

Desk Copy



C. G. JUNG SOCIETY • SEATTLE

Celebrating our 30th year

WINTER 2004 NEWSLETTER

When the libido leaves the bright upper world, whether from choice, or from inertia, or from fate, it sinks back into its own depths, into the source from which it originally flowed, and returns to the...mother... Whenever some great work is to be accomplished, before which a man recoils, doubtful of his strength, his libido streams back to the fountainhead—and that is the dangerous moment when the issue hangs between annihilation and new life. For if the libido gets stuck in the wonderland of this inner world, then for the upper world man is nothing but a shadow... But if the libido manages to tear itself loose and force its way up again, something like a miracle happens: the journey to the underworld was a plunge into the fountain of youth, and the libido, apparently dead, wakes to renewed fruitfulness.

— C.G. Jung, *Symbols of Transformation*, Vol. 2, p. 292–293

❄ ❄ ❄ *Members of the C.G. Jung Society, Seattle* ❄ ❄ ❄
are invited to the annual ❄ ❄ ❄
❄ ❄ ❄ **Twelfth Night Festivities** ❄ ❄ ❄
❄ ❄ ❄ **January 4, 2004 6:00-8:00 p.m.** ❄ ❄ ❄
❄ ❄ ❄ *Join us for good conversation, good company and good cheer!* ❄ ❄ ❄
❄ ❄ ❄ *Please note the date: Invitations mailed to members* ❄ ❄ ❄
had Sunday, January 5 printed in the place of Sunday, January 4

Mar. 13

30th Anniversary
Celebration at the
Seattle Art Museum

**Portals to Psyche:
Jungian Trends
in the Northwest**

See inside for details

Karlyn Ward, Ph.D.

*Lecture: Anchored in the Heart—Redeeming the
Dark Feminine*

Drawing on literature from the *Song of Songs*, *The Gospel of Mary* and other gnostic texts to contemporary works, on images from Sophia and Isis to the present, and on music from Hildegard of Bingen to contemporary composers such as Francis Poulenc and Arvo Pärt, we will explore the figure of this long-repressed but powerful archetype of transformation. Amplification of the lecture material through image, and especially through music, will allow for deeper understanding. We will approach the dark, hidden, but positive feminine through the figure of Mary Magdalene, long associated with the Black Madonna, and other legendary figures and trace her origins through her predecessors.



Jan. 9

Friday Lecture

7:30 PM – 9:30 PM
Good Shepherd
Center, Room 202
4649 Sunnyside
Avenue North

Fees:

\$10 members
\$15 non-members

2 CEU's

Jan. 10

Saturday Workshop

10:00 AM – 4:00 PM
Good Shepherd
Center, Room 202
4649 Sunnyside
Avenue North

Fees:

\$40 members
\$50 non-members
\$35 student/senior
members
\$45 student/senior
non-members

5 CEU's

Please see *Inside
Pages* for interview
with Dr. Karlyn Ward

Feb. 13

Friday Lecture

7:30 PM – 9:30 PM
Trinity Parish
Episcopal Church
609 Eighth Avenue
(Near James Street)

Fees:

\$10 members
\$15 non-members

2 CEU's

Workshop: Anchored in the Heart—Continuing to Find the Meaning of the Dark Feminine through Image, Story and Music

In this participatory and exploratory workshop, participants will continue to experience their own introverted responses to image, music, and literature of the archetype of the dark feminine. How do the responses of modern men and women contribute to understanding the archetype? Discussion will allow the group to come to some group assessment of her importance, and an understanding of why in our time she is increasingly important in the collective. Participants may want to read the contemporary bestseller, *The Da Vinci Code*, to get a flavor of some of the material that will be presented. Participants will receive a suggested reading list and discography.

Karlyn Ward, Ph.D., LCSW, BCD, is a Jungian analyst in private practice in Mill Valley, California. She is an analyst member of the C.G. Jung Institute in San Francisco and member of the Adjunct Faculty at Pacific School of Religion in Berkeley. She is a musician who is trained in the Bonny Method of using music as a form of active imagination, and is a Fellow in the Association for Music and Imagery. Her book *Sounding the Depths: Psyche and Music* is in progress. She has given numerous seminars on music and psyche and on redeeming the dark feminine.

