Edinger's The Mystery of the Conjunctio: Alchemical Image of Individuation (1994, Inner City Books, Toronto) (lectures on Vol. 14 of the Collected works, Mysterium Conjunctionis). I ask you to contemplate these passages:

I would say that the most crucial and terrifying pair of opposites is good and evil. The very survival of the ego depends on how it relates to this matter. In order to survive, it is absolutely essential that the ego experience itself as more good than bad. There has to be a heavier weight on the side of good, in the balance, than on the side of evil. And this of course explains the creation of the shadow, for the young ego can tolerate very little experience of its own badness without succumbing to total demoralization. It also accounts for another universal phenomenon—

#### **BOARD OF DIRECTORS**

Bette Joram, Co-President Randy Morris, Co-President Sam Osborne, Treasurer Larry Cole, Recording Secretary Erin Abbott, Membership, Programs Cece Briggs, Outreach Akesha Baron, Newsletter

#### **OFFICE MANAGER**

Hali Wilmunnson

#### LIBRARIAN

Tamara Walker

#### **VOLUNTEERS**

Larry Cole, IT Support, Library Sea Gabriel, IT Support Laura Rivendell, Accountant Charles Morrison, Library Linda and Michael Sheaffer, Library Quinn Quian, Library, Website Megan Cassidy, Library

the process of locating evil. Evil has to be located, it has to be fixed and established as residing in some particular spot. Whenever something bad happens, blame or responsibility must be established if at all possible. It is exceedingly dangerous to have free floating evil. Someone must personally carry the burden of evil. As the ego matures, the situation gradually changes, and the individual becomes able to take on

the task of being the carrier of evil. Then it is not so important to locate the evil elsewhere. When one is able to acknowledge one's evil, one becomes a carrier of the opposites, and in so doing contributes to the creation of the conjunctio.

In the early phase of the recognition of the opposites we have ... the pendulum stage. ... the individual is cast back and forth between different moods. On the one hand, ... the mood of guilty inferiority, and when the pendulum swings there's an optimistic upturn. And it can go back and forth ... so that light and darkness are encountered one after another.

Jung makes a remarkable statement about this phenomenon in paragraph 206 of the Mysterium. Listen to this: (pp. 13-14)

The one after-another is a bearable prelude to the deeper knowledge of the side-by-side, for this is an incomparably more difficult problem. Again, the view that good and evil are spiritual forces outside us, and that man is caught in the conflict between them, is more bearable by far than the insight that the opposites are the ineradicable and indispensable preconditions of all psychic life, so much so that life itself is guilt. (CW 14, para. 206)

Edinger (pp. 20-21) then quotes an alchemical passage (paragraph 186 from Jung's Mysterium Coniunctionis) which references a "crude Sulfur," a worker of wickedness" "armed with the malignity of arsenic" contrasted with the "true Sulphur." He then quotes this passage from the Mysterium:

Sulfur represents the active substance of the sun or, in psychological language, the motive factor in consciousness: on the one hand the will...and on the other hand compulsion, an involuntary motivation or impulse ranging from mere interest to possession proper. The unconscious dynamism would correspond to sulphur, for compulsion is the great mystery of human life. It is the thwarting of our conscious will and of our reason by an inflammable element within us, appearing now as a consuming fire and now as life-giving warmth. (CW Vol. 14 para. 151).

Psychologically, this would refer to ego-centered desirousness as contrasted with Self-centered desirousness. Ego-centered desirousness is of an unconscious, infantile nature that demands to have what it wants when it wants it, whereas desirousness that centered in the Self is regenerate or transformed desire which the ego serves as a religious duty. It is desire whose nature has been transformed by consciousness.

