



C.G. Jung Society, Seattle

"The decisive question for a man is: is he related to something infinite or not? This is the telling of his life." CW Vol. 8, para 798.

Co-President's Messages:

Randy Morris, Ph.D.

"In all chaos there is a cosmos, in all disorder a secret order."
- C. G. Jung (CW 9i: 66)

I am writing these remarks on July 4th, a day meant to celebrate life, liberty and the pursuit of happiness. Of course, we are all aware of the vast split in the American Soul between its ideals and its practices. Everywhere we look, hypocrisy is rampant.

What is the origin of this split between what is good and true and beautiful about the American experiment and its dismal record of racism, misogyny, predatory capitalism and environmental degradation? As C. G. Jung has taught us, political hypocrisy originates in the same place that generates personal hypocrisy, in the shadow elements of our souls, that portion of our psyche that allows us to repress inconvenient truths and aggrandize our own egos.

In his 1946 essay on "The Fight with The Shadow", Jung said that the world will never reach a state of order until every person recognizes the danger of their own shadow and what it contains - the unwanted and repressed energies of anger, greed and delusion that originate in our animal instincts and which are amplified by trauma, fear and shame. In response to the personal and political dynamics of the shadow, Jung has several interesting things to say.

One is that to withdraw the projections that turn 'the other' into 'an enemy' requires moral courage, self-forgiveness and the careful cultivation of consciousness. Second, democracy is a form of 'introverted warfare' wherein the shouting and jostling of normal political discourse allows for the non-violent expression of psychic conflict.

In the end, allegiance to a constitution forces the losers to retreat, lick their wounds and prepare for the next battle. But when the boundaries of the constitution no longer hold these forces in check, a psychic epidemic ensues. And third, Jung notes that the chaos of the inner and outer worlds by necessity generates compensatory images of order that often take the shape of mandala images. If these nascent images of order are not integrated into the conscious mind, they fester in the unconscious and are doomed to irrelevance. But when 'mandala consciousness' is nurtured, these images form the basis of a new and more integrated worldview.

Fall 2022 Event Calendar

Fairy Tale Fridays

Sep 2, Oct 7, Nov 4, Dec 2
Ongoing Discussion Group
6:30pm-8:30pm PST
Online

Wisdom School

September 23 & 24 -
Sapientia: The Portal of
Mystery

October 21 & 22 -
Natura: The Ground of
Mystery

November 18 & 19 -
Polis: The Enactment of
Mystery

Friday Lecture
7:00pm-9:00pm PST
followed Saturday Workshop
1:00pm-4:00pm PST
Online

Jung Cafe

Saturday mornings at the
library. In-person.
11:00am-12:30pm

4649 Sunnyside Ave N.
Room 222
Seattle, Washington 98103

What does all of this have to do with the learning community that has gathered at the C. G. Jung Society of Seattle? It is this: we all need a place of refuge where we can reflect upon these weighty matters and cultivate mandala consciousness in community. How does the withdrawal of projections take place and how would I know if I have succeeded? How do I navigate the storms of a psychic epidemic? How do I recognize the presence of mandala imagery in the midst of the turmoil of political warfare or in the midst of the chaos of my own psyche? How can I consciously nurture these healing images? Where are the people who are curious about such matters and how can I participate in discussions with them in a safe and welcoming setting?

On behalf of the Jung Society of Seattle, I invite you to join us for conversations about these matters of critical import to the future of our democracy and the role each of us has to play in forging a sustainable culture. In our fall lineup of events, we will enter into these precincts through the portal of the Wisdom School of the Heart, through the imagination of fairytales and through in-person gatherings of the Jung Cafe. We hope to create the kind of learning community that can serve as a refuge from the 'rough weather' that surrounds us, that can help us stand together as conscious participants in the ongoing creation of the cosmos and that affirms our dignity as human beings in the midst of cataclysmic transformation. I hope to see you there!

Bette Joram Ph.D.

