



C. G. JUNG SOCIETY • SEATTLE

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WINTER 2006 NEWSLETTER

I hated going to church. The one exception was Christmas Day. The Christmas carol "This Is the Day That God Has Made" pleased me enormously. And then in the evening, of course, came the Christmas tree. Christmas was the only Christian festival I could celebrate with fervor. All others left me cold. New Year's Eve alone had something of the attractiveness of Christmas. It had to do with night, storms, and wind, and also with the darkness of the house. There was something whispering, something queer going on.

—C.G. Jung, *Memories, Dreams, Reflections*, p. 19

Twelfth Night Festivities

Jung Society members are invited to join the Board and Book Study group at a seasonal potluck. Please bring a dish of your choice.

Special Guest : Lee Roloff, Ph.D.

Lee will be sharing some material related to fairy tales after dinner.

Sunday January 8, 6:00 PM – 8:00 PM

Great Hall, Episcopal Diocese, 1551 – 10th Ave North

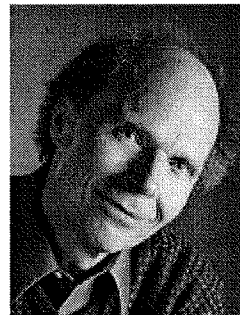
Parking Available

Eberhard Riedel, Ph.D., D.C.S.W.

Lecture & Class: Dreams, the Life Blood of the Psyche

Why do we dream? We all have experienced dreams that awaken us, imbue us with spirit, fill us with powerful emotions, affect our bodies, puzzle our minds, and, at times, point our lives into new directions.

The lecture and classes will focus on listening to and working with dreams in ways that enliven and animate how we relate to ourselves and to others. According to C.G. Jung, our dreams bring us into contact with our innermost soul, and reflect the inner and outer dynamics that impact its well-being. Dreams are the creative weaving of many threads woven by an unknown story teller, the unconscious. During the lecture



Jan 13

Good Shepherd
Center, Room 202

Friday Lecture

7:00 PM – 9:00 PM
2 CEU's

Fees:

\$10 members

\$15 non-members

**Jan 18, Jan 25,
Feb 1, Feb 8**

Good Shepherd
Center, Room 221

Wednesday Class

7:00 PM – 9:00 PM
8.0 CEU's

Fees:

\$80 members
\$90 non-members

Preregister by:
Friday Lecture
(Jan 13)

Please attend lecture
on Fri Jan 13, if you
intend to take part in
the Class.

See Page 5 for
Winter & Spring
2006 Program

Feb 10 & 11

Good Shepherd
Center, Room 202

Friday Lecture

7:00 PM – 9:00 PM
2 CEU's

Fees:

\$10 members
\$15 non-members

Saturday Workshop

10:00 AM – 4:00 PM
5.0 CEU's

Fees:

\$50 members
\$60 non-members

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we shall pay close attention to the dream images and their associated affect to open ourselves to experiencing the ambiguity and intentionality of dreams. Examples will be presented to show how living with our dreams and asking "What does the dream want?" is the basis of a most powerful practice of self-discovery, personal growth, and problem solving.

Class Description: The small-group, Wednesday-evening sessions are a new venue offered by the C.G. Jung society designed to provide an environment in which participants can safely enter into the domain introduced in the lecture. There are no prerequisites other than the attendance of the Friday lecture. Following the lecture on dreams and dreaming, participants in the small-group sessions will be guided to put these ideas into practice through discussions, working with dreams they share, and exploring them through art and creative writing. Participants will also have an opportunity to explore the assumptions they bring to their work with dreams and the questions arising in this context.

Eberhard Riedel, Ph.D., D.C.S.W., is a Diplomate Jungian Analyst in private practice in Seattle, WA. He is a member of the International Association for Analytical Psychology (IAAP), the Inter-Regional Society of Jungian Analysts (IRSJA), the North Pacific Institute for Analytical Psychology (NPIAP), and the Center for Psychoanalysis (NCP). He also holds a Ph.D. in quantum physics. Among his professional interests is work on the interconnectedness of dreaming and the creative self-expression of psyche in life and the arts and sciences.

This program has been approved for 10 CEU's by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 10 units for lecture and class \$15; 2 units for the Friday lecture \$10; 8 units for attending all four Wednesday class sessions \$10.

Christine Downing, Ph.D.

Lecture: The Myth of Narcissus and Depth Psychological Understandings of Narcissism

The lecture will begin with a retelling of the story about the young boy who fell in love with his own image as he saw it reflected in a tree-shaded pool. Hearing the story retold should help us realize how little of the depth of this myth is caught in the usual interpretations of *narcissism*. Narcissism is typically defined as a pathology, a personality disorder characterized by arrogance, exploitation, grandiosity and entitlement, by an excessive need for admiration, and by a lack of empathy.

The rich depth psychological revisionings of this story put forward by Sigmund Freud, Lou Andreas-Salome, James Hillman and other Jungians help us to see that narcissism is not a pathology but an expression of a universal longing to return to that beginning time when self and other were one, not just a stage to be transcended but rather the persistent accompaniment of all our deeper experience. As Salome puts it, "There is a kind of narcissism that is an experience of being wholly at one with the world, not just absorbed in oneself." Indeed, reflection on this story leads us to think deeply about the relationship between



self-love and the possibility of loving an other as other, between desire and the imagination, between soul and image, between the longing for wholeness and the longing for death.

