

C.G. JUNG SOCIETY • SEATTLE

WWW.JUNGSEATTLE.ORG

WINTER 2008 NEWSLETTER

All collective identities, such as membership in organizations, support of "isms," and so on, interfere with the fulfillment of this task [of individuation]. Such collective identities are crutches for the lame, shields for the timid, beds for the lazy, nurseries for the irresponsible; but they are equally shelters for the poor and weak, a home port for the shipwrecked, the bosom of a family for orphans, a land of promise for disillusioned vagrants and weary pilgrims, a herd and a safe fold for lost sheep, and a mother providing nourishment and growth. It would therefore be wrong to regard this intermediary stage as a trap; on the contrary, for a long time to come it will represent the only possible form of existence for the individual, who nowadays seems more than ever threatened by anonymity.—C.G. Jung, (MDR, p. 342f)

Members of the C.G. Jung Society, Seattle, are invited to the
TWELFTH NIGHT FESTIVITIES & POTLUCK

PLEASE BRING A DISH OF YOUR CHOICE.

JOIN US FOR GOOD CONVERSATION, GOOD COMPANY & GOOD CHEER!

Sunday, January 6, 2008, 6:00—8:00 p.m.

Episcopal Diocesan House, 1551 10th Ave. East



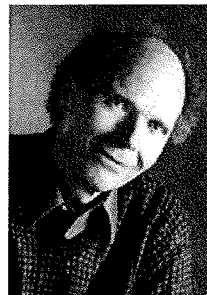
Members are encouraged to bring non-perishable food items for donation to Northwest Harvest

Eberhard Riedel, Ph.D., D.C.S.W., Jungian Analyst

Fundamentalism and the Quest for the Grail: The Parzival Myth as a Post-Modern Redemption Story

What is it in the human psyche that lends itself to violent terrorist temptations? My thesis is that there is a fundamentalist core in all of us, and that liberation is a mutual process.

The lecture and classes will focus on listening to and working with stories and experiences that may shine light on this most critical issue of our time, fundamentalist radicalism and violence. One such story will be Wolfram von Eschenbach's poem, *Parzival*, dating to the era of the medieval crusades. We will pay close attention to and literally feel the difficulties we face when a deeply entrenched paradigm governing how we relate to each other requires change. In the deepest sense this is the task we face with regard to the fundamentalist threat in the world today. Jung (1934) said, "the only chance for redemption is in consciousness." Beyond this, von Eschenbach (1210) knew that liberation is a mutual process and struggle for humanization. Examples will be presented to show how living with the demand of mutuality can be the basis of a most powerful practice of being and problem solving on both the personal and societal levels.



Fundamentalism
and the Quest for
the Grail

Eberhard Riedel,
Ph.D., D.C.S.W.,
Jungian Analyst

Friday Lecture:

January 11, 7:00—9:00 PM
Good Shepherd Center,
Room 202, 4649 Sunnyside
Ave. N.
Seattle, WA. 98103
2 CEU's Offered
\$15 Member
\$25 Non-Members

Followed by Four Wednesday Classes: 7:00-9:00 PM

January 16, 23, 30, Feb. 6
8 CEU's Offered
\$80 Member
\$90 Non-Members
GSC, Room 221

Fundamentalism and the Quest for the Grail

Wednesday Evening Classes:

January 16, 23, 30 & February 6
7:00-9:00pm
8 CEU's Offered
\$80 Member
\$90 Non-Members
Good Shepherd Center, Room 221

Pre-registration is required. Participation subject to instructor's permission. Class is limited to 16 participants.

Class Description:

The small-group, Wednesday-evening sessions are a venue offered by the C.G. Jung Society designed to provide an environment in which participants can safely enter into the domain introduced in the lecture. The instructor will amplify and expand on the topics of the lecture, fundamentalism and quest for the Grail. Recommended readings (required for participants who register for CEU credits) are listed below. Participants in the class will be guided to put the ideas of the lecture into practice through discussions, working on materials they share, and creatively exploring them. Participants will also have an opportunity to explore assumptions they bring to their work on issues of fundamentalism and quest for the Grail.

