

Whoever speaks in primordial images speaks with a thousand voices; he enthralls and overpowers, while at the same time he lifts the idea he is seeking to express out of the occasional and the transitory into the realm of the ever enduring. He transmutes our personal destiny into the destiny of mankind, and evokes in us all those beneficent forces that ever and anon have enabled humanity to find a refuge from every peril and to outlive the longest night. —C. G. Jung

James Hollis, Ph.D.

Stories Told, Stories Untold, Stories that Tell Us

Friday Lecture:

Our lives course with stories, stories that run through us from ancestors, stories we tell others id tell ourselves, and stories of which we are unaware and thereby tell us. We will reflect on the role these stories play in the shaping of our lives, and how they invite us to greater consciousness of what invisibly informs the visible world.

Saturday workshop:

Please bring writing materials as together, in a mixture of lecture/discussion and interactive exercises, we will put some narrative flesh on the bare bones of our histories.

James Hollis, Ph.D. is a Jungian analyst in Hou-

ston, Texas, adjunct faculty member of Saybrook University and Pacifica Institute, and author of thirteen books, the

latest being What Matters Most: Living a More Considered Life.

Please note: the James Hollis lecture will be at the Northgate Community Center located at 10510 5th Ave NE 98125 (opposite Northgate Shopping Center)

Advance payment and registration can be sent to our ffice at 4649 Sunnyside Ave. N., Room 222, Seattle, WA 98103. Tickets can also be purchased at www.brownpapertickets.com



"Stories Told, Stories Untold, Stories that Tell Us"

James Hollis, Ph.D.

Friday Lecture: January 13 7:00 to 9:00 p.m. Northgate Community Center

Admission: Member \$25 Non-member: \$35 Prepay by January 9: Member \$20 Non-member \$30

Saturday Workshop: Jan 14 10:00 a.m. to 2:30 p.m. Good Shepherd Center, The Chapel, 4th Floor

Admission: Member \$65 Non-Members \$75 Pre-pay by Jan 9th Member \$60 Non-member \$70

1/2 hour lunch break: please bring sack lunch.

This program has been approved for CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: Total of 6 units for lecture and workshop, \$15. 2 units for Friday lecture, \$10; 4 units for workshop, \$10.

"The Uroboros: Nature and Human Nature"

Bette Joram, Ph.D.

Feb 10, Friday Lecture, 7:00 p.m. – 9:00 p.m. Good Shepherd Center, Room 202. Lecture Fee: \$15 Members \$25 Non-Members

Feb 11, Saturday Workshop: 10:00 a.m. – 2:30 p.m. Good Shepherd Center, Room 202. Workshop Fee: \$50 Members \$70 Non-Members

Advance registration sent to our office is encourage. Admission can be paid at door or through www.brownpapertickets.com

This program has been approved for CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 6 units for Friday lecture and Saturday workshop \$15; \$10 for 2 units on Friday; \$10 for 4 units on Saturday.

Bette Joram, Ph.D

The Uroboros: Nature and Human Nature



In the Friday evening lecture there will be an overview of this historical and universal symbol. We will enquire into its presence in ancient cultures as well as in western alchemy.

Uroboric questioning: What meaning does the Uroboros have for us in these times? The Uroboros, depicted as a dragon or a serpent devouring its own tail, stands for the alpha and the omega, the beginning and the end of all things. Spirit and matter, masculine and feminine, poison and panacea—the opposites unite in this ancient symbol of the *opus circulatorium*.

In the Saturday workshop we will look in greater depth at the developmental psychological implications of the Uroboros. We will address

it from the perspective of other theoretical orientations as a significant state in the narcissistic personality when it is arrested and again when the uoroboric state is essential in the process of transformation and individuation.

We will explore the permutations of the Uroboros: its dreams of omnipotence; the levels of differentiation of the ego's emergence from the unconscious; its outward relationship to others and to the collective; thence to the self and the collective unconscious. While each aspect has relevance to the development of the individual, parallels exist between individuation and the maturation process of society, culture, and the state of our civilization as we grapple collectively with the developmental crises of our era. The Uroboros provides a mythological connection to the natural world, and allows us to bring scientific and imaginal perspectives together, drawing upon the strengths of depth psychology and clinical practice. The alchemical world view allows us to see and experience the interconnectedness of conscious spirit, unconscious matter, and conscious matter, through which we recognize the presence of the *anima mundi*.

