



C.G. JUNG SOCIETY • SEATTLE

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WINTER 2010 NEWSLETTER

I asked myself, "What is the myth you are living?" and found that I did not know. So...I took it upon myself to get to know "my" myth, and I regarded this as the task of tasks...I simply had to know what unconscious or preconscious myth was forming me."

C. G. Jung—*Memories, Dreams, Reflections*

Stanley Krippner, Ph.D.

"Personal Myths and Dreamwork"

Friday lecture: Personal Myths

Personal Myths are those beliefs and worldviews that consciously or unconsciously influence our decisions and give meaning to our lives. Some of these myths are helpful and some are harmful. This introductory lecture will describe the four factors that influence personal myths: biology, culture, interpersonal experiences, and transpersonal experiences. Suggestions will be given for identifying, evaluating, and transforming dysfunctional myths, beliefs, and worldviews. As the Greek philosopher Epicurus wrote, many centuries ago, "It is not what happens to us that is important, it is how we react to what happens to us that is important."

Workshop - Dreams and Personal Mythologies

We are all challenged to become proficient in understanding and transforming the underlying mythology that shapes our lives. This workshop attempts to help participants reach deeply into realms of inner wisdom to renew mythic visions and inspiration. Through a series of step-by-step exercises or "personal rituals," participants will learn to orchestrate a transformation in the mythology they are living, starting with one of their vivid dreams and identifying its mythic roots. If some participants can not recall a dream, they can use a fantasy or daydream.

See Learning Objectives on Page 2

Stanley Krippner, Ph.D. is professor of psychology at Saybrook University in San Francisco. He was the 2002 recipient of the American Psychological Association's Award for Distinguished Contributions to the International Advancement of Psychology. His books include *Personal Mythology*, *Dreamscaping*, and *Haunted by Combat: Understanding PTSD in War Veterans*. He is co-editor of *Varieties of Anomalous Experience: Examining the Scientific Evidence and Perchance to Dream*.



"Personal Myths and Dreamwork"

Stanley Krippner,
Ph.D.

Lecture:

Jan 8, Friday Lecture,
7:00 p.m. – 9:00 p.m.
Good Shepherd Center
Room 202
Lecture Fee: \$15 Members \$25
Non-Members

Workshop:

Jan 9, Saturday Workshop:
10:00 a.m. – 4:00 p.m.
Good Shepherd Center
Room 202
Workshop Fee: \$50 Members
\$70 Non-Members

Pre-registration for workshops is encouraged.

Tickets available at the door or at:

www.brownpapertickets.com

This program has been approved for 7.0 CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 5.0 units for

“Between Jung and Hillman”

Glen Slater, Ph.D.

February 12, Friday Lecture,
7:00 p.m. – 9:00 p.m.
Good Shepherd Center
Room 202
Lecture Fee: \$15 Members \$25
Non-Members

February 13, Saturday Workshop:
10:00 a.m. – 2:30 p.m.
Good Shepherd Center
Room 202
Workshop Fee: \$50 Members
\$60 Non-Members

Pre-registration for workshops is encouraged

Tickets available at the door or at:
www.brownpapertickets.com

This program has been approved for 6.0 CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 4.0 units for the Saturday workshop \$10.



Glen Slater, Ph.D.

“Between Jung and Hillman”

Friday lecture: Between Jung and Hillman

The work of James Hillman has presented a challenge to the more classical strands of Jungian psychology. This lecture will examine this challenge, exploring areas of convergence and points of contrast between Jung’s ideas and Hillman’s. It will set out the key perspectives of Archetypal psychology and show their capacity to enhance the Jungian approach to both psychotherapy and culture.

Recommended Reading:

James Hillman, *The Myth of Analysis; Revisioning Psychology.*

Learning Objectives:

Further an understanding of the depth psychological approach.

Comprehend the ideas and perspectives of Archetypal psychology.

Compare and contrast two theoretical strands of Jungian thought.