Suggested Readings:

- (1) C.G. Jung, *After the Catastrophe*, and *Epilogue to "Essays on Contemporary Events"* in C.G. Jung Collected Works, Vol. 10, pp. 194-243.
- (2) Wolfram von Eschenbach, *Parzival* (H.M. Mustard and C.E. Passage, Trans.). New York, NY: Vintage Books Paperback, specifically Chapters III and IX.
- (3) F. Dostoyevsky, *The Grand Inquisitor* (Book V.5 of *The Brothers Karamazov*).

Eberhard Riedel, Ph.D., D.C.S.W., is a Diplomate Jungian Analyst in private practice in Seattle, WA. He is a member of the International Association for Analytical Psychology (IAAP), the Inter-Regional Society of Jungian Analysts (IRSJA), the North Pacific Institute for Analytical Psychology (NPIAP), and the Northwest Center for Psychoanalysis (NCP). He also is a photographer and holds a Ph.D. in quantum physics. He has longstanding interests in the interconnectedness of dreaming and the creative self-expression of psyche, as well as the phenomenon and psychology of fundamentalism.

Course Offering Writing from Within: Creating Stories as a Road Map of the Soul

Elizabeth Clark Stern,
M.A., L.M.H.C.

Saturday Classes:
February 9, 16, 23 & March 1
10:00am-12:00pm
8 CEU's Offered
\$80 Member
\$100 Non-Members
Good Shepherd Center, Room 221

Pre-registration is required so we can provide enough space for all participants

This class is offered for writers at all levels of proficiency. Your desire to participate is the only criteria. You may want to bring a notebook of any sort to use for writing exercises, assignments, and journaling.

Elizabeth Clark Stern, M.A., L.M.H.C.

Writing from Within:

Creating Stories as a Road Map for the Soul

How do we nurture our creativity, and use writing as a tool for enhancing self knowledge and personal growth? How can crafting stories filled with fresh images and conflict help us learn more about our inner life? What is the relationship between story and tools of analytical psychology, such as Active Imagination and the interpretation of dreams?

We will explore these questions in the 4-week course. For two hours each class, we will engage in group and individual writing exercises and sharing. Together we will create a nonjudgmental atmosphere of playfulness, respect, sharing, and inquiry.

Continuing Education Credits are available for mental health/social work professionals with the following learning objectives:

1. Increase the participants' ability to use creative writing as a tool for personal healing and growth.
2. Participants will understand how the dynamics of story relate to Active Imagination and other aspects of Analytical Psychology.

CLASS 1- IMAGE

Introduction of the course themes, followed by individual and group writing exercises. Sharing of questions and goals participants have for the class. Discussion of the role of the unconscious, and the power of imagery in creative process, as a tool for awarer exploration, and healing. Assignment: chapters from the texts; writing assignment.



CLASS 2 - CREATING A CHARACTER

Discussion and sharing of writing assignment. Writing as healing: a way to know yourself, emotion, and memory. Characterization: where does it come from? Protagonist's motivation as the driving force of story. Writing exercise. Sharing. Facets of characterization: behavior, "the want", voice. Assignment : Writing assignment; chapters from texts.

CLASS 3 - CONFLICT AND TRANSFORMATION

Sharing of writing assignments. Why is conflict necessary for transformation? When the desires of characters collide. The "unity of opposites". Writing exercise. Sharing. Discussion. Assignment: Writing assignment and chapters from the texts.

CLASS 4- STORY AND MEANING

Sharing of writing assignment. Perspective of Active Imagination, Story as Dream Analysis. Writing exercise. Sharing. Final thoughts. Closing guided imagination.

Elizabeth Clark Stern, MA, LMHC, is a psychotherapist in private practice in Seattle. She is a graduate of the two-year Professional Seminar of the North Pacific Institute for Analytical Psychology. Prior to her beloved career in psychotherapy, she spent 13 years as a screenwriter in Los Angeles, with works produced for commercial and public television. She taught screenwriting for 5 years at the University of Washington Film and Video School, and "Writing and Therapy" at Antioch University. Her play, *Out of the Shadows : A Story of Toni Wolff and Emma Jung*, was performed in August, 2007, at the International Jungian Congress in Cape Town, South Africa. Her newest play, *Nana Sofia's Oasis* will be performed in 2008 through the Northwest Alliance for Psychoanalytic Study in Seattle.