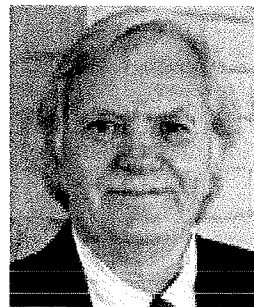
This program has been approved for 7 CEU's by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 5.0 units for the Saturday workshop \$10.

Directions to Good Shepherd Center, 4649 Sunnyside Avenue North
From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th Street onto Sunnyside Avenue North. The Center is on the left side just before Sunnyside intersects with 50th Street. Enter using the main entrance to park in one of the building parking lots or park on the street.

Robert Sardello, Ph.D.
Cheryl Sanders, M.S.

Lecture: Spiritual Psychology of the Broken Heart

This presentation develops a spiritual psychology showing how different heart problems are linked to forms of fear, isolation, loss, need and aggression. We will seek to understand the language of the heart, relate heart structure to soul function, and explore many heart symptoms for their deeper significance. The narrowing of the heart, heart-break, the heart out of rhythm, the failing heart, the degenerating heart, pressure and tension, heart-fear, will all be considered in their simultaneous physical and soul meanings. Specific spiritual-emotional exercises will be suggested to foster the healing of the heart. Extensive work with a series of alchemical images of the heart will be explored through image-meditations.



Workshop: Entering the Silence of the Heart—Practices for Developing the Power of Interiority

Join world-renowned spiritual psychologists Robert Sardello and Cheryl Sanders, Co-founders of the School of Spiritual Psychology, the Center for Sacred Service, and a program in The Spiritual Art of Aging, in developing the power of the heart to bring spiritual insight and action into daily living. Learn methods for developing capacities and skills to live more fully from the heart and soul. Take part in group discussion and learn practical contemplation, including:

- The heart as vessel of imagination
- The heart as center of soul
- Aligning our thinking, speaking, and action with the heart
- Finding the silence of the heart
- Strengthening the powers of the imagination of the heart
- Learn to recognize and stay in heart-space
- Holding someone in your heart
- Opening our heart to the Soul World
- The imaginal physiology of the heart

Robert Sardello, Ph.D., is co-founder of the School of Spiritual Psychology based in Greensboro, N.C. This school, developing an approach to spiritual practice rooted in the insights of depth psychology and anthroposophy, offers courses throughout the country, a training program in Sacred Service, a journal, monographs and tapes. A practicing psychotherapist for over twenty years, Robert also teaches at the Dallas Institute of Humanities and Culture. He is author of *Facing the World with Soul*, *Love and the World*, *Freeing the Soul from Fear*, and *The Power of Soul: Living the Twelve Virtues*.

Cheryl Sanders, M.S., is co-director of the School of Spiritual Psychology and its administrative head. Cheryl has published articles on the psychology of violence, the psychology of play, and on the spiritual psychology of sensing. Her monographs include *The Monsters Within*, and *Seeing Invisible Sophia*, both published by the School of Spiritual Psychology monograph series. She has worked therapeutically in the area of addiction counseling, and is completing her doctoral dissertation on the spiritual psychology of the senses. She also teaches at the Dallas Institute of Humanities and Culture.

This program has been approved for 7 CEU's by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 5.0 units for the Saturday workshop \$10.

Directions to Trinity Parish Episcopal Church, 609 Eighth Avenue (Near James Street). From I-5 South, take the James Street Exit. Turn left on Cherry and go two blocks east (under the freeway and up the hill). At Eighth, turn right to park in front of the Church. From I-5 North, Take the James Street exit and turn right on James Street. Go one block east (up the hill) and turn left at the first light (Eighth). The church is just north of this intersection. Park on Eighth across from the church. You may also park in a designated Church spot in the parking lot just north of Cherry Street. Buses 3 & 4 stop within a block of Trinity Church.