Saturday workshop: “Film and Psyche: A Jungian Approach to Cinematic Vision”

With its dedication to symbol, image and myth, Jungian psychology offers a very fruitful perspective when it comes to understanding the impact and meaning of film. This workshop will apply a spectrum of Jungian thought to this understanding. Using clips from selected films, we will discuss the way screen stories mirror aspects of individuation and explore how filmmakers bring archetypal depth to their vision.

Please view the following films prior to the workshop: *American Beauty; The English Patient; Thelma and Louise.*

Recommended Reading: *Spring 73: Cinema and Psyche.*

Glen Slater, Ph.D., teaches Jungian and Archetypal perspectives in the Depth Psychology and Mythological Studies programs at Pacifica Graduate Institute in Santa Barbara. He holds degrees in Religious Studies and in Clinical Psychology. Glen is a regular contributor to *Spring Journal*, where he is also the film review editor. He edited and introduced Volume 3 of James Hillman’s *Uniform Edition—Senex and Puer*. His last project was to compile and contribute to the essay collection, *Varieties of Mythic Experience* (with Dennis Patrick Slattery). He now lives on Bainbridge Island.

Continued from Page 1

Learning Objectives for Stanley Krippner Lecture and Workshop

1. To provide a psychological perspective on mythology, using terminology that is operational and that can be subjected to qualitative and quantitative research.
2. To demonstrate the evolution of personal myths during the course of one's lifespan and how myths evolve and change.
3. To assist participants to become aware of their own personal myths through mindfulness, dreamwork, and intimate relationships.

James Hollis, Ph.D.

“What Matters Most: Living a More Considered Life”

Lecture: Apart from friends, family, and good work, what matters most in our lives? What values lead us to a freer, larger life, a more considered course? Together we will examine the crippling role fear management systems play in our choices, why we are called to choose ambiguity over familiarity, why the world is driven by verbs not nouns, how life is most meaningful in the face of mortality, and how genuine spirituality is a journey not an arrival. A more considered life asks more of us than may be comfortable, but we are rewarded with a more interesting story.

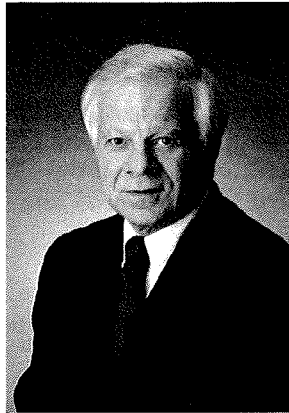
Workshop: Together we will consider the paradoxes that we encounter in the conduct of our brief transit on this earth. Leading a more conscious life brings us to choices which either enlarge or diminish. Our time together will bring a more considered reflectivity to our daily lives. Each person should bring pad and pen for personal reflection.

CEU Learning Objectives:

1. Discern how a client's personal values, philosophy of self and world, profoundly influences his or her mental health.
2. Identify the ubiquity of fear management systems operating autonomously in clients.
3. Promote a more considered awareness of the de facto “stories” served by the client, and move toward a more conscious authorship.
4. Utilize an inherent desire for an enlarging spirituality to reframe the client's understanding of self and world.
5. Become more thoughtful oneself around these matters so that one is in a better position to meet a client's depth and complexity.

James Hollis, Ph.D., graduated with an A.B. from Manchester College in 1962 and with a Ph.D. from Drew University in 1967. He taught the Humanities 26 years in various colleges and universities before retraining as a Jungian analyst at the Jung Institute of Zurich, Switzerland (1977-82). He is a licensed Jungian analyst in private practice in Houston, Texas, where he served as Executive Director of the Jung Educational Center of Houston from 1997-2008. He is a retired Senior Training Analyst for the Inter-Regional Society of Jungian Analysts, was the first Director of Training of the Philadelphia Jung Institute, and is a director emeritus of the Philemon Foundation, which is dedicated to the publication of the complete works of Jung. Additionally, he is Director of the Jungian Studies program of Saybrook Graduate School of San Francisco. (See www.saybrook.edu, and then Jungian Studies).