Corwin Fergus, M.F.A., Jungian Analyst

Film, Oil & Water:

Reflections on Nature, Madness & Psyche

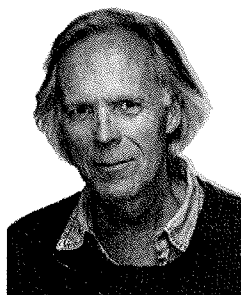
In Friday evening's presentation, we will explore the relationship between consciousness and the unconscious via image. We will look at what artistic process has to offer psychology and vice versa. Then we will consider the relationship between humans and the natural world paralleled to that of consciousness and the unconscious and what the discipline of psychology has to offer ecology and vice versa.

In the first part of the presentation, through the lens of alchemical metaphor, we will follow a series of photographs to look at an image-oriented approach to psychology. In the second part, via film and dream with time as a principle metaphor, we will examine some of the problems between evolving consciousness and the earth.

Saturday Workshop:

With a few more images and some dreams and musings from the night, we will continue Friday evening's inquiries with much more interactive dialogue.

Corwin Fergus, MFA, has a BA in Jungian Studies from Tufts University, an MFA in Film from the San Francisco Art Institute and a diploma in Analytic Psychology from the C. G. Jung Institute of Zurich. He lives in Bow, WA and practices Jungian Analysis in Bellingham, WA, works/plays with photography, film and sculpture and is involved in various environmental projects.



Suggested Texts :

(optional)

Writing as a Way of Healing
by Louise De Salvo

*The Art of Dramatic Writing:
Its Basis in the Creative Interpretation of Human Motives* by
Lajos Egri

Active Imagination by
Barbara Hannah

Chapter assignments will be offered in each text. Should you choose to purchase them, used copies are often available on Amazon.com.

Select the Amazon.com link on the Jung Society web site to contribute to the Seattle Jung Society.

Film, Oil & Water:
Reflections on
Nature, Madness &
Psyche

Corwin Fergus,
M.F.A., Jungian
Analyst

Friday Lecture

Feb 8, 7:00—9:00 PM
Good Shepherd Center, Room
202, 4649 Sunnyside Ave. N.
Seattle, WA. 98103
2 CEU's Offered
\$15 Member
\$25 Non-Members

Saturday Workshop:

Feb 9, 10:00 AM-2:00 PM
4 CEU's Offered
\$40 Member
\$50 Non-Members
Good Shepherd Center,
Room 202

Cultivating Wisdom
through the Fires
of Change

Stephen Schuitevoerder,
Ph.D.

Friday Lecture:

March 14, 7:00—9:00 PM
Good Shepherd Center, Room
202, 4649 Sunnyside Ave. N.
Seattle, WA. 98103

2 CEU's Offered

\$15 Member

\$25 Non-Members

Saturday Workshop:

March 15, 10:00am-4:00pm
Good Shepherd Center,
Room 202

Workshop Fee: \$50 Member,

\$60 Non-Members

5 CEU's Offered

Stephen Schuitevoerder, Ph.D.

Cultivating Wisdom through the Fires of Change:

Process Work and its Contribution to Personal & Collective Transformation

Friday Lecture: The Development of Eldership



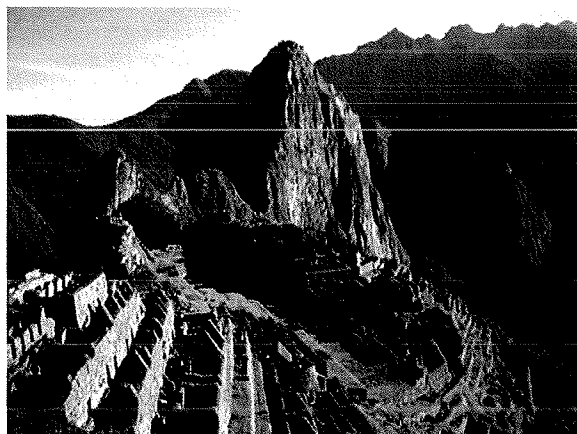
In this evening presentation we will focus on the cultivation of our inner wisdom and 'eldership' using the transformational methods of Process Work. The presentation will demonstrate how both our aspirations and difficulties, when unfolded with curiosity and openness, can offer us a greater depth of understanding, insight and wisdom. We will explore how this 'dreaming' of our own elder is present in personal challenges, body symptoms, relationship and world tensions. This lecture will have an experiential component.