Welcome to the 49th year of the C. G. Jung Society, Seattle. We have a full season of events for you this Fall. Each month opens with Fairy Tale Fridays, hosted by Jungian Analyst Stephanie Gierman and myself. We are delighted to welcome Stephanie back! Started in 2017, Fairy Tale Fridays has become a monthly favorite. Come join us! Our Fall Programs this year will be "A Jungian Wisdom School for the 21st Century" a series of lectures and workshops presented by Randy Morris, Terry Gibson, Elizabeth Clark-Stern, and Lefitia Nieto. ALL FALL OFFERINGS WILL BE HELD ON ZOOM. BE SURE TO REGISTER ON THE WEBSITE TO GET YOUR ZOOM LINK AND JOIN US.

I am proud to announce that we have been awarded a \$3,000 grant from the City of Seattle's 4Culture's 2022 Arts Sustained Support program. Sustained Support funding comes from King County's Hotel/Motel Lodging Tax. Our Office/Library at the Good Shepherd Center is now open on Tuesdays and Saturdays. Our Office Manager, Hali Autumn, works remotely to make sure your calls and emails are received and directed to the appropriate Board member. Hali handles many additional organizational responsibilities for which we thank her.

The Jung Society Library is open once again! Led by Tamara Walker, our Library Volunteers include Linda and Mike Sheaffer, Charles Morrison, Larry Cole, Quinn Qian, and Megan Cassidy, Katarina Guzman. Thank you all. The Jung Café continues under the leadership of Akesha Baron, at the library, on Saturdays from 11 a.m. to 12:30 pm. Each week, a group gathers to discuss a topic of mutual interest. Please come in and enjoy discussing a Jungian topic of the week. This is your chance to meet in a small group and ask questions about all things Jungian. Thank you, Akesha for putting together the Newsletter. We need a Newsletter Volunteer to take up this task. Our Program, Newsletter, and Membership Chair, Erin Abbot, has handed over the duties of two of these positions to Randy Morris and Jacob Cookston, respectively, so that she can dedicate herself to her graduate studies. Erin, thank you for your excellent work these past two years in bringing us such successful programs and keeping up our membership information. We wish you all success.

Larry Cole wears many hats. He is the Secretary of the Board, a library volunteer, and Zoom host for our online events, an attendee and occasional host at the Jung Café. Thank you, Larry, for your ready smile, hard work, and willingness to step in when a need arises. Thank you, Sam Osborne, Treasurer, and Cece Briggs, Outreach Coordinator, for your service on the Board and on the Website Committee. Thank you, Laura Rivendell, for handling our Accounting, and Sea Gabriel for your work on the Newsletter and fliers. And to our Co-President, Randy Morris, many thanks for stepping forward into a leadership position this year and for taking up the Program Committee Chair for the coming year. We are so fortunate to have your energy, enthusiasm, experience, and wisdom in these times.

As you can see, our Board members hands are very full. If you have time, skills, and interests that match the activities you see above, we invite you to volunteer. Send an email to office@jungseattle.net and introduce yourself and your area of interest.

From our Newsletter Archives: I came across this in the Fall 1981 issue: Anna Hayes created the original logo of the bird in the apple tree, with a serpent on a lower branch.

BOARD OF DIRECTORS

Bette Joram Ph.D. - Co President, Randy Morris Ph.D. - Co President, Sam Osborne - Treasurer,
Larry Cole - Recording Secretary, Jacob Cookston - Membership & Program Coordinator,
Cece Briggs Ph.D.- Outreach, Akesha Baron Ph.D. - Editor

OFFICE MANAGER - Hali A. Wilmmunson LIBRARIAN - Tamara Walker

VOLUNTEERS

Larry Cole - IT support, Library, Sea Gabriel Ph.D. - IT support, Laura Rivendell - Accounting,
Charles Morrison - Library, Linda and Michael Sheaffer - Library,
Quinn Quan - Library, Website, Megan Cassidy - Library

BUNNY BROWN LIFETIME ACHIEVEMENT AWARD By Bette Joram

“The best way to find yourself is to lose yourself in the service of others.”—Mahatma Gandhi