He has written eight books published by Inner City Books, a Jungian-oriented press located in Toronto, Canada; he has also written three books published by Gotham Press, a division of Penguin, and two books published by academic presses. His books have already been translated into Russian, German, Swedish, Spanish, Portuguese, Turkish, Italian, Korean, Finnish, and Japanese



“What Matters Most:
Living a More
Considered Life”

James Hollis, Ph.D.

March 5, Friday Lecture,
7:00 p.m. – 9:00 p.m.
Trinity Parish Church, Seattle
Lecture Fee: \$20 Members \$30
Non-Members

March 6, Saturday Work-
shop: 10:00 a.m. – 2:30 p.m.
Trinity Parish Church, Seattle
Workshop Fee: \$50 Members
\$70 Non-Members

**Pre-registration for work-
shops is encouraged**

Tickets available at the door
or at:
www.brownpapertickets.com

This program has been approved for 7.0 CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 4.0 units for the Saturday workshop \$10.

Oregon Friends of Jung Red Book Program: April 2010

Mark your calendar now for Three Red Book Events! We will not offer an April program in Seattle so that our members may participate in this historic opportunity with the OFJ in Portland.

Oregon Friends of Jung is giving current paid members of the Seattle Jung Society the same prices as their members which are posted below. Members must have a promotional code to get this member discount. To receive your promotional discount code, leave a message at our phone number in Seattle, 206 547-3956 and we will call you back.

Tickets are on sale at Brown Paper Tickets. See below for instructions.

C.G Jung's Red Book: A Presentation by Sonu Shamdasani with introduction by Daniel Baumann, President of the Zurich Jung Institute and great-grandson of C.G. Jung

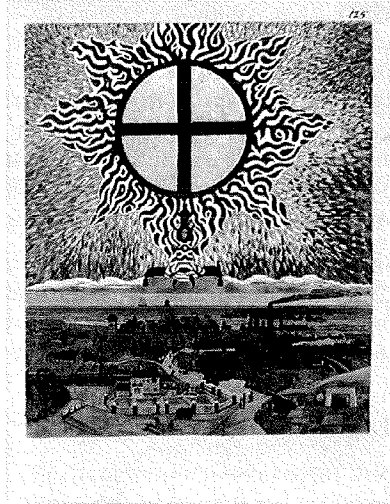
Friday, April 16th 7:30 to 9:30 pm, First Congregational Church Sanctuary

OFCGJ Members: \$15; General Admission: \$25

C.G. Jung's Red Book: A Seminar by Sonu Shamdasani

Saturday, April 17th 9:30 to 4 pm, First United Methodist Church, Collins Hall

OFCGJ Member: \$75; General Admission: \$125



Jung Anew! Let's Celebrate: Dinner and Fundraiser with Daniel Baumann

Saturday, April 17th 6:30 to 11 pm at River Place Hotel — All Tickets: \$85

Price includes hors d'oeuvres, sit-down dinner, talk by Daniel Baumann, and dancing to live music. A portion of each ticket sold will be donated to the Jung Picture Archives in Zurich

Two convenient ways to order:

ONLINE. On November 17, we will have a link on this page to Brown Paper Tickets. You will also be able to go directly to www.brownpapertickets.com and search for our events (listed at the top of this page).

BY PHONE. Call Brown Paper Tickets at 1-800-838-3006 and order your tickets by phone.

Brown Paper Tickets accepts Visa, MasterCard or American Express only. Only one member ticket per person per event allowed.

Tickets are non-refundable. We cannot replace lost tickets. Please put your ticket in a secure place.