Workshop: Revisioning Narcissism

The workshop will provide an opportunity for us to explore together how the ripples sent out by reflections on the Myth of Narcissus touch upon our own experience. We will wonder together about such themes as the costs and blessings of introversion and self-absorption, about how desire and imagination have been fruitfully and destructively related in our own lives, about what it is that the soul most deeply longs for. There will be lecture and discussion and some time devoted to journaling—so bring pen and paper and wear comfortable clothes.

Christine Downing, Ph.D., currently a Professor of Mythological Studies at Pacifica Graduate Institute in Santa Barbara, taught for almost twenty years in the Department of Religious Studies at San Diego State University (a good part of the time as Chair of the Department and during the same period as a member of the Core Faculty at the San Diego campus of the California School of Professional Psychology). From 1963 to 1974 she served as a faculty member of the Religion Department at Douglass College of Rutgers University. She has also taught at the Jung Institute in Zurich and lectures frequently to Jungian groups both here and abroad and at American and European universities. Her undergraduate degree in literature is from Swarthmore College; her Ph.D., in religion and culture is from Drew University. Her books include *The Goddess*, *Journey Through Menopause*, *Psyche's Sisters*, *Myths and Mysteries of Same-Sex Love*, *Mirrors of the Self*, *Women's Mysteries*, *Gods In Our Midst*, *The Long Journey Home*, *The Luxury of Afterwards*, and *Preludes: Essays in the Ludic Imagination*.

This program has been approved for 7.0 CEU's by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 5.0 units for workshop \$10.

Shirley McNeil, Ph.D.

Lecture & Class: Psyche in the Garden—The Mythic Power of Place

Once the world was alive. Every spring contained a nymph or a water spirit; caverns housed images of magical beasts; and gods and goddesses inhabited mountain peaks. In *Man and His Symbols*, Jung observed that as “scientific understanding has grown, so our world has become dehumanized,” resulting in humans who feel acutely isolated in the cosmos. “(Their) contact with nature has gone, and with it has gone the profound emotional energy that this symbolic connection supplied.”

The lecture will examine Jung's own rediscovery of the mythic power of place on his journeys to Africa and America, confirming his intuition that a symbiotic relationship between a culture's mythology and its landscape is essential to sustain a meaningful existence. We will explore the depth process that converts a physical location into a “place,” the meaning of *genius loci* or the spirit of place, and the



Statement of Purpose

The C.G. Jung Society, Seattle, a nonprofit educational corporation founded in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

See Page 5 for Winter & Spring 2006 Program

Mar 3

Good Shepherd Center, Room 202

Friday Lecture

7:00 PM – 9:00 PM
2 CEU's

Fees:

\$10 members
\$15 non-members

Please attend lecture on Fri Mar 3 if you intend to take part in the Class.

www.jungseattle.org

**Mar 8, 15,
22 & 29**

Good Shepherd
Center, Room 221

Wednesday Class

7:00 PM – 9:00 PM
8.0 CEU's

Fees:

\$80 members
\$90 non-members

Preregister by:
Friday Lecture
(Mar 3).

**Jung Society Book
Study Group**

will be discussing
*Memories, Dreams,
Reflections* by
C. G. Jung in
February and
selecting a new
book to read.

The Study Group
meets at Trinity
Parish Episcopal
Church 6:00 PM–
8:00 PM on the last
Sunday of each
month.

Instead of the
meeting on the last
Sunday in
December 2005,
study group
members will be
joining the Jung
Society Board and
other members at
the Twelfth Night
Festivities (see
page 1).

New members are
welcome to join the
study group at any
meeting.

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concept of topophilia, the human attachment and love of place, through the lens of Jung's psychological involvement with his home at Bollingen.

Recommended Readings: Jung, C. G. *Memories, Dreams, Reflections* and Jung, C. G. *The Earth Has a Soul: The Nature Writings of C. G. Jung* edited by Meredith Sabini

Class Description: "As scientific understanding has grown, so our world has become dehumanized. Man feels himself isolated in the cosmos, because he is no longer involved in nature [...] No river contains a spirit, no tree is the life principle of man [...] No voices now speak to man from stones, plants, and animals [...] His contact with nature has gone, and with it has gone the profound emotional energy that this symbolic connection supplied." C. G. Jung, *Man and His Symbols*, p 95.

Influenced by his childhood experiences in nature, Jung was particularly observant about habitat and habitus, where one lives and how one practices a habit of being. His travels to Kenya, North Africa, and the U. S. confirmed his intuition that a symbiotic relationship between a culture's mythology and its landscape is essential to sustain a meaningful existence.

This course will explore the mythic imagination of landscape and the psychological connection between where we live and how we live. Unlike the traditional Pueblo or the Australian aboriginal peoples, most Americans consider themselves "free individuals" who are not bound in place but may move about quickly and freely. Yet, we are powerfully influenced by landscape just as our ancestors were. The ancients knew that each god and goddess inhabited a particular landscape, later known as the *genius loci*, the spirit of place. We will examine several mythological landscapes from different traditions including Greek, Irish, Australian aboriginal peoples, Pueblo, and Navajo. In addition we will look at the mythological origins of the Garden of Eden and the development of the garden from farmyard to personalized paradise.

Jung paid close attention to the details of landscape in dream analysis for clues to the emotional condition of the analysand. We'll discuss dreamscapes as the topography of the soul that tell us much about our inner development. Using the metaphor of the garden, we will further inquire into the symbolic representation of gardens as sanctuaries, places of renewal and healing, and as transitional terrain separating wilderness from domestic hearth.