This summer we presented an award to our longest serving Board Member, Bunny Brown. Bunny joined the Jung Society in 1980. Our Newsletter Archives first mention Bunny stepping forward to serve as Centerpoint Coordinator in 1981. In 41 years with the Jung Society, Bunny has given over 20,000 hours of service to our community. From the start, Bunny took up new tasks as various Board vacancies required: from Centerpoint Coordinator to Secretary, Treasurer, Membership, Program, Office, Librarian, Newsletter, Publicity, Hospitality, Cashier, Volunteer Coordinator, and President 2010-2017, she often wore several hats at once. She worked closely with every Board member who served this organization. She knew those who ran our sister Jung Societies up and down the west coast through correspondence and phone calls and shared library interests. Linda Sheaffer wrote, “There have been many great volunteers over the years, but Bunny has been the Volunteer Extraordinaire. She also was a real people person with the Society membership and knew if not all, a huge percent of the attending members by first name.”



Bunny organized annual summer picnics on C. G. Jung’s Birthday at Woodland Park. She helped plan 12 th night parties at the home of our founder and benefactor, Nancy Alvord, and also hosted them at her home. It is hard for me to think of Bunny without the company of the people who worked with her over the past 25 years. In my mind’s eye I see them together, in the classroom at the registration table: Bunny with Diane Bogue, Barbara Heather, Shirley McNeil, Stephanie Gierman; or in the library with Charles Morrison, Linda and Mike Sheaffer, and at Board meetings with so many others. Bunny has always been there. Bunny remains steadfast and dedicated to the mission of the Jung Society to serve the general public, without regard for any credentials. She is equally committed to seeing that those who cannot afford the price of a ticket for an event attend for free and to a policy that volunteers also attend for free. She firmly believes that Jung has something to offer everyone: if you are interested, you are welcome. We intend to carry on her legacy by keeping our events open and affordable to all.

Bunny—Thank you for keeping the light burning so brightly for all these years.

The Library Corner

by Tamara Walker

Librarian for the C.G. Jung Society of Seattle

"After I had spoken many more angry words to my "I ". I noticed that I began to bear being alone with myself." Jung (2009), The Red Book, p. 334

Dear Friends of the Jung Society,

Our Jung Society is moving to a new website! Our library database and digital archives are undergoing transition from our previous website and will be temporarily unavailable. We will let you know when the library resources are once again searchable online. I've enjoyed this excuse to connect to our wider Jungian community beyond Seattle, and volunteers and staff in these sister organizations have generously shared their knowledge around all things library. Our conversations repeatedly touched on our passion for books and documents on brick-and-mortar shelves combined with the reality of the cost, logistics, and technical expertise often associated with equally important digital content with online accessibility. This is a work in progress. Stay tuned!

In-person programming brought members into our libraries in the past, and I'm hoping library visitors will return when this becomes common once again. There's nothing like having an actual book in hand, and after the isolation of covid, sharing space with like-minded people has become one of the true pleasures my life. I feel this nowhere more acutely than in our library. One big hit has been Jung Café, a recurring in-person event which hosts an informal discussion of Jungian ideas on most Saturdays from 11-12:30. The checked out and purchased books I discover after the café always makes me smile.

I've been slowly orientating myself by working through all the library's documents and books. Almost every day I'm there, something remarkable fills me with gratitude for those before me who either donated their books or lovingly tended our incredibly rich collection. "Bunny" Brown is one of these key people, and her story elsewhere in this newsletter. I recently stumbled upon Bunny's list of Jung Society members wanting to sign out The Red Book as soon as possible after the library finally got a copy. As a relatively new follower of Jung, it's difficult to fully appreciate this potentially foundation shaking moment for the Jungian community, but holding Bunny's handwritten list in my hand, the excitement surrounding the publishing of this remarkable book written a century ago, was palpable. We have 2 copies, and one of them is once again available for check out! I also write about The Red Book because Jung's words there, like the quote above, often carry such simple and stark insight. During our time of such anger and fear, and the unraveling of many rights and institutions Americans have taken for granted for more than 50 years, Jung's comprehension of Shadow and the need—and extreme difficulty— that we recognize and accept in ourselves that which we most hate in others, seems particularly relevant. In the quote above, I find comfort in his experience that expressing intense anger can lead to insight and peace.