Saturday Workshop: Cultivating Wisdom through the Fires of Change

Personal change has the potential to be a great transformer of our lives. Change, which can be very disturbing and often uninvited, has the possibility of leading us into new worlds of experience and transformation. How we traverse this journey is a challenge for us all, but the potential is the unfolding of a deeper richness and wisdom. Societal challenges when worked with skillfully provide us with this same richness and depth of spirit. In this workshop we will explore the Process Work model of group and world-work. We will explore how personal and societal challenges provide us with powerful insights, learning and transformation through the exploration and understanding of marginalization, rank and power.

Learning Objectives: 1.) Gain familiarity with the individual, group and world-work methods of Process Work 2.) Develop skills in working with complex facilitation processes 3.) Increase personal awareness and facilitation expertise 4.) Deepen understanding of the concepts of Process Work.

Stephen Schuitevoerder, Ph.D. is an international consultant, lecturer and facilitator based in Portland, Oregon. Stephen presents seminars, lectures and workshops throughout the world including South Africa, Australia, Russia, South America, Mexico and the United States. He works with diversity issues, team building, executive development and organizational conflict and has facilitated small and large group processes in a wide range of settings including work for the United Nations, Fraser Health Authority and Esalen Institute. Stephen is the President and faculty member of the Process Work Institute, a founding center of Process Work worldwide. He has collaborated to develop training programs in Process Work in a number of countries, has a private practice in Portland, Oregon and consults with organizations and executives throughout the world.
www.processconsulting.org



PILGRIMAGE TO PERU

**Spiritual Journey to the Andes
Machu Picchu and the Sacred Valley of Peru
April 30-May 11, 2008
with
Dale Golden and Jane Neubauer**

**For detailed information go to:
www.jungseattle.org**



CALENDAR

SEATTLE JUNG SOCIETY EVENTS

JANUARY—MAY 2008

Eberhard Riedel, Ph.D., Jungian Analyst
Fundamentalism and the Quest for the Grail: The Parzival Myth as a Post-Modern Redemption Story

January 11, Friday Lecture: 7:00 - 9:00 p.m.
Good Shepherd Center, Room 202
Lecture Fee: \$15 Members \$25 Non-Members
Followed by Four Wednesday Evening Classes: 7:00 - 9:00 p.m.
January 16, 23, 30, and February 6
Good Shepherd Center, Room 221
Course Fee: \$80 Members \$90 Non-Members
Instructor Permission required
NASW CEU's offered

Elizabeth Clark Stern, M.A., L.M.H.C.
Writing From Within:
Healing, Creativity, and Dramatic Art

Four Saturday Morning Classes:
February 9, 16, 23 & March 1
10:00am-12:00pm
Good Shepherd Center, Room 221
Course Fee: \$80 Members \$90 Non-Members
NASW CEU's offered

Corwin Fergus, M.F.A., Jungian Analyst
Film, Oil & Water: Reflections on Nature, Madness & Psyche

February 8, Friday Lecture: 7:00 p.m. - 9:00 p.m.
Good Shepherd Center, Room 202
Lecture Fee: \$15 Members \$25 Non-Members
Saturday Workshop: 10:00 a.m. - 2:30 p.m.
Good Shepherd Center, Room 202
Workshop Fee: \$40 Members \$50 Non-Members
NASW CEU's offered

Stephen Schuitevoerder, Ph.D.
Cultivating Wisdom through the Fires of Change:
Process Work and its Contribution to Personal & Collective Transformation

March 14, Friday Lecture, 7:00 p.m. - 9:00 p.m.
Good Shepherd Center, Room 202. Lecture Fee:
\$15 Members \$25 Non-Members
March 15, Saturday Workshop: 10:00 a.m. - 4:00
p.m. Good Shepherd Center, Room 202
Workshop Fee: \$50 Members \$60 Non-Members

Valerie Harms
Tracking Animals in our Psyche

April 11, Friday Lecture, 7:00 p.m. - 9:00 p.m. Good
Shepherd Center, Room 202. Lecture Fee: \$15
Members \$25 Non-Members
April 12, Saturday Workshop: 10:00 a.m. - 4:00
p.m. Good Shepherd Center, Room 202 Workshop
Fee: \$50 Members \$60 Non-Members

**Jane Neubauer, R.N., M.S., and Dale Golden,
M.S.W., L.I.C.S.W., C.H.T.P.**

**Pilgrimage to Peru: A Spiritual Journey to The An-
des, Machu Picchu, and the Sacred Valley of Peru**

There are a few spaces left for this journey. Dates of Travel: April 30 -
May 11, 2008 Trip Guides/Arrangers: Magical Journey - Authentic Sacred
Tours Total Cost: \$2,950 not including airfare NASW CEU's offered.
Contact: Dale Golden at goldendale@aol.com (253) 752-2516 or Jane
Neubauer at jneubauer@centurytel.net.