Shirley Frances McNeil, Ph.D., has an undergraduate degree in philosophy and religion from Reed College, and a doctorate in mythological studies with an emphasis in depth psychology from Pacifica Graduate Institute. Her dissertation, *The Memory of an Emotion: Travel and Reverie*, an interpretive study of travel, place and mythic imagination, draws on twenty years' experience in the travel industry. She is a traveler, a writer, currently revising her dissertation for publication, and a workshop leader, concentrating on cultural mythology in current events and personal myth.

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**Join the Newsletter
Committee or submit
announcements or write
articles for *Inside Pages*
by Feb 10, 2006 (Spring
Newsletter deadline).**

Seattle Joseph Campbell Roundtable

Recently founded (on Bloomsday of 2004), the Seattle Joseph Campbell Roundtable has been moving steadily down the same path as the Jung Society. Many thanks to the Jung Society for their gracious offer to take us under their wing. It is clear that we're fostering similar ideas in our meetings and it is wonderful to work together.

Our meetings are at Ravenna Third Place Books, located at 6504 20th Ave. NE, in Seattle, WA. With a great atmosphere, access to a bakery (Seattle and coffee, of course) and a beautiful oak slab table, it has served as a great meeting place for the group.

The format is of a small group of individuals speaking their minds on the world. We usually have a topic of discussion, which is used as a last resort way to anchor our conversation if it drifts off. Previous topics include "The Mythology of Love" (February) and "The Role of the Trickster" (October). We also mythologize movies and stories to find the mytho/psychological themes within them. In November, we were lucky enough to have our first guest speaker. Thanks to Greg Shaw and his wonderful presentation on the *Centro de Desarrollo Integral*.

If you missed Greg Shaw's presentation, The Jung Society, Seattle and the Seattle Joseph Campbell Roundtable will be co-sponsoring a presentation on January 28th. Greg's presentation will be about his first trip to Ecuador in May 2005 to meet Dr. Vera Kohn and visit her *Centro de Desarrollo Integral*. Dr. Kohn and her fellow psychologists have provided private and group therapy to the Ecuadorian community combining Jungian Analysis, Zen Buddhism, and Psychography, for the last 30 years. (Please see page 2 for more details and also for information about Theresa Coimbra's February 5th Workshop.)

Also, we work on dream tending and interpretation to help reinforce the ideas as being inherent in our own lives, and to push people up against the idea of "Living Mythology."

To learn about any of our events or sign up for our newsletter, visit:
<http://SeattleJosephCampbell.org> —Rich Schwab

Please see page 4 for an article by Rich Schwab

C.G. Jung Society, Seattle and Seattle Joseph Campbell Roundtable co-sponsor



Greg Shaw

The Evolution of the *Centro de Desarrollo Integral*, Ecuador

Sat Jan 28 Noon-3:00 p.m.
Good Shepherd Center, Room 202
4649 Sunnyside Avenue North, Seattle
Suggested Donation: \$5



This presentation is the story of Greg's first trip to Ecuador in May 2005 to meet Dr. Vera Kohn and visit her *Centro de Desarrollo Integral* (CDI). Dr. Kohn and her fellow psychologists have provided private and group therapy to the Ecuadorian community combining Jungian Analysis, Zen Buddhism, and Psychography, for the last 30 years.

Psychography is a diagnostic practice consisting of drawing with both hands at the same time and eyes closed while answering life questions posed by the therapist. This technique was originally pioneered by Maria Hippisus, wife of Karlfried Graf von Durckheim, Dr. Kohn's mentor and founder of the original center for **Initiatic Therapy** in the Black Forest of Germany during the first half of the last century.

The goal of the journey upon which the story is centered is to develop, *pro bono*, a web site and several DVD's on Dr. Vera Kohn, CDI, and Karlfield Graf Durckheim so that the Center's work can be better known in Latin America and the world. The drama in the story derives from the human propensity to fill empty space with fear and self-sabotage so severe that it questions the very meaning of what it is to be created. It is the story of what happens in between the time a painter decides to make a painting and the moment their brush first hits the canvas. Only in this instance, it's a hive of bees that struggle to decide if painting is in their destiny, or maybe they should just stick to making honey.



Greg Shaw is founder and President of DYNIFTIC Corporation of Kirkland, Washington, specializing in the software architecture of music composition systems. From 1991 to 2002 Greg was a Senior Research Software Designer, Microsoft Corporation, working in the Research Department with Charles Simonyi on the design and implementation of his Intentional Programming system. From 1988 to the present Greg has been a co-owner of The Plant Recording Studios in Sausalito, California which offers digital synthesis and recording technology composition and production services. From 1985 to 1988 Greg composed, produced, and engineered music and sound effects for commercials, films, TV, and radio under the trade name Gentle Synergy. From 1979 to 1984 Greg was a co-founder of 3Com Corporation with Bob Metcalfe to commercialize Ethernet, with global ubiquity successfully resulting, variously head of R&D, Customer Service, and lead software architect. From 1977 to 1979 Greg was a software programmer at Xerox, Palo Alto on Bravo and Diamond word processors for the Alto and Star. From 1972 to 1977 Greg was a systems programmer on the Illiac IV project, the world's largest supercomputer at the time. Greg is a member of ACM, IEEE, AES and an advisor to the Comparative Media Studies program at MIT. He received a Bachelor of Science degree in Computer Science from MIT in 1977.

An experiential workshop with Theresa Coimbra

On the use of Initiatic Therapy for holistic self-knowledge

Sun Feb 5, 2006 9:30 a.m. -5:30 p.m., Arboretum Large Meeting Room <http://depts.washington.edu/wpa/general.htm>

Workshop Cost: \$100.00 (\$50.00 for students) lunch is included in the cost of the workshop.