Library Hours: Tuesdays and Saturdays, 1-4pm

Imagining a Jungian Wisdom School for the 21st Century

with Elizabeth Clark-Stern, Terrill L. Gibson, Randy Morris, and Leticia Nieto

Three Online Sessions in the Fall of 2022:

September 23rd & 24th
Sapientia: The Portal of Mystery

October 21st & 22nd
Natura: The Ground of Mystery

November 18th & 19th
Polis: The Enactment of Mystery

Friday Lecture (7-9pmPST)
followed Saturday Workshop (1-4pmPST)

Join Terry Gibson, Elizabeth Clark-Stern, Leticia Nieto and Randy Morris for a multi-disciplinary, experiential inquiry into the Wisdom School that yearns to emerge in the midst of our darkest hour. Reflections will be grounded in Terrill Gibson's recent book, *The Liminal and The Luminescent: Jungian Reflections on Ensouled Living Amid a Troubled Era* (2021). Guided by the principles of Jungian Psychology, understood as a Western esoteric psycho-theology, we will enter into the Portal of the Mystery through idea, image, story and song. We will ground ourselves in the Mystery of Mother Earth, learning from her pathways and practices ways of nourishing soul in our daily lives. And we will engage the difficult task of Enacting Mystery in the everyday world of community and politics.

In the realm of the imagination there is a place where seekers of knowledge (or gnosis) go in order to learn from wisdom keepers both literal and imaginal. These wisdom keepers, who form the faculty of a Jungian Wisdom School, are always in service to mending the Soul of the World as it seeks to fulfill its cosmic destiny. Historically, the imagination of a Jungian Wisdom School constellates in times of global crisis, or on the edge of quantum leaps in human consciousness, as a way to provide the guidance needed to navigate the rough waters. Wisdom Schools are inherently democratic. All are welcome! All belong! For truly, the most important Wisdom School is the one that resides within the chamber of your own Spiritual Heart.

Randy Morris, Ph.D., is Professor Emeritus at Antioch University Seattle where he taught in the BA Liberal Studies Program for 30 years and was the coordinator of the Psychology and Spiritual Studies concentrations. His search for an eco-spiritual revelation adequate for our dark night of the species soul has led him through experiences as a vision quest guide, dream worker, martial artist, musician, community ritual leader and elder-in-training. Randy's investment in the future takes the shape of four grandchildren, with another on the way!



Elizabeth Clark-Stern, LMHC, is a Jungian psychotherapist and playwright. She has a fascination with women of courage, struggle, and vision, as portrayed in her many plays, including *Out of the Shadows*, and *On the Doorstep of the Castle*, performed at the International Jungian Congress in Cape Town and Copenhagen respectively. She has presented on Toni Wolff's model of the *Feminine Archetypes* at the Jung Societies in Seattle and Vancouver, B.C. Elizabeth is a pilgrim in search of the divine in mountains, rivers, forests, and the flowers in her own backyard.



Leticia Nieto, PsyD, LMFT, TEP, is internationally recognized for her work as a psychodramatist, psychotherapist, educator, and leadership coach for systemic change. Her 2010 book, *Beyond Inclusion, Beyond Empowerment: A Developmental Strategy to Liberate Everyone*, gives readers skills to promote social justice by using an ecological perspective to deconstruct oppression and supremacy. Dr. Nieto is a radical change artist, who weaves a new world from a tapestry of joy, song, poetry, relational repair and restorative justice.