Bette R. Joram is a psychotherapist in private practice in Seattle, Washington, and an adjunct faculty member of Antioch University Seattle. She received her Ph.D. from Pacifica Graduate Institute in 2005. This subject matter is drawn from her doctoral dissertation, *Experientia Testi Est*, a hermeneutic study of transformation and change based on the illumined alchemical manuscript, *Les Vaisseaux D'Hermes*. The image of the Uroboros figures significantly in this work.

Learning Objectives:

- 1. To learn about the archetypal and alchemical symbolism of the Uroboros.
- Compare and contrast the developmental stages of the self according to C. G. Jung and developmental theorists.
- 3. To look at processes of self-assimilation and self-generation from a teleological perspective distinct from pathological narcissism or self-absorption.
- 4. To understand how the alchemical world view, which includes Conscious Spirit, Unconscious Spirit, Unconscious Matter, and Conscious Matter assists us in coping with the changes in our times.



Eberhard Riedel, Ph.D., D.C.S.W., Jungian Analyst

My African Journey—Emotional Trauma and the Transcendent Function

In a rapidly changing world paying attention to innate capacities such as what Jung calls the *transcendent function* can make a difference. At home and abroad we face the seemingly intractable problem of fundamentalist ideology, racism and tribal violence tearing apart the human fabric. In this presentation I discuss ways I employ digital photography blended with old healing methods in order to transcend personal and

cultural layers of reference and rekindle the *struggle of giving birth to one's future*. Over the past seven years I have worked with marginalized and traumatized populations in Africa to help communities dealing with psychological consequences of war and violence. In a *Cameras without Borders* workshop a survivor of sexual violence in eastern Congo said, "The camera is pregnant." Such metaphors function to shatter limitations of the mind making visible what cannot be perceived. The *transcendent function* is midwife in a relational process of healing the wounds of emotional trauma.

Eberhard Riedel, Ph.D., D.C.S.W. is a photographer and Jungian psychoanalyst living in Seattle, WA. In 2006 he initiated the *Cameras without Borders* project employing photography as a tool for healing with African communities affected by the consequences of war and violence. His project aims at engaging people at home and abroad as it seeks to nourish seeds of reconciliation and mutual understanding. *Cameras without Borders* is a Blue Earth 501(c)(3) project. Please visit <u>www.cameraswithoutborders.org/</u>. "In Search of Symbol: Representations of the Collective Unconscious" Eberhard Riedel, Ph.D., D.C.S.W., Jungian Analyst

Mar 9, Friday Lecture: 7:00 p.m. – 9:00 p.m. Good Shepherd Center, Room 202. Lecture Fee: \$15 Members \$25 Non-Members

Mar 10, Saturday Workshop: 10:00 a.m. – 4:00 p.m. Good Shepherd Center, Room 202. Workshop Fee: \$50 Members \$70 Non-Members

Pre-registration for workshops is encouraged

Tickets available at the door or at: www.brownpapertickets.co m

This program has been approved for CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 5 units for the Saturday workshop \$10.

Learning Objectives for Workshop:

- 1. Developing cross-cultural agency in psychotherapy and clinical social work.
- 2. Developing sensibility to relational knowing, i.e., the role the *transcendent function* plays both intra- and intersubjectively.
- 3. Recognizing the importance of restoring capacity for play and curiosity in the treatment of psychological trauma.
- 4. Recognizing that modeling curiosity in self and other imbues relationships with mutuality.

Winter 2012

Library Hours

Saturdays 12:30—3:30 pm

Call 206-547-3956 to verify hours

C.G. Jung Society, Seattle Library Good Shepherd Center Main Floor, Rm. 222

Library Volunteers

Siren Hakimi

Wyndy Knox-Carr

Charles Morrison

Jennifer Seyler

We need a "once a month" volunteer to help at the library.

Library News

Special thanks and good wishes to our retiring volunteer, Betty Eldridge, for her many years of service.