Pre-registration will begin online from 1/5/06 at <http://www.cdintegral.com> (Center for Integral Development)

Pre-registration is required. No walk-ins. Enrollment limited to 30 participants.

Please wear loose clothing that does not restrict full body movement. No tight jeans or belts, for instance.

Questions? Contact Greg Shaw at 425-818-0432 or gregshaw@covad.net

Initiatic Therapy: The life of a human being is a voyage of self-knowledge. It requires a critical beginning; you have to leave what you know to encounter the unknown. This is the process of initiation. To deal with the totality of reality you need to experience death, transformation and resurrection. Like a seed, when buried in the soil it begins a transformation, and finally becomes a new plant. Or as in a cocoon, the caterpillar has to transform to become a butterfly. These great transformations in nature also occur with the human being, especially in the psyche.

This work is addressed to everyone who searches for self-knowledge and personal growth. Participants engage in dynamic exercises to reestablish the thread with the essence. One of Initiatic Therapy's central vehicles is psychography, the process of drawing with eyes closed using both hands at the same time and breathing connectedly throughout. In the final ritual we transform what is old in ourselves into new perspectives.

Initiatic Therapy integrates the work of Carl Jung, Zen Buddhism, Karlfried Graf Dürckheim, and Vera Kohn.

Theresa Coimbra's Education, Professional and Personal Activities include: -Private practice as a psychotherapist since 1988, working with children, adolescents, and adults in individual and group sessions; -Workshop leader and lecturer in the areas of Holism, Dreams, Initiatic Therapy, Jungian Creativity, Mythology and Dance; -Co-founder/facilitator of the International Holistic University of Brasilia / UNIPAZ / Peace Town Foundation since its creation in 1986; -Coordinator of study groups integrating dance, mythology and story telling; -Associate of the Joseph Campbell Foundation and has attended their annual meetings at Esalen Institute, CA since 1998; -Coordinator of a Mythological Roundtable affiliated with the Joseph Campbell Foundation since 2000; -Practiced contemporary dance for many years and studied Brazilian dances and rhythms.

Graf Durckheim: Becoming Transparent to the Transcendent by Jim Gossett

Karlfried Graf von Durckheim was a transpersonal-psychologist who has not yet become a household name in the kitchen talk of integral thinkers, but his voice at the frontier of psychology is strong. Graf Durckheim was born in 1896 in Bavaria and developed an interest in philosophy and psychology. He died in 1988 (age 92) and left behind influential contributions for blending Eastern and Western approaches to wholeness.

He was influenced by a wide perspective in spirituality, psychology, and philosophy that include Lao Tzu, Meister Eckhart, St John (of the Gospel), Rinzai Buddhism, Christianity, Jungian/Depth Psychology, Heidegger, Mythology, and others. His life is remarkable in itself and the integration or synthesis of his ideas toward transpersonal psychology deserves study.

For Durckheim it was essential to uncover an **Inner Way**. This decisive step into transformation opens another level to life that could work creatively with what Durckheim considered the three chief challenges: Fear, Meaninglessness, and Solitude. Entering this way leads to **Initiation** into the **Essential Self** not bound by ego. This essence is not unlike the meeting of an inner Christ in the transpersonal experience of the Trinity. By living into the struggle of ego and essence, peace or tranquility can be opened. **Hara**, the Japanese Buddhist word associated with spiritual practice, continues a strengthened balance by breathing energy into tranquility. Durckheim also found significance in the study of **Myth** as a tool toward becoming transparent to the transcendent and became very important to Joseph Campbell who quotes him often.

Durckheim's life is itself a meeting with the remarkable. He fought in The Great War, received his PhD in 1923 (age 27), was appointed professor at Leipzig in 1925, professor in Breslau in 1931, member of the German diplomatic service in London (1935-37) until it was discovered he had a Jewish grandmother, and part of an official German Cultural Mission to Japan (1937-47). During the Japan years he devoted study to Buddhism (including such military exercises as archery) and upon his return to Germany (1948) founded with Maria Hippus (Jungian analyst) a school of Initiation Psychology in the Black Forest. They also married.

Quotes:

Joseph Campbell to Bill Moyers, *Power of Myth*, video and Book (p230):

As Karlfried Graf Durckheim says, "When you're on a journey and the end keeps getting further and further away, then you realize that the real end is the journey."

Durckheim writing in *The Way of Transformation*:

By letting go in the right way, we learn to 'let in' and 'let happen' that which, in spite of all our ideas, projections, desires and prejudices, meets us directly in the shape of the world and comes from the constantly stirring essential being within. (p70).

Only to the extent that man exposes himself over and over again to annihilation, can that which is indestructible arise within him. In this lies the dignity of daring. Thus, the aim of practice is not to develop an attitude which allows a man to acquire a state of harmony and peace wherein nothing can ever trouble him. On the contrary, practice should teach him to let himself be assaulted, perturbed, moved, insulted, broken and battered – that is to say, it should enable him to dare to let go his futile hankering after harmony, surcease from pain, and a comfortable life in order that he may discover, in doing battle with the forces that oppose him, that which awaits him beyond the world of opposites. (p 81).

Durckheim, *The Call for the Master*:

As soon as we start looking through the outer and visible to the inner and invisible and trying to see how form and meaning relate, most of the old body/soul dichotomy vanishes. The soul then becomes the body's meaning, and the body the expression of the soul. (p99).