Terrill L. Gibson, Ph.D., is a Northwest Jungian analyst, pastoral psychotherapist, and approved supervisor for the American Association for Marriage and Family Therapy. For nearly fifty years he has practiced in liminal realms always respectfully seeking the unseen, healing Great Mother, soul-of-things in the individuals, couples, and communities he has served. He has a passion for film, sea kayaks, landscape photography, and the blues.



Imagining a Jungian Wisdom School for the 21st Century

with Elizabeth Clark-Stern, Terrill L. Gibson, Randy Morris, & Leticia Nieto
Friday Lecture (7-9pm PST) followed Saturday Workshop (1-4pm PST)

SAPIENTIA: THE PORTAL OF MYSTERY Liminality and the Achievement of Destiny

Randy will begin with an invitation into the vestibule of the Wisdom School of the Heart by reviewing the history of the idea of a Wisdom School, examining the location, curriculum and faculty of Wisdom Schools in previous centuries. Then Terry will turn to the archetypal root of all Wisdom Schools, the liminal portal of the deep imagination that leads to the realm of the Numinous Other, the place where Deep Wisdom is cultivated and dispensed. Here lies our mythopoetic identity and the powers that shape both our fate and destiny. This introduction to Sapiencia – The Portal of Mystery will offer ways to enter your own Mystery School, awaken to the dynamics of initiation being offered there, and embark on the sacred pilgrimage of authentic individuation.

September 23 & 24 with Randy Morris & Terry Gibson [Register via Eventbrite: https://theportalofmystery.eventbrite.com](https://theportalofmystery.eventbrite.com)

THE GROUND OF MYSTERY: NATURA Entering the Heart of Earth Divine

Elizabeth invites you to take off your shoes and immerse your bare feet in the ancient soil of Mother Earth. Her caves and wells and streams and towering oaks are reservoirs for cleansing, transformation, and opening new dimensions in our souls. We will use guided meditation, creative exercises, and song to explore stories of goddesses and pilgrims, heretics and saints whose relationship to their sacred Earth was so passionate, so abiding, it provided a loving home for the human heart in a world of violence and conquest, not unlike our own.

October 21 & 22 with Elizabeth Clark-Stern [Register via Eventbrite: https://thegroundofmystery.eventbrite.com](https://thegroundofmystery.eventbrite.com)

The Call to Ecstatic Action in Brave Space: THE ENACTMENT OF MYSTERY: POLIS

One outcome of archetypal stirring in the interior life is a readiness for outer action to influence the interconnected collective in the direction of justice. This hidden face of wisdom, or awakened activism, wraps around creation of sanctuary: durable, embodied engagement. As a psychodramatist, Leticia invites you to explore expressive enactment of personal story as a mythic blueprint for social change. We will take inspiration from principles and sayings of the Zapatista indigenous movement in Chiapas, Mexico. As we conclude our residence in the Wisdom School of the Heart, our opportunity is – in the face of hopelessness – to nurture an ethic of pleasure in community. We emerge from The Wisdom School of the Heart through a different door than we came in – emboldened, renewed, and available to the soul call.

November 18 & 19 with Leticia Nieto [Register via Eventbrite: https://theenactmentofmystery.eventbrite.com](https://theenactmentofmystery.eventbrite.com)

JUNGIAN WISDOM SCHOOL OVERVIEW

Three Online Sessions in the Fall of 2022:

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October 21st & 22nd – **Natura: The Ground of Mystery**

November 18th & 19th – **Polis: The Enactment of Mystery**

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SAPIENTIA – THE PORTAL OF MYSTERY: Liminality and the Achievement of Destiny

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NATURA – THE GROUND OF MYSTERY: Entering the Heart of Earth Divine

Elizabeth invites you to take off your shoes and immerse your bare feet in the ancient soil of Mother Earth. Her caves and wells and streams and towering oaks are reservoirs for cleansing, transformation, and opening new dimensions in our souls. We will use guided meditation, creative exercises, and song to explore stories of goddesses and pilgrims, heretics and saints whose relationship to their sacred Earth was so passionate, so abiding, it provided a loving home for the human heart in a world of violence and conquest, not unlike our own.