Unregenerate desirousness is evil, and you can demonstrate that evil nature very readily. All you have to do, when confronted in yourself or others with the crude sulphur, with the unregenerate desirousness, is to frustrate it, deny it, and you'll see immediately that it turns vicious. It turns demanding. It turns tyrannical, power ridden. It immediately demonstrates its true nature when it's denied fulfillment, and that's not the case with the regenerate desirousness. (1994, pp. 23)

Edinger then quotes a passage from Jung's Vision Seminars (Vol. 1, p. 239-240) where he (Jung) "tells us how to deal with desirousness." It has everything to do with containment. It is a wonderful passage, but too long to reprint here today.

These seemingly individual confrontations with the unconscious, which we make in our own lives, have a vast significance which we cannot truly perceive. What we can clearly see is what happens when individuals fail to wrestle with their inner compulsions, thereby outwardly projecting them onto individuals and groups with vengeance and violence and destruction.

I am grateful to have this opportunity to further the life of the Jung Society in partnership with these wonderful individuals who comprise our Board, Office Manager, and Volunteers: Randy, Larry, Erin, Akesha, Cece, Sam, Laura, Hali, Tamara, Charles, Linda, Mike, Quinn, Megan and you our members and friends.

Bette Joram, Co-President

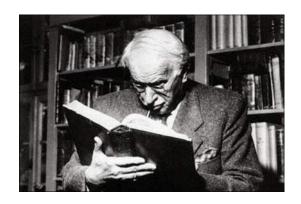


Good Shepherd Center, Seattle, April 10, 2007 Photo by Joe Mabel, Courtesy Wikimedia Commons

#### More Fairy Tale Fridays!

# Once Upon a Time... Why Jungians Read Fairy Tales

"How do we interpret a fairy tale? —or stalk it, rather, because it is really like stalking a very evasive stag."



-Marie-Louise von Franz, The Interpretation of Fairy Tales, p. 37

This educational series will be co-facilitated by Jungian analysts

Stephanie Gierman and James Max Gossett Fridays, 6:30-8:30pm, PT

Spring Series Concludes: May 6, 2022

Fall Series: September 2, October 7, November 4, December 2, 2022

\$20 per session for members / \$25 for non-members

Register online at <a href="https://cgjungsocietyseattle.eventbrite.com">https://cgjungsocietyseattle.eventbrite.com</a> for individual classes,

or call the Seattle Jung Society office at (206) 547-3956 for more information.

2 CEUs per session for \$10 available online.

Suggested reading: The Interpretation of Fairy Tales, Marie-Louise von Franz.

Bring your favorite fairy tale, your imagination and sense of wonder.

Begin by counting the number of people at the beginning of the fairy tale and once again at the end...

The C. G. Jung Society thanks Stephanie Gierman and James Max Gossett for their generosity and enthusiasm in continuing this popular series.

#### Our Connection to Thousands of Years of the Collective Unconscious?

An Article by M. Reid Stell, LMHC

Marie Louise von Franz quoted Jung as saying that to be in a situation where there is no way out or to be in a conflict where there is no solution is the classical beginning of the process of individuation. Fairy tales begin this way as well. Once upon a time, a queen is dead, or children are abandoned in the woods, or a miller cannot not feed his family, or the village is plagued by a giant, or a treasure is lost in a deep pool. Once a month, Society members and other lovers of the power of story and the Jungian approach to understanding and developing ourselves, meet for Fairy Tale Fridays.

In each story we find shadow, complexes, anima, animus, soul, ego, alchemy, and the numinous, all guiding us on a journey toward selfhood. Intuition tells us that these international stories of struggle and magic, so saturated with collective unconscious symbology, are much older than the written record. Recent research has all but confirmed that these enduring fables have been told around campfires and hearths since the Bronze Age—something Jungians have suspected all along.

For details, go to: tinyurl.com/VeryOldTales



## Jung Café

Our Jung Café continues to meet in person every Saturday from 11am-12:30pm, PT, in the Jung Society library at the Good Shepherd Center. Topics discussed have included dreams, synchronicity, aggression, libido, and archetypes, and vary based on what individual members choose. Each meeting is facilitated by a different participant volunteer. We start the group with a check in and then move to discussion. There is no need to register, just show up. For questions email <a href="mailto:Akesha.Baron@gmail.com">Akesha.Baron@gmail.com</a>.