Flier and registration details at www.jungseattle.org

Bill Plotkin, Ph.D.

Nature and the Human Soul:

Ecocentric Individuation in an Egocentric World

May 2, Friday Lecture, 7:00 p.m. - 9:00 p.m. Good
Shepherd Center, Room 202.
Lecture Fee: \$15 Members \$25 Non-Members
May 3, Saturday Workshop: 10:00 a.m. - 4:00 p.m.
Good Shepherd Center, 4th Floor Theatre.
Workshop Fee: \$50 Members \$60 Non-Members

Fall 2008 Speakers:

- ◆ **Phil Cousineau**
- ◆ **Michael Conforti**
- ◆ **James Hollis**
- ◆ **Laurence Hillman**





“Wisdom”

Library News

from Bunny Brown, Librarian

❧ Winter 2008 ❧

Library Hours

Saturdays
12:30—3:30 pm

Call 206-547-3956
to verify hours

C.G. Jung Society
Seattle Library
Good Shepherd Center
First Floor, Rm. 222



BUY BOOKS!

Every time you buy from AMAZON.COM through the Jung Society website, we will receive a percentage of your purchase price. The link is at the bottom of our home page, www.jungseattle.org, next to the calendar. We appreciate your support. Thank you!

We have received a welcome new donation from Sally Parks recently and we plan to get the books catalogued soon. Thank you for thinking of us, Sally.

We would like to thank our faithful library volunteers: **Linda Sheaffer**, who does all the data entry, and her able assistant, **Michael Sheaffer**. Thanks also to **Laura Sigueiros**, **Charles Morrison**, **Siren Hakimi**, **Betty Eldridge** and **Jennifer Seyler** who come in on Saturdays.

The book sale went well, but we have lots of books, periodicals and tapes still available. Please stop by on a Saturday afternoon and pick up some to add to your collection.

Some of our new additions include:

Laurence Hillman: *Planets in Play: How to Reimagine your Life Through the Language of Astrology.*

David Hallock: *Her Hand in Mine Poems 1990-2005.*

Richard Tarnas: *Cosmos and Psyche: Intimations of a New World View.* and *The Passion of the Western Mind.*

Donald Dyer: *Jung's Thoughts of God: Religious Depths of the Psyche.*

Kay Redfield Jamison: *Night Falls Fast—Understanding Suicide.*

Robin Robertson: *Jungian Archetypes.*

Blake Burlson: *Jung in Africa.*

Elizabeth Rodenz: *Odd Ducks and Birds of a Feather: A Mystery of Type*, a novel.

Don't forget to get your used books from us. If you want to come and browse at a time other than Saturdays please give Bunny a call at (206) 632-4892.