Feb. 14

Saturday Workshop

10:00 AM – 4:00 PM
Trinity Parish
Episcopal Church
609 Eighth Avenue
(Near James Street)

Fees:

\$40 members
\$50 non-members
\$35 student/senior members
\$45 student/senior non-members

5 CEU's

Please see *Inside Pages* for interview with Dr. Robert Sardello

www.spiritualschool.org
www.sophiajournal.org

Mar. 13

Conference

9:30 AM – 5:30 PM
Check in at 9:00

7 CEU's

Seattle Art Museum
Plestcheef Auditorium
100 University St
Seattle, WA

**Register at SAM
Ticket Office
206 654-3121**

\$70 by Feb. 28
\$85 after Feb. 28

To qualify for a Jung Society member discount, members must register for the conference through the Jung Society (as SAM cannot verify Jung Society membership)
\$60 by Feb 28
\$70 after Feb 28 and at the door

Mar. 13

Meade Performance

7:30 PM – 9:30 PM

Seattle Art Museum
Plestcheef Auditorium
100 University St
Seattle, WA

Tickets are \$15 (SAM members \$12) and may be purchased in advance through SAM Ticket Office 206 654-3121 or the evening of the performance

www.seattleartmuseum.org

Portals to Psyche: Jungian Trends in the Northwest

A 30th Anniversary Celebration

Spend a day and an evening at the Seattle Art Museum (SAM) exploring the past and present influence of Jungian psychology in our work, our communities, and the arts. "Jungian Trends in the Northwest" is a Participatory Conference honoring all streams of Jungian thought.

The program offers a time of reflection, shared communication, and guidance. Keynote speaker is **Terrill Gibson** with Northwest panelists representing Education, Spirituality, Psychotherapies, Ecopsychology, Global Issues, the Workplace, and the Arts. Ceramic sculpture, glass sculpture, stone sculpture, painting, film, and photography by Northwest artists will be on exhibit.

Panelists and Artists Include: **Robert Carlson, Margaret Carpenter, Cordy Fergus, Ginger Grant, Debra Harvey, Ladson Hinton, Dennis Joram, Randy Morris, Shierry Nichol森, Kenji Tachibana, Kat Taylor, and John R. Van Eenwyk.**

Conference registration includes free admission to SAM exhibits on March 13.

This program has been approved for 7 CEU's by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate for this conference is \$10 for 7.0 units.

Michael Meade Evening Performance

Culture, Conflict, and Change: Native Spirit and Jungian Ideas

With the co-sponsorship of the Seattle Art Museum and Mosaic Multicultural Foundation, the Jung Society invites both conference participants and the public to an evening performance by Michael Meade of the indigenous tale "Earthdiver." Tickets for Michael Meade's Performance may be purchased from the SAM Ticket Office 206-654-3121 and at the door the evening of the performance. Mosaic, Michael Meade's educational, non-profit organization, can be found on the web at <http://mosaicvoices.org>



Mosaic

voices of youth | voices of community

Upcoming Events

Puanani Harvey, Ph.D. April 9 & 10

Only That Which Can Destroy Itself is Truly Alive.

Ann Lammers Ph.D., MFT May 14 & 15

Whence Evil? The Missing Fourth in the Jung-White Letters.

Jane Neubauer, RN, MSN

Workshop: Assessing Your Journey to Individuation through Active Imagination Methods such as the Arts, Nature, and Play

Midlife and beyond is about matters of spirit, mission, and culture. It is different than other life transitions because it has as its core elements the search for one's authentic Self and one's unique mission and purpose. The soul cries out for the creative life.

In this 4-session workshop, we will access your creativity and work with active imagination to assist you in reviewing your journey to individuation. This is an opportunity to enlist the transcendent function completing a creative project each session. **NO ART EXPERIENCE NECESSARY.**

We will work with concepts such as:

- The transcendent function between left and right brain
- The meaning of work
- Jungian typology and implications for midlife and shadow work
- Active imagination and body work as a means to explore the soul's longing and the child's cry for play
- The Mandala as an expression of self and wholeness

Each session will address a different aspect of the search. We will review your life successes/life journey, finish some stories from the past, and dream and plan for the future. You might design a plan to make your current job more meaningful, identify what you want to do next and begin a plan to get there, or complete some unfinished business and get some balance back in your life. Some might be working toward one goal for midlife which is to get a better balance between being and doing—moving toward embracing the tension of the opposites.