Appreciation:

His interest in alchemy and mythology aligns him with Jung and Campbell. A deep interest in mystical or esoteric Christianity and Rinzai Buddhism places Durckheim in a theology and philosophy of soul with Heidegger, Rahner, LeLoup, Corbin, and others. His own transmission of an Initiation practice suggests Gurdjieff, A.H. Almaas, Julius Evola, and Ken Wilbur. The generative relationship to conflict or tension evokes Heraclites. Durckheim connects to Perennial Philosophy through transpersonal psychology via Spirit. Many consider Graf Durckheim to be one of the *Maitres Contemporains*.

Suggested Durckheim Titles:

Hara: The Vital Centre of Man. London: Unwin, (1977).

The Call for the Master: The Meaning of Spiritual Guidance on the Way to the Self. New York: E.P. Dutton, (1989).

The Way of Transformation: Daily Life as Spiritual Exercise. London: Allen & Unwin, (1988).

Zen and Us, New York: E.P. Dutton, (1987).

"When you're on
a journey and
the end keeps
getting further
and further
away, then you
realize that the
real end is the
journey."

—Durckheim

Passing the Torch of Wisdom to Future Elders by Rich Schwab

All things start with a story.

A long time ago, when people still lived close to nature and grew along beside the seasons, this exposure left them quite cold. But these people kept warm with what they considered to be a divine gift. The gift which we take for granted of a simple tiny spark, meant life through the clean but desolate snowy moons.

They knew life as we cannot, as they lived so close to death. They appreciated life, and loved all things which gave them life. So their spark-borne fire soon became sacred. So sacred that a ritual was borne to care for the endurance of life, symbolized with a fire which was kept strong and passed down from old oaken elders to the young elders (In some societies, Elders could be as young as 17, as long as they displayed wisdom.)

In time, one of these new elders would learn enough to become the firekeeper and when time whispered for the Sacred Fire to be passed on, the old flames would be extinguished as a new blaze was lit from their sparks. And for the next hours, the firekeeper would tend their Sacred Fire until its roots grew deep into a log releasing those beautiful orange-glowing coals.

And the value of stories comes from their symbolic meanings.

I recently met an Elder in today's landscape, which is quite a feat as so many rarely seen one, and have no idea where to look. This Elder spoke of our culture's destructive fires, used to obliterate our problems rather than solve them and of our recent water problems (Tsunamis, Hurricanes, etc.) speaking to him of the World trying to quench our destructive furies.

And I wonder, if something could quench that fire, who would be there to relight our warming blaze? But further, who would take care of it, to tend it so that it does not get out of control once more?

Some speak of a growing coldness in the world. A chaos developing, something moving now. Conversations reach my ears from faces wrought with discouragement, concerns, people's worries. I can never know the image behind that face as it burrows that coldness into their hearts, but I can honestly tell you that it reminds me of the coldest barb deep in my own chest.

I worry about not having Elders. I worry about not having wisdom. I see a generation which seems to be quite foolish. And before them I see another and another and another. The wisest ones I have ever met, whom I would have thought would be in great positions leading our great society have always been far from it. It is as if there is a force keeping our people in the direction we are going. It is too early for some to call this ride a ship of fools. But if the thought had not yet come to your mind, it is there now.

My remedy to my frozen thorn ironically enough begins with a wisdom. "Be the change you want to see in this world."

Be that change. If I want to see a change in wisdom, I should find those wisdoms. Find those sparks of life-giving ideas, and care for them until the next elders arrive.

I feel very lucky. I had mentors when I needed them. Despite our social void of any ritual which even acknowledged me as an elder, I was able to find those who could convince me of the importance of keeping this word dear just as much as the flames of passion I keep in my heart.

In all my research, I was unable to find out if the fuel used for this Sacred Fire ritual was always one type of wood. My guess is that even if it were traditional for one tribe, it would change between the hills and forests between two groups. In the Northwest, people would feed the Sacred Fire with crackling pine boughs. In the East it might be Maple.

Your wisdoms. What are they? What sparks do you hold most dear? What things have given you life and kept you warm?

You might have received them from this book or that. But here is what you need to see.

To pass on your wisdoms, you must find sparks in the tinder of the new tribe.

If you see a kid on his/her way to school today, I can honestly swear to you that their favorite movie, their favorite television show or perhaps a music video they like holds wisdoms you may hold dear. Your challenge is whether or not you can find them, see beyond the symbols, for only then could you truly pass them on.

The next elders have already found ways to warm their hearts. It is so easy to teach someone something new from something they already know.

Could you lead a child to uncover something you might know as an "Ego" or "Shadow" in Harry Potter? Could you teach a young adult alchemy using *The Breakfast Club*? Have you ever seen the *Puer* and the *Senex* in *Lord of the Rings*? Or how about the lessons of attachment? You can even tie in *Stairway to Heaven* if that helps, for those lyrics mirror these themes.

Individuation abounds in all stories. Stories are individuation. If you really want to focus on certain symbols of it, you could go with the Holy Grail and the movie *Rushmore*. Or, pick another symbol of the Buddha and go with the *Matrix*.

These are all trees that are growing, the same trees which the elders of tomorrow will need to cut deep within to care for any wisdom they are to get. And although you and I may not have had someone to urge us to this task, you might find yourself growing warm within upon reading these words and the next step is deciding what to do.

...

Rich Schwab is a freelance elder and mentor among other voluminous titles. He currently oversees the Seattle Joseph Campbell Roundtable and maintains MonoMyth.org which is a website devoted to aiding those curious to uncover themes and wisdoms in their favorite stories, no matter the form. Apart from that he tours middle and high schools working with kids and their mentors on the meanings and lessons of the symbols in Harry Potter to inspire curiosity, creativity and pass on the fires. For any comments or questions about this article, feel free to contact him at richschwab@monomyth.org

The First Seattle InterInstitute Guest Lecture Series Presents

*The esteemed Jungian analyst and author, Ann Belford Ulanov, M.Div., Ph.D. speaking on,
The Third in the Shadow of the Fourth*

A community event, open to the public

Pre-conference lecture Michael Horne: Friday, January 27, 2006 7:30–9:00PM
at COR 1711 - 12th Ave., Seattle, WA 98122 \$20.