Periodicals: We have many recent issues of Spring Journal that may be checked out.

We want to thank our generous donors for their gifts to the library: Deborah Ferguson, Tom Wilkenson, Cora Lawrence, Patrice Donohue and Linda Sheaffer. We have more books to sell at our spectacular prices, so please stop by the library on a Friday evening when we have a speaker or on Saturdays from 12:30 to 3:30. Members may borrow books, periodical and tapes for a one-month period and they may be returned to the book drop by our door, room 222, any time Good Sheperd is open during the week. Good Shepherd is closed on holiday weekends and all Sundays.

New additions include:

The Memoir of Tina Keller-Jenny, A lifelong Confrontation with the Psychology of C.G. Jung

The Book of Lambspring by Nicholas Barnard Delphinas

Friedrich Nietzsche, A Psychological Approach to His Life and Work by Lilian Frey-Rohn

Spirit and Flesh, Englishman and Greek by David Roomy

Several Phil Cousineau books

DVDs: Dancing in the Flames, Marion Woodman

Remembering Jung Series: Lore Zeller, Gilda Frantz, Joseph Henderson, parts 2 and 3, Joanne Meir

- Bunny Brown, Librarian

BUY BOOKS!

Every time you buy from AMAZON.COM through the Jung Society website, we will receive a percentage of your purchase price. The link is at the bottom of our home page, <u>www.jungseattle.org</u>, next to the calendar. We appreciate your support. Thank you!

The "12th Night" Annual Member Gathering

Please join us Sunday, January 8, 2012, 3 to 5 PM at the Episcopal Diocesan House to meet the board and fellow members. This will be a potluck event, so bring your favorite hors d'oeuvres and desserts. Address: Great House, Episcopal Diocesan House, 1551 10th Ave. East, Seattle (parking available).

James Hollis Learning Objectives (continued from Cover Page)

1. Understand the replicative nature of "complexes" and their implications for therapy.

2. Track from behavioral patterns the narrative threads that run through a person's history.

3. Discern ways to identify manifestations of the unconscious in the midst of biographical detail.

4. Gain a greater appreciation for the role of affect-laden ideas to generate patterns.

5. Identify the place of "secrets" and stories untold in the shame-based sources of patient behavior.

President's Message

Bunny Brown, President

Greetings to all for the coming year, 2012. Hope you have enjoyed Ken Kimmel, Phil Cousineau, Anne Taylor and Naomi Lowinsky for 2011. Out first speaker in January will be James Hollis who always has a cogent message for us. Please note that he will be here on January 13-14, not January 21-22 as listed in the last newsletter. He will be speaking at the Northgate Community Center on January 13, and at the 4th floor chapel at Good Shepherd Center on the 14th. All details are on the first page of this newsletter.

Bunny

Special thanks to Rick Harris for volunteering to gather information to publish our new Membership Directory. We hope members will find this useful in connecting with each other.

We need a volunteer to serve as membership secretary—can you assist?

2012 Jung Society Calendar

October 12-13 Kathryn Madden

December TBD

November 9-10 Laurence Hillman

April 13-14 Muriel McMahon

May 11-12 Pittman McGehee

Summer Break

September 14-15 Elizabeth Clark-Stern

C.G. Jung Society, Seattle

Preregistration form

Workshops, Seminars, and Courses are scheduled pending sufficient preregistration. **Preregistration is due one week prior to the beginning date.** Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103.

Questions? Email: offlce@jungseattle.org or call: (206) 547-3956.

Payment must accompany your preregistration. No refunds. Please check each event for specific fees, times, locations. (www.jungseattle.org) I enclose \$______ (check or credit card) for preregistration for the following:

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C.G. JUNG SOCIETY, SEATTLE NEWSLETTER WINTER 2012 VOL. 42, NO. 1

Statement of Purpose

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

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Thank you!