Jane Neubauer, RN, MSN, works with several Puget Sound organizations providing leadership development, group coaching, team building and strategy development. She does coaching and works with small groups at the retreat site on Vashon Island. For twenty years Jane was involved in nursing leadership, senior management and university education in the United States health care system at the Universities of Wyoming, Colorado, Cincinnati, and Mercy Medical Center, in Denver. She has a Masters Degree from the University of California Medical Center in San Francisco and has published on use of arts in personal development, the mid-life journey, health care systems, change and leadership. Jane also continues her work in Europe as a facilitator of leadership development. As she supports others on their work and life journeys, Jane daily strives to attain balance in her own life through support of the arts, work with ecological issues, and enjoying her new island life—all the while learning on her own journey trying to *be* as well as *do*.

The design of the **Creative Leadership Retreat** reflects Jane Neubauer's in-depth study and work with creative visioning processes and 20 years' experience in senior management and university education. During her study at the Institute for Art in Therapy and Education in London, England, Jane's decision to move to the Pacific Northwest emerged as a result of the use of painting, sculpting, sand tray and music to identify her vision and strategy. Jane moved to London in

**Mar. 27, Apr. 17,
May 8, Jun. 19**

4 Saturdays*

10:00 AM – 1:30 PM

Creative Leadership
Retreat
Vashon Island, WA

Fees:

\$100 includes
supplies

*minimum 6
maximum 10
participants*

10 CEU's

*Registration is for all 4 sessions. If you wish to attend only a single session, you may request to be put on the hold list for that day.

Please see *Inside Pages* for Workshop Agenda

Vashon Island is a forested arts community 20 min ferry boat ride from Seattle & Tacoma offering lovely B&B and spa facilities for relaxation, near water and nature.

Statement of Purpose

The C.G. Jung Society, Seattle, a nonprofit educational corporation founded in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

Winter 2004

Library Hours

To double-check library hours call 206-547-3956 for a phone message or see our web page (www.jungseattle.org) for schedule changes.

Saturdays

12:30 PM – 3:30 PM

Lecture Fridays

From 6:15 PM
(January 9, 2004)

the early 90's taking the risk of leaving a respected executive job to work at the King's Fund College management consultancy in London. Jane learned the European approach to self-development, reflective practice, and action learning; and studied and worked with the arts, incorporating play and body work.

This program has been approved for 10 CEU's by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: session by session 2.0 units \$10 each; one certificate for 10.0 units for all four sessions \$15.

Directions to the Creative Leadership Retreat, 15635 115 Avenue SW, Vashon Island, WA.

From the north end of Vashon Island (arriving from Fauntleroy or Southworth), drive off the ferry and south on Vashon Highway for about 4 miles. Turn right at Cove Road (youth hostel sign). If you get into town, you have passed it.

From the south end (Pt Defiance in Tacoma), drive about 7 miles through Vashon town, past the library and the park district (on the right) and turn left on Cove Road (youth hostel sign).

EVERYONE - Drive 1 mile and turn right on 115th. Drive 1 mile (just past the Catholic Church on right). Turn left at the green mailbox with 'Neubauer' on it. Drive a short way and bear right at the 'Y'.

Library News

Our collection keeps growing. We have just received a large donation from Dr. Mary Campbell of almost 200 books. Many of these books are useful for professionals in the psychotherapy field. We hope you will come and check them out. Dr. Campbell gave us many issues of the Journal of Analytical Psychology and other periodicals and books last year and we are very appreciative that she chose us to receive her generous donations. This new donation has been entered into the library database with care by our tireless catalog volunteer, Linda Sheaffer. We plan to have an updated catalog in the library soon for your perusal.