Ann Ulanov Lecture: Friday, March 10, 2006 7:30–9:00PM
at Kane Hall, U.W. Campus, Seattle, WA \$25 (early registration), \$30 (after February 10)
Continuing education credits are an extra \$10 per event

Preregister through SPSI or at the door. CEU's available. \$10 each.

See <http://www.spsi.org/interinstitute.html> for event information
including reference articles and registration form.

(206) 328-5315 info@spsi.org

THE SPIRITUS INSTITUTE

*Soul Work and the Healing Professions:
A Demonstration Weekend*

*Saturday & Sunday April 22–23, 2006
at Whidbey Institute, Clinton WA*

Co-sponsored by Washington Pastoral Counselors Association
(WPCA)

Demonstration Weekend will offer a sample of the proposed

Spiritus Ph.D. doctoral program

designed to integrate ancient and emerging
"care of souls" craft with professional practice

Demonstration Weekend Faculty:

Chris Adams, M.D., One Sky Wellness Associates
Doug Anderson, Ph.D., Lutheran Counseling Network
Andy Benjamin, J.D., Ph.D., University of Washington
and Antioch University

Barbara Fisher, MSW, LMFT, Private Practice
Terrill L. Gibson, Ph.D., Pastoral Therapy Associates
James Ingersoll, Ph.D., Private Practice

Cath Johnson, M.A., Leadership Institute of Seattle
George Callan, Ph.D., LMFT, Pacifica
Graduate Institute (Adjunct)

Wayne McCleskey, M.Th., LMFT, Seattle Family Therapy Institute

Sharon Daloz Parks, Ph.D., Whidbey Institute

Stella Rabaut, M.A., J.D., Leadership Institute of Seattle and
S.U. School of Law (Adjunct)

Jerry Smith, S.T.D., Pastoral Therapy Associates and
University of Puget Sound

Donald Williamson, Ph.D., Leadership Institute of Seattle

9 CEU's through WPCA
WPCA (253) 566-2829 ext 2

Donate Air Miles

*Speakers for The C.G Jung Society,
Seattle travel to Seattle from various parts
of the USA and the World. One way you
can support the Society's mission is by
donating Air Miles.*

*If you are interested in donating Air Miles or
would like to contribute your time, energy or
other resources, toward the Jung Society
Seattle's program, please contact Connie
Eichenlaub, Chair of Program Committee
connieei@earthlink.net or
office@jungseattle.org*

New Study Group!

*Lynn Davis Fox is forming a new study
group to explore C.G Jung's
"new God-image"*

*Lynn is also serves as the leader of the Jung
Society's Monthly Book Study Group*

*If you'd like to participate,
contact Lynn at (425) 453-9384*



C.G. Jung Society, Seattle

presents

Jonathan Gerson, M.A.

DreamRem Therapy Workshop

Saturday April 1, 2006 10:00 a.m.—4:00 p.m.
Good Shepherd Center, Room 221

DreamRem Therapy was recently developed for patients in an assisted living or nursing home setting to help “humanize” the experience of institutionalized life.

In the past decade there has been an explosion of research into the functioning of the brain especially in the area of dreaming. Traditionally, dream analysis has been conducted primarily on a young population. What about the elderly? Critics often contend that the elderly lack insight into their unconscious processes. Fear of dreaming has often kept the elderly from getting in touch with an inner path. This no longer has to be the case. As seniors live longer lives this myth will evolve. Enter DreamRem Therapy, a gentle introspective journey through a person's dreams and life experiences. In DreamRem Therapy a tapestry is woven between a client's dream fragments and their personal life story. A personal myth emerges from the conversation and meaning is made of one's life. DreamRem Therapy was recently developed for patients in an assisted living or nursing home setting to help “humanize” the experience of institutionalized life. Mr. Gerson will share the many implications of his research and teach how you can conduct your own DreamRem Session.

Enrollment is limited to 15 participants and filling up fast! Please come and join us for a memorable workshop. This workshop may be held again on May 5th, if there's sufficient demand.

Jonathan David Gerson, M.A., has been working with the geriatric population in activities for 15 years. He has attended Whitman College and is a graduate of the University of Washington with a B.A. in English and City University with a M.A. in Counseling Psychology. He began his counseling training in the United States Army Behavioral Sciences Program (91G) and has lectured on the uses of Tai Chi exercise in a frail elderly population. His Master's Thesis was on the “Therapeutic use of Dreams and Reminiscing in an elderly population.” Mr. Gerson has kept a dream diary for 21 years and wishes to advance Jungian ideas into the senior community.

“The unexamined life is not worth living.”—Socrates

This program has been approved for 5 CEU's by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157.

Members: Preregistration by 03/24/06 \$50, after 03/24/06 \$55
Non-Members: Preregistration by 03/24/06 \$60, after 03/24/06 \$65
CEU's: 5.0 units for workshop \$10.00

I enclose \$_____ (check or credit card) for preregistration for **Dream Rem Workshop**

Payment must accompany your preregistration. No refunds.