New Members August 18—October 17, 2007

Joe Abrams

Jacqueline Conquest

Liz Dean

Dan Keusal

Greg Thompson

Renewing Members August 18—October 17, 2007

Anne Arthur

Sara Blum

Paul Collins &

Kathie Deviny

Connie Cook

Ann Fagan

Stephanie Gierman

Kathleen Gimbrere

Karen Hansen &

Dirk Vanderlee

Debra Harvey

Charles Herndon

Lynne Hyerle

Susan Jenkins

Gordon Keating

Mary Kenney

Judith Larsen

Laurel Lizez

Alex Onno

Trip Quillman

Barbara & Thomas

Rona

Jennifer Seyler

Claire Tangvold

Patricia Tyllia

Delmar Underwood

Mickey Voegtlin

Frank Walker

Tom Wilkenson

Barb Witkow

Anya Woestwin



Photography by Corwin Fergus

President's Message

The Question of a Jungian Community

By Kyle Lee Williams



We're all familiar with the expression, "it's like herding cats!" At times it seems as if people who aspire to individuation are not particularly interested in, or even capable of simultaneously being "team players." Jungians are so passionate about the quest for individuation and are often glib about the fact that we're just not very good at, or even interested in groups. Developing the inner life is where it's at. In fact, we often rightfully blame the tribal "us vs. them" mentality for most of the world's ills. We all know that the first commandment of analytical psychology is, "Thou shalt not project the Shadow onto thy neighbor," yet group dynamics are mine fields of projection experiences. So, is it really possible, or more importantly, *is it personally required of us by the psyche*, to practice creative introversion and also find meaning and fulfillment through participation in the work of groups? Is a Jungian community really possible or is it oxymoronic? How do we "play nicely with others" while simultaneously being truly *Self-reliant*? Do we really *need* each other, or are we content to toddle along perfectly well, ignoring the world of the Other and communing daily with only the more rarified and intimate populace of our dreams?

The late Edward F. Edinger, dean of American analysts, was asked to speak on this very subject in his last public lecture. The New York City Jungian group, made up of five separate organizations which he helped to found, was having difficulty managing the idea and the behavior of a cohesive community and was in danger of splintering once again. They asked for and received the integrative power of Edinger's words—the result of which is the article, "The Question of a Jungian Community," *Psychological Perspectives*, vol. 48:1; 2005, edited by George R. Elder. In this speech, Dr. Edinger ponders the question of creating and maintaining a Jungian community and whether or not it is really just too great a paradox to balance. Maybe it is—and yet, of course, family, community, nation, other people, are an inescapable essential if we want growth in the world. We are all part of some group, often dysfunctional ones, and so we often would rather retreat to defenses of typology, ego preferences, shadow projection, or just plain old apathy, than do the gritty psychological work of participation and bringing healing to the whole.

Edinger wrote that within all Jungian endeavors, the Jungian Societies, even more than the other Jungian oriented groups, have the best chance at achieving the true purpose of a Jungian community. Between the lines, he implies that our non-professional "societies" are supposedly more free of the shadowy temptations of competition and the power complex, which are all too often constellated in vocational, training, and academic Jungian groups, with their inherent hierarchies and almighty capacity to bestow credentials, further identifying *themselves* as closest to the true Source. So, what unites us? What is it that creates a real Jungian community? Jung himself has an answer. It's beautifully simple. We are united by what analytical psychology teaches, an "*attitude* which meets a transcendent reality halfway." (Jung, *Letters*, vol. 2, p. 265, italics in original)

A story recounted by Marie-Louise von Franz describes an incident of group discord, factionalizing, and generally bad behavior among the early analysts. She remembers Jung reprimanding the group, simply and directly. "You all behaved as if you'd never even heard of Jungian psychology!" We'd all do well to remember such a warning, especially when provoked by group dynamics. So what positive outcome do we strive for? The maintenance and cultivation of this *attitude*, and if one's experience of such an *attitude* is so potent, so vital, that it moves one to action, then terrific! Service to the psyche comes in all forms. Edinger reminds us that this *attitude* is inspired by "an encounter with this 'transcendent reality' that we call the *numinosum*." He says, "it's out of such mutual experiences that a psychic brotherhood and sisterhood is generated. It's a kind of *ecclesia spiritualis*, a "spiritual church..." that provides the psychological basis for a genuine Jungian community. Someone reminded me once, this "church" can sometimes, and by necessity, be an invisible one. Other times, it can take shape in the world of men and women, manifesting in groups and their sense of service to the psyche, and to the larger community itself. Individuated Self in a social context can bring wholeness into the world.

C.G. JUNG SOCIETY SEATTLE
NEWSLETTER
WINTER 2008
VOL. 38, NO. 5

Shirley McNeil
Kyle Lee Williams
Editors

David Steinmetz
Webmaster

Statement of Purpose

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year.

The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers.

The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

Board of Directors

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Office Support/Membership

Dina Meske

Thank you! ☺

C. G. Jung Society, Seattle Preregistration form

Workshops, Seminars, and Courses are scheduled pending sufficient preregistration. Preregistration is due one week prior to the beginning date. Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103. Questions? Email office@jungseattle.org or call (206) 547-3956.

Please check each event for specific fees, times, locations.

I enclose \$ _____ (check or credit card) for preregistration for the following:

Payment must accompany your preregistration. No refunds.

Please indicate which event you are signing up for, whether you are including lecture and workshop fees, and any other particulars, including whether you qualify for a member discount.

Charge my VISA MC Number _____ Exp. Date _____
Name _____ Phone _____
Address _____

www.jungseattle.org



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