POLIS – THE ENACTMENT OF MYSTERY: The Call to Ecstatic Action in Brave Space

One outcome of archetypal stirring in the interior life is a readiness for outer action to influence the interconnected collective in the direction of justice. This hidden face of wisdom, or awakened activism, wraps around creation of sanctuary: durable, embodied engagement. As a psychodramatist, Leticia invites you to explore expressive enactment of personal story as a mythic blueprint for social change. We will take inspiration from principles and sayings of the Zapatista indigenous movement in Chiapas, Mexico. As we conclude our residence in the Wisdom School of the Heart, our opportunity is – in the face of hopelessness – to nurture an ethic of pleasure in community. We emerge from The Wisdom School of the Heart through a different door than we came in – emboldened, renewed, and available to the soul call.

Packet Registration available for all three programs:

[imagineawisdomschool.eventbrite.com](https://www.imagineawisdomschool.eventbrite.com)



THE JUNG CAFÉ

An in person conversation group at the Jung Society library in the Good Shepherd Center, Room 222. Saturday mornings, 11:00am to 12:30pm

Ever had questions about Jungian notions, or the desire for more camaraderie and connection with your depth psychology-minded fellows? Our Jung Café continues to meet in person every Saturday at 11am (with rare exceptions) in the Jung Society library at the Good Shepherd Center.



This group offers an opportunity to be together, ask questions and discuss all things Jungian as our own special interest community. Topics discussed have included dreams, synchronicity, aggression, libido, and archetypes, and vary based on what individual members choose. Each meeting is facilitated by a different participant. We start the group with a check in and then move to discussion. There is no need to register, just show up, however it is best to email first just to make sure we are meeting the day you want to come. We use a small email list to communicate amongst ourselves about schedules and topics, and please ask to be added to this list if you would like by emailing Akesha.Baron@gmail.com



For questions email: Akesha.Baron@gmail.com.

TREASURER'S NOTE:

You'll notice a new remittance envelope included with this newsletter. I'm certain you've seen these before in other mailings from other organizations, but you might be wondering what such a thing is doing in this newsletter. I'm glad you asked! We are more than just monthly lectures and events nine months out of the year, and the reality is that it takes money to keep an organization like this afloat.

While the C. G. Jung Society of Seattle operated for most of its life on sheer volunteer power and the gracious patronage of the late Nancy Alvord (for whom our Library is named), things are different in 2022. We are launching a new website that we hope you will love, which did not come cheaply. In spite of our COVID pivot to virtual events, we still have rent and bills to pay, and this year we hired a new part-time office manager to handle the many administrative roles that require more than volunteer power alone. We have a fantastic line-up of programming slated for the coming year, and event fees do not even begin to cover our monthly expenses, as we want to keep our programs as accessible as possible.

If you have the capacity and the will to see the C.G. Jung Society of Seattle grow stronger and continue offering all the fabulous educational and community events you already know and love, plus keep our Library going strong, then please consider a tax-deductible gift to the Society today. You can use the envelope provided to mail your check, or simply donate online. Either way, we exist for you, our Jungian community, and now we need to ask for your help at whatever level feels right. Thank you for your support, your enthusiasm, and the important role you play in ensuring the legacy of C. G. Jung continues to thrive in the Pacific Northwest. —Sam Osborne, Treasurer



FAIRY TALE FRIDAYS

A discussion of fairy tales facilitated by Jungian analyst,
Stephanie Gierman and Bette Joram, Ph.D.

September 2, October 7, November 4, December 2, 2022
Sessions held on Friday evenings, 6:30 pm PST – 8:30 pm PST

Purchase a Member or Non-member ticket to join the discussion.

CEU ticket sold separately.

<https://fairytalesfriday.eventbrite.com>

Suggested reading:

The Interpretation of Fairy Tales, by Marie Louise von Franz.