Opening the Unseen Heart

Book Review of Kenneth A. Kimmel's Eros and the Shattering Gaze: Transcending Narcissism. Fisher King Press, 2011

By Elizabeth Clark-Stern, copyright October, 2011

What a feast for the mind, to encounter Kenneth Kimmel's timely book. I was in the airport this past May, and saw the cover of Newsweek. A quite innocent-looking baby pig stared out at the camera. The title: *What Makes Men Act Like Pigs*. I bought the issue, and kicked myself when the contents provided no substantive analysis. I was hungry for an exploration beyond a recap of the public behaviors of famous men. I also wanted a narrative that offered a larger vision of the historic human malady of the narcissistic male. *Eros and the Shattering Gaze* is that book.

Kimmel takes us on a sumptuous journey, using the vibrant medium of myth, movies, clinical vignettes, and contemporary portraits of such luminaries as Carl Jung and Bill Clinton, both of whom struggled with their own narcissism. Down, down we go into the shattered self that begins at the doorstep of the wounded mother-son relationship.

And yet, this is no linear Oedipal tale. The beauty of Kimmel's approach is its multi-dimensionality. I found myself reading the book as if entering a series of caves or tunnels connecting to vitally diverse castles, shaman's huts, or suburban houses above ground. Just as I thought I had come upon a "definitive" theory, a new chamber would open, and an unconsidered perspective enriched all that had gone before.

Kimmel does give us candles, even brilliant flood lamps, to light our way. He achieves true innovation in mirroring the diverse theories of Carl Jung and Jewish French philosopher Emmanuel Levinas. This gives us a new way to interpret the ancient, destructive mother complex, and see how this plays out in the development of the under-seen male.

As I descended deeper in the journey, I realized how profoundly I was relating to this material, not only as a scholar or psychotherapist, but as a woman. How mystifying it is, for so many of my sex, to encounter the withdrawn heart, depression, and dependency of the narcissistic male, so often wrapped in such a charming, intelligent, and charismatic package. The narrative peels away the initial reflection, "what was wrong with him?" revealing to the female reader, "What was wrong with me that I chose such a man?"

For women whose choices of a wounded narcissist lodge in the past, this journey is a revelation of the bones of that choice that undoubtedly resonates in the present. For women currently in a relationship with a man who is harming her, neglecting her, shaming her, or betraying her, *Eros and the Shattering Gaze: Transcending Narcissism* is an invaluable tool for seeing that the remedy lies not in the man, or in the stars, but in ourselves.

What allows the reader to gaze deeply into the mirror of her own soul? I credit Kimmel's ability as a storyteller. How could I, as a woman, not identify with Psyche, mortal heroine who falls victim to the mother complex acted out at her expense between Eros and his mother, Aphrodite. The labors of Psyche correspond to the efforts of both men and women to complete the impossible task, to please Mother and earn the way to true love.

Kimmel explores the complexity and paradox of the search for other, offering diverse interpretations, from Nietzsche's "tragic man", to his own interpretation of the story of Jacob. I was most relieved to read the latter. In Kimmel's model, the rigidity of narcissism must be shattered for the opening of the heart to true, un-idealized love, to follow. This can be a major event, such as the public humiliation experienced by a Strauss-Kahn, a heart attack, as with Jung and Bill Clinton, or the more gradual eggshell crack of analysis.

Is this not what we all long for, to kneel before a compassionate beloved and say, "I am here."?

How tempted I am to send a copy of EROS to Andrew Weiner, John Edwards, and all the rest. Copies should be placed in the foyer of every office in Washington D.C., and in the tribal headquarters of those African chiefs with so many wives. Narcissism, in all of its subtle and destructive forms, expresses the wounding of the ages. Surely, if the powerful could do the hard, comprehensive work required for wholeness, there would be no need for an enemy, in the form of a negative mother figure, or a mother country so different from our own.

Eros and the Shattering Gaze: Transcending Narcissism provides a welcome road map for men and women on the journey to the whole: a pearl tossed gracefully onto the violent shallows of our time.

Elizabeth Clark-Stern is a psychotherapist in private practice in Seattle, and author of the play, Out of the Shadows: A Story of Toni Wolff and Emma Jung, and a collection of two novels, Soul Stories: Safari to Mara and Aria of the Horned Toad. Her books, and Eros and the Shattering Gaze: Transcending Narcissism are available on http://www.Amazon.com or http:// www.fisherkingpress.com

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