Charge my ___ VISA ___ MC Number _____
Exp. Date ____/____/____ Name _____
Address _____
Phone _____ Email _____
Notes _____

To preregister, mail payment to: C.G. Jung Society, Good Shepherd Center, 4649 Sunnyside Avenue N., Room 222 Seattle, WA 98103. Questions? Email office@jungseattle.org or call (206) 547-3956.

THE C.G. JUNG SOCIETY, SEATTLE'S WINTER & SPRING 2006 PROGRAM

Eberhard Riedel, Ph.D. , D.C.S.W

Dreams, The Life Blood of the Psyche

Fri Lecture Jan 13 7:00 p.m.–9:00 p.m.

Good Shepherd Center, Room 202

Course work to follow Wed Jan 18, 25, Feb 1, 8

7:00 p.m.–9:00 p.m.

Good Shepherd Center, Room 221

Greg Shaw

The Evolution of the Centro de Desarrollo Integral, Ecuador

Joseph Campbell Roundtable, Co-sponsor

Sat Jan 28 Noon–3:00 p.m.

Good Shepherd Center, Room 202

Christine Downing, Ph.D.

The Myth of Narcissus and Depth Psychological Understandings of Narcissism

Fri Lecture Feb 10 7:00 p.m.–9:00 p.m.

Good Shepherd Center, Room 202

Sat Workshop Feb 11 10:00 a.m.–4:00 p.m.

Good Shepherd Center, Room 202

Shirley McNeil, Ph.D.

Psyche in the Garden: The Mythic Power of Place

Fri Lecture Mar 3 7:00 p.m.–9:00 p.m.

Good Shepherd Center, Room 202

Course work to follow Wed Mar 8, 15, 22, 29

7:00 p.m.–9:00 p.m.

Good Shepherd Center, Room 221

Jonathan Gerson, M.A.

Dream Rem Therapy Workshop for Seniors

Sat Apr 1 10:00 a.m.–4:00 p.m. Good Shepherd

Center, Room 221

Psyche and The Spirit of the Times & University Book Store Author Event

Jerome Bernstein Opening Remarks, Community Dialogue Thu Apr 6 7:00 p.m.–9:00 p.m.

Antioch University, Room 100

Jerome Bernstein, M.A.

Living in the Borderland: The Pathological and the Sacred

Fri Lecture Apr 7 7:00 p.m.–9:00 p.m.

University Book Store Author Event

Trinity Parish Episcopal Church, Eighth & James

Sat Workshop Apr 8 10:00 a.m.–4:00 p.m.

Trinity Parish Episcopal Church, Eighth & James

Geri Grubbs, Ph.D. & Susan Jenkins, Ph.D.

Children and Jung

Fri Lecture (Geri Grubbs) Apr 21 7:00 p.m.–

9:00 p.m. Good Shepherd Center, Room 202

Course work to follow Thu Apr 27, May 4, 11, 18,

25, Jun 1 7:00 p.m.–9:00 p.m.

Good Shepherd Center, Room 221

Susan Scott, Ph.D. www.susanscott.com

Mentoring and the Creative Process

Fri Lecture May 12 7:00 p.m.–9:00 p.m.

Good Shepherd Center, Room 202

Healing with Nature

Sat Workshop May 13 10:00 a.m.–2:30 p.m.

Good Shepherd Center, Room 202

Laura Simms, Storyteller

Jerry Wennstrom & Marilyn Strong

www.handsofalchemy.com

Feast of Inseparable Union between Masculine and Feminine Principles

Sat Performance May 20 7:00 p.m.

Good Shepherd Center Theatre, 4th Floor

Robert Bosnak, Ph.D.

www.cyberdreamwork.com

Embodied Imagination

Flashback, Memory, and Embodied Dream Imagery

Sat Jun 3 9:30 a.m.–5:00 p.m.

Good Shepherd Center

The C.G. Jung Society, Seattle
4649 Sunnyside Avenue North, Room 222
Seattle, WA 98103

Phone: (206) 547-3956 Fax : (206) 547-7746

Email: office@jungseattle.org

Program details available at www.jungseattle.org



MEMBERSHIP FORM

NOTICE: *The Jung Society Membership Directory is intended to help members develop small group opportunities for exchanging Jungian thought. The Board expressly prohibits all other uses, particularly solicitation in any form.*

Please fill out your name and contact information, and check the boxes to the left to indicate you'd like to INCLUDE your contact information in the Membership Directory. You may also request that your entry be excluded from the Membership Directory.

Name _____ Date _____

Street Address _____

City, State, Zip _____

Email _____

Phone(s) _____

EXCLUDE my entry completely from the Membership directory

Interests (for inclusion in the Membership Directory):

- | | | |
|--|--|--|
| <input type="checkbox"/> My interests are general | <input type="checkbox"/> Dreams | <input type="checkbox"/> Typology |
| <input type="checkbox"/> Individuation and development | <input type="checkbox"/> Creativity | <input type="checkbox"/> Religion |
| <input type="checkbox"/> The archetypes & symbolism | <input type="checkbox"/> Alchemy | <input type="checkbox"/> Synchronicity |
| <input type="checkbox"/> Mythology and fairy tales | <input type="checkbox"/> Anthropology | <input type="checkbox"/> Relationship |
| <input type="checkbox"/> Illness, wellness & healing | <input type="checkbox"/> Women's issues | <input type="checkbox"/> Men's issues |
| <input type="checkbox"/> Midlife and aging issues | <input type="checkbox"/> Community & social issues | |
| <input type="checkbox"/> Other topics _____ | | |

I've attended/am attending classes at Zurich Institute at Pacifica

Any areas you would be willing to help with:

- | | | |
|---|--|--|
| <input type="checkbox"/> Newsletter editing/publication | <input type="checkbox"/> Publicity | <input type="checkbox"/> Library staff |
| <input type="checkbox"/> Program planning | <input type="checkbox"/> Fundraising | <input type="checkbox"/> Office tasks |
| <input type="checkbox"/> Event hospitality | <input type="checkbox"/> Event cashier | <input type="checkbox"/> Membership |

If it is time to renew your membership, or you are a new member joining the Society, please enclose dues at the level indicated.