"Marie Louise von Franz quoted Jung as saying that to be in a situation where there is no way out or to be in a conflict where there is no solution is the classical beginning of the process of individuation. Fairy tales begin this way as well. Once upon a time, a queen is dead, or children are abandoned in the woods, or a miller cannot feed his family, or the village is plagued by a giant, or a treasure is lost in a deep pool.

Once a month, Society members and other lovers of the power of story and the Jungian approach to understanding and developing ourselves, meet for Fairy Tale Fridays. In each story we find shadow, complexes, anima, animus, soul, ego, alchemy, and the numinous, all guiding us on a journey toward selfhood. Intuition tells us that these international stories of struggle and magic, so saturated with collective unconscious symbology, are much older than the written record. Recent research has all but confirmed that these enduring fables have been told around campfires and hearths since the Bronze Age—something Jungians have suspected all along."

Written by Reid Stell. For full article: tinyurl.com/VeryOldTales

Learning objectives:

1. Learn to identify the structure of the fairy tale. Begin with the exposition (time and place) and then the dramatis personae, the people involved. Next, name the problem, followed by the peripeteia or the ups and downs of the story. Identify the climax and notice that it is followed by a lysis or sometimes a catastrophe. At the end of the fairy tale something happens to switch us out of the fairy tale world.
2. Begin to amplify the motifs in the fairy tale by looking at comparative material. How can we construct a context? Ex: See how the mouse in this fairy tale behaves differently from other mice. What does this mean?
3. Understand how to begin to interpret the fairy tale, the task of translating the fairy tale into psychological language.

Inquiries: officemanager.jungseattle@gmail.com

Community Page

Welcome to this new section of our newsletter that will function as a community message board. *

Please get in touch (email Akesha.baron@gmail.com) if you would like to share depth-psychology related community events, notices, opinions and brief articles with our unique audience using this space.

Open call for artwork!

We welcome submissions of artwork to be used in our newsletter and on our new website. Please email submissions to: officemanager.jungseattle@gmail.com

Seeking Community Connections ~

In the post-pandemic era, community and places to gather and connect are more necessary than ever. While deprived of in-person contact, we were given the time to imagine what a truly meaningful life and culture could look like.

For the last 13+ years, I have been envisioning a space where people from all walks of life might share knowledge, skills, resources, workspace and rainy day companionship. As an anthropologist, I have observed in indigenous villages that life across generations and spheres of productivity is much less compartmentalized.

Together and openness to connection are a priority – perhaps even a birthright that we require to fully develop as human beings. Research shows that we are hardwired for reciprocal, deep bonds with more than just the people closest to us. My community space or “Urban Village” would be a place of camaraderie and joint creative and artistic endeavors, perhaps particularly welcome to stay-at-home and single parents, our senior population, teenagers and others suffering from isolation, loneliness or craving more meaningful social contact. It would provide access to creative and spiritual development through classes, mentorships, groups and drop-in hours.

As a longtime Zen practitioner, I hope to also offer teaching in stillness and listening to your larger being. Please come to the table if you have ideas, space, resources or connections. All are welcome!

Contact: Akesha Baron:
Akesha.Baron@gmail.com, 206-915-3079.

**MARK YOUR CALENDAR ~
Friday, December 9, 2022**

**Soul Night : A Free
Community Sharing
Event**

**Details forthcoming on the
website and via email!**

Please register online to attend this event:
<https://communitysharingevent.eventbrite.com>



C. G. Jung Society, Seattle

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C.G. Jung Society, Seattle Mission Statement:

As a thoughtful learning community, we are on a mission to raise consciousness through fostering deep psychological and spiritual understanding of ourselves and the increasingly complex and challenging world around us. We strive to make Jungian and depth psychological thought accessible to the general public with contemporary lectures, workshops, archives and other resources that help liberate the soul.

Registration fees for the Society's regular lectures are as follows:
Members - \$20; Non-members - \$25

To view all of our upcoming events and to get tickets, as well as information on becoming a member or to make a donation, please visit
www.jungseattle.net

Contact the office: officemanager.jungseattle@gmail.com