New Program Committee Meets



New Program Committee Chair Tom Wilkenson convened a meeting of the Program committee on November 8th at Ivar's in Mukilteo to discuss potential speakers for the 2011 calendar. Committee members include John Buscher (not pictured), Mary Alice Long, Shirley McNeil and Anne Taylor. An extensive list of possibilities was generated for follow up.

If members have ideas for speakers, please send them to wilkenson@msn.com.

Profile: Jung Society Vice-President Susan Burns

Susan Burns MA LMHC DAPA FNBCCH is a licensed mental health counselor with a 20 year private practice serving adults, families, and children. She is a Fellow of the National Board of Certified Clinical Hypnotherapy and a Diplomate of The American Psychotherapy Association. She currently produces professional continuing education workshops under the title of Transformative Groups sponsored by The Association for Humanistic Psychology, engaging the work of aspiring psychotherapists throughout the Northwest. Susan is also a member of several professional associations locally and internationally.

Susan has recently retired from 15 years service as the NW Regional Coordinator for The Institute of Noetic Sciences, where she organized and fostered a dynamic bioregional network of 25 community groups focused on science and consciousness, health and healing, and sustainability, including a very active group in Seattle. She is grateful for the support of her colleagues and global community to introduce educational programs which catalyzed groups locally, internationally, and regionally. As a local and international grass roots leader, she has focused on inclusion, integration, and community healing.

Susan Burn's therapeutic expertise is Jungian, process-oriented, transpersonal, humanistic, and systemic with an eclectic practice incorporating somatic therapy, hypnotherapy, trauma work, and expressive arts. Susan has also been a licensed practicing public educator with specialized credentials: Montessori, Remedial Learning, and Special Education and has many years of practice working with children's social healing and schools. Prior to counseling, aside from work as an educator, she developed programs for senior citizens which still operate in major Seattle hospitals today. She also worked as consultant in wellness, facilitated her own classes, workshops, and seminars.

Considering her practice to be integrative, Susan incorporates the experience of many years of working therapeutically and educationally with individuals and groups of all ages and interests, as well as the wisdom of 35 years of her own depth work in meditation and therapy. With the honor of the role as Vice President of CG Jung Society Seattle, Susan is looking forward to taking a deeper plunge into the work of educating on psychology and consciousness through this very vital organization dedicated to the education of Jungian theory and practice for over 35 years.



Editor's Notes

While gathering material for this newsletter, I went to the website of Saybrook University where both Dr. Stanley Krippner and Dr. James Hollis teach. In the profile article on Dr. Krippner, he recalls his early fascination with psychology, cutting out articles from newspapers and even Freud's obituary. Yet when he studied psychology in college his professor only mentioned dreams in passing, commenting "that only schizophrenics dream in color." Undaunted by this crass disregard for the importance of dreams, and the predominance of behaviorist psychology of the period, Dr. Krippner has made dreamwork a lifelong study. For more biographical information about Dr. Krippner, go to:

www.saybrook.edu/about_saybrook/spotlight.asp?strAId=12

I recently attended a presentation of a documentary film, *Mythic Journeys*, by award-winning filmmakers Steven and Whitney Boe of Imaginal Cell Filmworks. The subtitle is "Every Life is a Story and a Story Can Change the World." It's a blend of documentary, wonderful stop action animation and storytelling. The documentary was filmed at the Mythic Journeys conference featuring Deepak Chopra, Michael Meade, Sobonfu Some, Michael Beckwith, Stephen Aisenstadt and Bob Walters of the Joseph Campbell Foundation. For more information go to www.mythmovie.net. We have a copy of the DVD in our library and the film and a hauntingly beautiful soundtrack are available on the website.

And if you didn't get a "Got Dreams?" Jung Society T-shirt as a holiday gift, you can still purchase one at the January lecture.