## The Library Corner

by Tamara Walker Librarian for the C.G. Jung Society of Seattle

First I was crucified, now I'm simply hanging—which is less noble but no less agonizing. —Jung (2009), The Red Book, p. 442 Dear Friends of the Jung Society,

It feels unusual to update you on your library, and introduce myself as your new librarian, through Jung's misery quoted above. If this weren't a Jungian newsletter, I may have felt compelled to be cheerier, but times are hard, and you doubtlessly also feel the weariness of a long-suffering world. I find that Jung's words above offer a simple reminder of the comfort I find in his difficult honesty and capacity to accurately and incisively state psychological experience.

Many of us are convinced that the world's impossible challenges need Jung's ideas more than ever. I understand our public library as an essential component of sharing Jung's ideas with a wider audience in fulfillment of our society's mission: to support a sustainable learning community centered on the life and work of Carl Gustav Jung.

I started as librarian in January 2022, and so far, I've sorted and shelved books, organized volunteers, increased public access, and reported to the board. I spent my first days in wonder, pouring through our truly incredible collection of historical books, journals, and pamphlets. Rarely does someone like me have access to these kinds of books outside of graduate school. As a voracious reader and lifelong book lover, the experience felt numinous. For a few days I felt intoxicated by books!

Today, I wish to highlight three of the library's longest serving and most dedicated volunteers who have been essential to my orientation. The pandemic closed our home, the Good Shepherd Center, for most of 2020 and

2021. During this time, Linda Shaeffer, Charles Morrison, and Larry Cole kept the library on life support while hoping for better times. A few times a month, Linda, caretaker of our database for more than two decades, drives to the library from Lummi Island with her husband Michael. Linda and I are completing an inventory to ensure the databases accurately reflect our collection. Charles is orientating me to the library's history and everyday functioning and is sorting through the amazing book donations (the library's lifeline) that still arrived despite Covid. Larry welcomed me with his warm, welcoming smile that's present almost everywhere in the Jung Society these days. A big thanks to these three and the many others in the background helping the library get back on its feet.

Please come and discover the gems hiding in the nooks and crannies of our extraordinary library! We're open to the public on Tuesdays and Saturdays from 1-4 pm, PT, and by appointment through office@jungseattle.net. If anyone's interested in volunteering for the library, or donating books, please contact us here as well. Stay tuned for more in our next newsletter!



## Dr. Arthur Colman:

Delusions, Denials, and Discernments:
Dr. Scapegoat Views the Pandemic

Zoom Lecture: Wednesday, April 13th, 2022 7-9pm, PT

Register online at: <a href="https://arthurcolman.eventbrite.com">https://arthurcolman.eventbrite.com</a>

The current Covid-19 Viral Pandemic is our version of "The Plague," that metaphorical Pale Horseman of the Apocalypse which conjures not only illness and death but virulent individual and societal transformation brought about by fear of

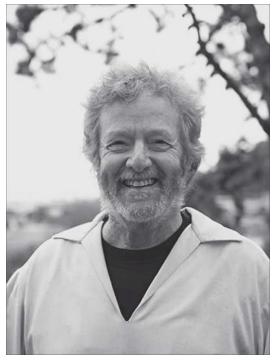
the unknown and the misunderstood. This talk will draw on examples and analysis from Dr. Colman's "listening



post", drawing on artistic, psychiatric, Jungian-analytic and collective consciousness perspectives in order to describe and understand some of the predictable psychological and psychiatric patterns created by all plagues, including our current Covid pandemic. He will also evaluate covid-fueled scapegoating and leadership behaviors as they emerge and intersect with individuals and groups from different cultures and countries (Rwanda, Ivory Coast, Mexico, U.S.) Finally, he will suggest evolving learning and healing pathways from a new multifocal human consciousness which includes a compassionate and objective evaluation of science, art, religion, and other cultural forms, as well as subjective personal and collective depth psychological and spiritual introspection using myth, dreams, active imagination and vision.