We have also received a few books from Janet Colli, a fellow resident of Good Shepherd Center. Some of the new additions include: *The Living Room Mysteries* and *The Lore of Gardening* by Graham Jackson, *Science of the Soul* by Edward Edinger, *Jung and Yoga* by Judith Harris, *Secret World of Drawings* by Gregg Furth, *Born to Rebel* by Frank Sulloway, *How Psychiatrists Look at Aging* edited by George Pollock.

We also have a copy of *Depth Psychology: Meditations in the Field* and *Ecopsychology: Restoring the Earth, Healing the Mind*. These books have articles by Stephen Aizenstat, our November speaker.

We expect to have some of Robert Sardello's books available for checkout in the next few weeks. Some of his books will also be available for purchase and book-signing at the Lecture and Workshop, February 13 & 14.

Please plan on checking out and returning borrowed items when the library is open before our next Friday event on January 9. We no longer have a book drop for the return of materials.

Please call and leave a message if you would like us to check and see if we have a book or article that you need for your own use.

—Bunny Brown, Librarian



MEMBERSHIP FORM

NOTICE: *The Jung Society Membership Directory is intended to help members develop small group opportunities for exchanging Jungian thought. The Board expressly prohibits all other uses, particularly solicitation in any form.*
Please forward your comments and feedback on the first edition of the Jung Society Membership Directory to the Jung Society office.

Please fill out your name and contact information, and check the boxes to the left to indicate you'd like to INCLUDE your contact information in the Membership Directory. You may also request that your entry be excluded from the Membership Directory.

Name _____ Date _____

Street Address _____

City, State, Zip _____

Email _____

Phone(s) _____

EXCLUDE my entry completely from the Membership directory

Interests (for inclusion in the Membership Directory):

- | | | |
|--|--|--|
| <input type="checkbox"/> My interests are general | <input type="checkbox"/> Dreams | <input type="checkbox"/> Typology |
| <input type="checkbox"/> Individuation and development | <input type="checkbox"/> Creativity | <input type="checkbox"/> Religion |
| <input type="checkbox"/> The archetypes & symbolism | <input type="checkbox"/> Alchemy | <input type="checkbox"/> Synchronicity |
| <input type="checkbox"/> Mythology and fairytales | <input type="checkbox"/> Anthropology | <input type="checkbox"/> Relationship |
| <input type="checkbox"/> Illness, wellness & healing | <input type="checkbox"/> Women's issues | <input type="checkbox"/> Men's issues |
| <input type="checkbox"/> Midlife and aging issues | <input type="checkbox"/> Community & social issues | |
| <input type="checkbox"/> Other topics _____ | | |

I've attended/am attending classes at Zurich Institute at Pacifica

Any areas you would be willing to help with:

- | | | |
|---|--|--|
| <input type="checkbox"/> Newsletter editing/publication | <input type="checkbox"/> Publicity | <input type="checkbox"/> Library staff |
| <input type="checkbox"/> Program planning | <input type="checkbox"/> Fundraising | <input type="checkbox"/> Office tasks |
| <input type="checkbox"/> Event hospitality | <input type="checkbox"/> Event cashier | <input type="checkbox"/> Membership |

If it is time to renew your membership, or you are a new member joining the Society, please enclose dues at the level indicated.

- | | | |
|--|--|--|
| <input type="checkbox"/> \$500 Sustaining Couple | <input type="checkbox"/> \$300 Sustaining Member | <input type="checkbox"/> \$75 Couple |
| <input type="checkbox"/> \$165 Contributing Couple | <input type="checkbox"/> \$100 Contributing Member | <input type="checkbox"/> \$45 Individual |
| <input type="checkbox"/> \$10 Newsletter Only | | <input type="checkbox"/> \$30 Student/Senior |

Return this form to:

C. G. Jung Society, Seattle, 4649 Sunnyside Avenue North, Room 222, Seattle WA 98103.

Telephone (206) 547-3956, Fax (206) 547-7746

www.jungseattle.org

Portals to Psyche: Jungian Trends in the Northwest

March 13, 2004

An all-day participatory conference celebrating
30 years of Jungian thought and practice in the Northwest

9:30 A.M. – 5:30 P.M.

Check in at 9:00 A.M.