*****Lost: a small notebook, light blue in color with a black spiral spine, labeled student calendar. Lost on 11/13/09 at Terry Gibson's lecture. If found please call 206 547-3956 . *****

Winter 2010

Library Hours

Saturdays

12:30—3:30 pm

Call 206-547-3956

to verify hours

C.G. Jung Society,

Seattle Library

Good Shepherd Center

Main Floor, Rm. 222

Library Volunteers

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Siren Hakimi

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Jennifer Seyler

Library News

The Red Book is here! It is as impressive as promised. Pages of Jung's handwriting in beautiful script in German and many brilliant illustrations comprise the book. The entire text has been translated into English by Dr. Sonu Shamdasani. Come and see it! This copy will remain in the library for viewing by anyone interested in it. We will have another copy in December, which will be available for borrowing, subject to a deposit and a time limit.

Remember that we have current copies of The Journal of Analytical Psychology, Parabola, Psychological Perspectives, and Spring Journal which may be checked out.

We have more used books for sale—please stop by and check them out.

- Bunny Brown, Librarian

BUY BOOKS!

Every time you buy from AMAZON.COM through the Jung Society website, we will receive a percentage of your purchase price. The link is at the bottom of our home page, www.jungseattle.org, next to the calendar. We appreciate your support.

Thank you!

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Dan Keusal

Charlotte Underwood

Teri Nielsen

Mary Dean

President's Message

It's time to get used to writing 2010 and welcome the New Year. We are most happy to welcome new volunteers for the Jung Society. Tom Wilkenson has agreed to be the new Program chair and has assembled a committee of volunteers to work on programs for the coming two years. Please send all your suggestions for speakers to Tom. Gillian Vik is bringing her energy and enthusiasm to the Membership Committee. Todd Boyle, who tapes our DVDs of the speakers' lectures, has agreed to serve as Treasurer. We also welcome Susan Burns to the office of Vice-president. She has years of experience in publicity and promotion and brings bright ideas for events. Fortunately we will continue to have the services of our faithful volunteers, Diane, Barbara, Shirley, John, Linda, Charles, David and Stephanie, which are valued. We wish to thank Kyle Lee Williams for her years as president. She will again lead a class using Collected Works text for the New Year.

The few members who attended the Way of the Dream films were impressed with the wisdom of Marie-Louise von Franz and the responses she made to dreamers who told their stories to Frazier Boa, the filmmaker. We may present this series of dream interviews as a class next year and have it take place over several weeks to allow for a more thorough immersion into the dream world. We were delighted to hear Joseph Rutte discussing the Jung-White letters, which was a great prelude to the web cast from the Asheville Jung Center, which featured responses from Murray Stein in Zurich, and the wonderful play presented by four actors. Jerry Ruhl's presentation was a great introduction to the Symbolic Life and the Unlived Life, using his own work and the ideas of Robert Johnson.

Bunny Brown, President

Coming Spring 2010:

April in Portland with Sonu Shamdasani

"The Red Book"

May 7/8 Ronnie Landau, Ph.D.

"Sheba's Hairy Legs"

Coming Fall 2010:

September 10/11 Speaker TBA

"The Red Book"

October 8/9 Michael Conforti, Ph.D.

November 12/13 Mary Alice Long, Ph.D.

December 10/11 Pat Warming

C.G. JUNG SOCIETY SEATTLE
NEWSLETTER
WINTER 2010
VOL. 40, NO. 1

Shirley McNeil
Editor

David Steinmetz
Webmaster

Statement of Purpose

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

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Thank you!

C.G. Jung Society, Seattle

Preregistration form

Workshops, Seminars, and Courses are scheduled pending sufficient preregistration. **Preregistration is due one week prior to the beginning date.** Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103.

Questions? Email: office@jungseattle.org or call: (206) 547-3956.

Payment must accompany your preregistration. No refunds.

Please check each event for specific fees, times, locations. (www.jungseattle.org)

I enclose \$ _____ (check or credit card) for preregistration for the following:

Charge my (circle one): Visa MC Number _____ Exp. _____

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Signature: (CC only): _____

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*Krippner Speaks
January 8th!*

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