"Dr. Scapegoat" is the name of Dr. Colman's 10-year-old internet blog (drscapegoat.com), an ongoing conversation and consultation about the nature, dynamics and healing/abusing elements of the scapegoating process.

Arthur Colman, M.D. received his A.B. at Harvard College, earned his Medical Degree at Harvard Medical School and his Psychiatric Training at University of California, San Francisco. He is the author of nine books including Up from Scapegoating: Awakening Consciousness in Groups, two novels, and several books on the human life cycle including love, pregnancy and fatherhood. He has written numerous book chapters and journal articles on music and music composers, pain, collective consciousness, leadership and psychiatric treatment modalities.



### Chris Bache, Ph.D.

## Jung As Companion on the Psychedelic Journey

Zoom Lecture: Saturday, May 7 2022, 1-3pm, PT Register online at: https://chrisbache.eventbrite.com

The Seattle Jung Society is pleased to announce that Chris Bache, Ph.D., author and teacher on non-ordinary states of consciousness, will be speaking to the Society on Saturday, May 7, 2022 from 1-3pm, PT. Dr. Bache is an award-winning teacher and international speaker, as well as the author of four books. Drawing upon his training as a philosopher of religion, Dr. Bache explored his own mind and the mind of the universe during 73 high-dose LSD sessions over a period of twenty years. His Journey is recounted in several of his books, most recently LSD and the Mind of the Universe: Diamonds From Heaven (2019).



Dr. Bache will be speaking about how Jung served as both companion and guide as he entered the ocean of consciousness during his psychedelic sessions. Jung's conceptual system was helpful in understanding his experiences in some ways, but fell short in others. But Jung's personal courage as an explorer of consciousness



made him an enduring companion for the entire journey. Join us as Dr. Bache recounts his relationship to Jung and Jungian ideas on his sojourn into the outer reaches of inner space.

Chris Bache is professor emeritus in the department of Philosophy and Religious Studies at Youngstown State University where he taught for 33 years. He is also adjunct faculty at the California Institute of Integral Studies, Emeritus Fellow at the Institute of Noetic Sciences, and on the Advisory Board of Grof Legacy Training. Chris' passion has been the study of the philosophical implications of non-ordinary states of consciousness, especially psychedelic states. An award winning teacher and international speaker, Chris has written four books: Lifecycles - a study of reincarnation in light of contemporary consciousness research; Dark Night, Early Dawn - a pioneering work in psychedelic philosophy and collective consciousness; The Living Classroom - an exploration of collective fields of consciousness in teaching; and LSD and the Mind of the Universe - the story of his 20 year journey with LSD. Chris is a father of 3, a Vajrayana practitioner, and lives in Weaverville, NC, with his wife Christina Hardy.





NONPROFIT ORG. U.S. POSTAGE PAID SEATTLE, WA PERMIT NO. 1820

Registration fees for the Society's regular program are as follows: Lectures: Members - \$20; Non-members - \$25

Please visit, https://cgjungsocietyseattle.eventbrite.com to view all of our upcoming events and to get your tickets.

For information on becoming a member or to make a donation, please visit www.jungseattle.net, contact the office: office@jungseattle.net

C.G. Jung Society, Seattle Mission Statement: As a thoughtful learning community, we are on a mission to raise consciousness through fostering deep psychological and spiritual understanding of ourselves and the increasingly complex and challenging world around us. We strive to make Jungian and depth psychological thought accessible to the general public with contemporary lectures, workshops, archives and other resources that help liberate the soul. To make a donation to this work, please visit: https://jungseattle.net/donations/initiate.php

www.jungseattle.net phone: 206-547-3956 email: office@jungseattle.net