Exhibits of art with Jungian themes by local artists

Keynote speaker is Terrill Gibson with Northwest panelists
representing Education, Spirituality, Psychotherapies,
Ecopsychology, Global Issues, the Workplace, and the Arts.

Panelists and Artists Include:

Robert Carlson, Margaret Carpenter, Cordy Fergus, Ginger Grant,
Debra Harvey, Ladson Hinton, Dennis Joram, Randy Morris, Shierry Nichol森,
Kenji Tachibana, Kat Taylor, and John R. Van Eenwyk.

Evening performance by Michael Meade

Co-sponsored by Mosaic, Seattle Art Museum and
C.G. Jung Society, Seattle

Culture, Conflict, and Change: Native Spirit and Jungian Ideas

7:30 P.M. – 9:30 P.M.

Conference and Evening Performance will be at the
Seattle Art Museum (SAM) Plestcheef Auditorium Performance Hall

SAM Ticket Office (206) 654-3121

Conference*: \$70 by Feb. 28 \$85 after Feb. 28

Meade Evening Performance: \$15 (\$12 for SAM Members)

*To qualify for a Jung Society member discount, members must register for the conference
through the Jung Society (as SAM cannot verify Jung Society membership)
\$60 by Feb 28 \$70 after Feb 28 and at the door

C. G. Jung Society, Seattle

4649 Sunnyside Avenue North, Room 222

Seattle, WA 98103

(206) 547-3956

www.jungseattle.org



INSIDE PAGES

Winter 2004

Member-to-Member Supplement

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February 5, 2004 deadline
for contributions to the
Spring 2004 Newsletter.

In this issue of *Inside Pages* you will find interviews with our January and February speakers. If you have a special interest in Jungian psychology and the arts, do not miss Karlyn Ward's lecture and workshop on January 9th and 10th. Karlyn Ward does presentations nationally and internationally which integrate archetypal psychology, music, and the visual arts. Robert Sardello and Cheryl Sanders will be making their first visit to the Jung Society of Seattle on February 13th & 14th. As you read Robert Sardello's account of how he entered the world of Jungian psychology from his background as a university professor of Phenomenology, you will discover some interesting connections between some very interesting people!

A new volume of *Inside Pages In-Depth* is now online at <http://www.jungseattle.org/insideindepth.html>. The theme for Volume 2 is *Archetypal Psychology and the Arts*. At this site you will find the first contribution to this volume, a review of the play *Howard Katz*, sent to us from Sydney, Australia. Volume I which focused on the theme of *Terror* can still be viewed at this site as well. If you have attended the theatre, the opera, a dance performance, an art exhibit, or a movie, and you have noticed archetypal themes in the work that are particularly meaningful to you, consider writing a personal essay, a review, or perhaps a creative writing piece of your own. Reviews of books are also especially welcome.

Visit the site on-line for details about submission guidelines or contact Connie Eichenlaub at connicei@u.washington.edu.

Thanks to our dedicated webmaster, David Steinmetz, for making the Society's website beautiful and functional. Did you know that an average of 19 people per day access the Seattle Jung Society's website? If you know of any individuals who would be interested in attending workshops, lectures, the March 13th conference, or the Society's monthly reading group, try forwarding monthly e-mail announcements to inform and to encourage others to attend. If you are not getting monthly e-mail notices about lectures and workshops and would like to, contact the office at jungseattle@netzero.com or the webmaster directly at webmaster@jungseattle.org.

—Connie Eichenlaub, Program Planner

Karbyn Ward

Speaker

Interview

January 9 Lecture:
Anchored in the Heart—
Redeeming the Dark
Feminine

January 10 Workshop:
Anchored in the Heart—
Continuing to Find the
Meaning of the Dark Fem-
inine through Image, Story
and Music

Complete event details are
included in the newsletter
and at www.jungseattle.org

DreamTending

Retreat with

Steve Aizenstat

Agenda for Jane

Neubauer

Workshop

What experience introduced you to Jung in a way that changed your worldview?