- | | | |
|--|--|--|
| <input type="checkbox"/> \$500 Sustaining Couple | <input type="checkbox"/> \$300 Sustaining Member | <input type="checkbox"/> \$75 Couple |
| <input type="checkbox"/> \$165 Contributing Couple | <input type="checkbox"/> \$100 Contributing Member | <input type="checkbox"/> \$45 Individual |
| <input type="checkbox"/> \$10 Newsletter Only | | <input type="checkbox"/> \$30 Student/Senior |

Return this form to:

C. G. Jung Society, Seattle, 4649 Sunnyside Avenue North, Room 222, Seattle WA 98103

Telephone (206) 547-3956 Fax (206) 547-7746 Email office@jungseattle.org

www.jungseattle.org

Library News

Thanks to the efforts and kind thoughts of Patricia Lindstrom, we have received a donation of 174 books and a few periodicals from the estate of her mother. Gail C. Jones, who was a member of the Society who lived in Tacoma. Many of the books deal with Jungian psychology and many deal with Christian education. We are grateful to Patricia Lindstrom for bringing all the books to Seattle from her home in Lakewood and to Bill Tudor, a friend of Gail Jones, who recommended us to Patricia Lindstrom.

New purchases bring our SPRING Journal collection to date and include the latest issue, *Psyche and Cinema*, which has an article by Terry Gibson, our November speaker.

Other new additions include *Celtic Queen Maeve*, *Addiction: An Archetypal Perspective* by Sylvia Brinton Perera, *The Phallic Quest* by James Wyley, *A Practical Guide to Qabalistic Symbolism* by Gareth Knight, a deck of the Rider-Waite Tarot Cards.

—Bunny Brown, Librarian

Directions

Good Shepherd Center 4649 Sunnyside North

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th Street onto Sunnyside Avenue North. The Center is on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Parking available in lots south and north of the building, simply follow main entry drive way. Street parking also available.

Membership

Since our Autumn Newsletter, the following new members have joined the C.G. Jung Society, Seattle. We warmly welcome:

Kevin Boileau	Jonathan Gerson	Judith Larsen	Joellen Schill
Robin McCoy Brooks	Karen Hansen &	Terry A. Miller	Laura Ann Siqueiros
Andrew Cassino	Dick Vanderlee	Jo Napier	Abby Smith
Dianne Cooper	Pelin Hattatoglu	Heather Ogilvy	Barbara Witkow
Patricia I. Cotter	Patti King	Toby Rice	

We appreciate the continued support from our renewing members:

Cara Barker	Connie Eichenlaub	Carolyn Johnston	Ron Plocinski
Dan Barr	Betty Eldridge	Thomas Kayser	Ralph Trip Quillman
Loiuse Bode	Ann S. Fagan	Gordon Keating	Phoenix Raine
Bonita Quiroz Cantu	Eileen Fitzpatrick	Mary Latham	Eberhard Riedal & Bev
April Conrad	Linda Fleming	Laurel Lisez	Osband
Patricia Donahue &	Lynn Fuller	Jessie Lyle	Mary Romeo
Candace Braley	Kathleen Gimbreere	Charles Ludwig	Joe Rutte
Kent Devine	Susan Grant	Mary Alice Long	Leslie Schwartz
M. Beth Dunn	Barbara Grote	Melissa Mace	Jennifer Seyler
Kathy Deviny & Paul	Nicki Hagoski	Fern Martin	Priscilla Sherotsky
Collins	Debra Thompson	Mark McNeil	David & Charmaine
Jerry DeVore	Harvey	Shirley McNeil	Slotnik
Connie Cook	Mark Henderson	Ginny Mines	Cynthia Stentz
Seven Dunsmore	Darlene & Ladson	Afia Menke	Larry Strege
Sam & Virginia Lee	Hinton	Barb Morgan	Debra & Kenji Tachibana
Eggertsen	Laura Sue Hoover	Jeanine O'Connell	

Winter 2006

Library Hours

Call 206-547-3956
to verify hours.

Saturdays

12:30 PM – 3:30 PM

Lecture Fridays

Jan 13, Feb 10
& Mar 3

From 6:30 PM

Board of Directors

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President

John Krausser
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Diane Bogue
Office Manager &
Cashier

Bunny Brown
Librarian &
Membership

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Vacant
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Rich Schwab
Guest Newsletter
Editor

www.jungseattle.org

C. G. Jung Society, Seattle Preregistration form

Workshops, Seminars, and Courses are scheduled pending sufficient preregistration. Preregistration is typically due one week prior to the beginning date. Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103. Questions? Email office@jungseattle.org or call (206) 547-3956. Please check each event for specific fees, times, locations.

I enclose \$ _____ (check or credit card) for preregistration for the following:

Payment must accompany your preregistration. No refunds.

Please indicate which event you are signing up for, whether you are including lecture and workshop fees, and any other particulars, including whether you qualify for a member discount.

Charge my VISA MC Number _____ Exp. Date _____
Name _____ Phone _____
Address _____

www.jungseattle.org

Last Revised Dec 2005



C. G. Jung Society, Seattle
4649 Sunnyside Avenue North, Room 222
Seattle, WA 98103

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