At a crisis point in my life, a friend introduced me to Jung's thought. Shortly thereafter, synchronistically, an opportunity arose to become a member of a Centerpoint group. With the introductory content of that first meeting, I felt I had finally "come home." I began to pay attention to my dreams, and soon learned that there was much more to life than I had known. There was the inner world, waiting to be discovered. It changed, and perhaps even saved my life.

In what way(s) do you think your orientation to Jung's psychology (in terms of how it has evolved in your personal development and work) is changing the world?

For over 3000 years the world has been dominated by the negative, aggressive aspect of the masculine principle. When any one pole of an archetypal energy dominates, the opposite lives and builds in the psyche. Today we are seeing an amazing emergence of the feminine principle, which Jung predicted for our time. I think and hope that, with my work on both music and the feminine, in whatever small way, we are joining with others in holding the opposite of the dominating principle—toward a time when a critical mass may at least bring balance to the world.



Steve Aizenstat was delighted to spend time tending dreams with the Seattle Jung Society in November, and he invites you to join him at his annual Winter Wilderness Montana DreamTending Retreat, January 17–21, 2004. This is a wonderful opportunity to tend dreams around the fireside while enjoying the majestic scenery at a guest ranch in the heart of Yellowstone country. For more information, please contact Dorinda Carr, DreamTending Administrator, or visit Steve's website to read the description located at: <http://www.dreamtending.com/retreat.html>.



Session 1: Key events in the life journey/celebrating successes.
Create a fairytale picture book of your life story and celebrate successes (model demonstrated by Lee Roloff in the Fairytale Series)

Session 2: Doing my job at the moment?
Explore persona, values, and success at work and discuss 'working with the tension of the opposites'

Session 3: The individuation journey—an assessment.
Body, soul, shadow, and play lead to creativity
Jungian typology implications for midlife work

Session 4: Dreams and Plans for the future.
Create a Mandala with consideration for culture and values
Begin exploring eldering and what you might leave as a legacy

What experience introduced you to Jung in a way that changed your worldview? This can include your introduction to archetypes, gods/goddesses, synchronicity, dream interpretation, individuation, crisis, numinosity, the collective unconscious, alchemy, myths, etc.

In about 1973, I was teaching phenomenological psychology at the University of Dallas. I went with a group of students to Greece as part of the University's regular program for students. On that trip I saw the wonders of the Greek gods and goddesses, the Parthenon, Olympia, the Temple of Apollo at Delphi. There were presences there. In that extraordinary light, there is still a sense of the livingness of the gods. I came home changed as I knew psychology must take these realities into account. I began teaching myth in psychology courses, and writing inner experiences. I felt I must be going mad. Then, quite by accident, I read James Hillman's work, *Pan and the Nightmare*, and I felt that I was not completely mad. This set me to reading all of Hillman, and then Jung.

I invited James Hillman to come and teach a seminar at the university. He did. Then, through the efforts of two people at the university who were deeply involved with the work of Jung, Dr. Gail Thomas and Dr. Joanne Stroud, we were able to invite James to come to teach at the university full time. He did. Later, he, along with Dr. Donald Cowan and Dr. Louise Cowan, founded the Dallas Institute of Humanities and Culture. For five years, this group, along with Thomas Moore, who then lived in Dallas, worked together to develop depth psychology in the direction of a concern for the outer world. After ten years of work with the Dallas Institute, Cheryl Sanders and I began the School of Spiritual Psychology, which is now in its eleventh year of operation.

In what way(s) do you think your orientation to Jung's psychology (in terms of how it has evolved in your personal development and work) is changing the world?

I am now at a stage of realizing the pretentiousness of thinking that the World, the Collective, can be transformed. At best, we can be witnesses to the soul, the individual soul and the Soul of the World, and realize how crucial this act of witnessing is. The soul is constantly under attack in the present culture, attacks ranging from simply ignoring the reality to using the word soul without the least sense of what it means, to trivialization, and it now would take very little for soul experience to be completely lost. Once it is lost, forgotten, it will be gone forever. Our charge, as I see it, is to try and assure this never happens. Then, a second aspect, also modest in intent, is the encouraging of communities of soul of every sort, with small but strong links among such communities. The many Jung groups in this country could foster these invisible communities. They need to be on-the-edge, developing new imaginings of the world, rooted in tradition, and to be free of dogmatism and competitiveness.

Robert Sardello Speaker Interview

February 13 Lecture:
Spiritual Psychology of the
Broken Heart

**February 14 Workshop
with Cheryl Sanders:**
Entering the Silence of the
Heart—Practices for Devel-
oping the Power of Interior-
ity

Directions to Trinity Parish
Episcopal Church and
other event details are
included in the newsletter
and at www.jungseattle.org

We must be able to let things happen in the psyche. For us, this is an art of which most people know nothing. Consciousness is forever interfering, helping, correcting, and negating, never leaving the psychic processes to grow in peace. It would be simple enough, if only simplicity were not the most difficult of all things. —C.G. Jung
Commentary in *The Secret of the Golden Flower*

NPLAP Analyst Education Program

www.jungseattle.org

Takes you to:

- C.G. Jung Society, Seattle
- North Pacific Institute for Analytical Psychology (NPIAP)
- Jungian Psychotherapists Association (JPA)

Nobody can fall so low unless he has a great depth. If such a thing can happen to a man, it challenges his best and highest on the other side; that is to say, this depth corresponds to a potential height, and the blackest darkness to a hidden light. —C.G. Jung

**Applications are now being accepted for the Fall Quarter, 2004
Deadline for receipt of all application materials is May 1, 2004**

The aim of the Analytic Training Program is to prepare qualified persons to become certified Jungian analysts. The Institute does not grant degrees or the legal right to practice psychotherapy or psychoanalysis. Applicants must agree not to designate themselves Jungian analysts until they are accepted as members of the IAAP. (Membership in a local Professional Association or Society of Jungian Analysts automatically confers IAAP membership.)

The North Pacific Institute for Analytical Psychology is a non-profit educational corporation. Located in Seattle, the organization is accredited by the International Association for Analytical Psychology. Their shared commitment is to foster education and research in the ideas of C.G. Jung and the general field of Analytical Psychology.

Applicants must:

1. Be at least 30 years old.
2. Have completed at least 150 hours of personal analysis with a Jungian analyst who is a member of the IAAP.
3. Have been a legal resident of Washington, Oregon, or British Columbia for at least one year prior to application. Has to be certified to practice psychotherapy at the time of application. He/she should have worked at least three years in the area of professional training, with a minimum of 1500 hours of supervised clinical experience.
4. Possess a legal license to practice psychotherapy in the geographic area of professional practice. Certification is required for counselors practicing in Washington. A masters degree in a clinical discipline or in pastoral counseling is a minimal requirement for all applications.
5. Show proof of Professional Liability Insurance in the minimal amount of \$1,000,000/\$3,000,000. Such coverage must be maintained throughout training.

Tuition and Application Fees:

Annual tuition for the Analyst Education Program is \$3,450, to be paid in three installments of \$1,150 during the year at the start of each quarter. Tuition does not include fees for exams or additional all-day/week-end seminars.

The initial application fee is \$150. For those applicants who are accepted, there will be an additional fee of \$450 for the 90-minute committee interview that will be held in mid-June.

For application materials contact:

Patricia Warming, Chair/Admissions Committee
(206) 283-8204 p.warming@comcast.net

Program Notes

The Seattle Jung Society's 30th Anniversary brings to the membership an opportunity to recognize the contributions of the many individuals over the years who have presented inspiring programs and those who have sustained the organization with their volunteer work. During this time the Society has served a broad audience. If you would like to meet old friends, talk about the importance of Jungian Psychology in your own life and work, and hear from others whose Jungian orientation deeply affects their work and lives, please plan on attending the participatory conference on March 13th, 2004 at the Seattle Art Museum: Portals to Psyche: Jungian Trends in the Northwest.

This is an all-day conference with an evening performance by storyteller Michael Meade co-sponsored by the Seattle Art Museum and Mosaic Multicultural Foundation, so mark your calendars now. The Seattle Art Museum is providing a space for local artists to exhibit work associated with the conference theme, and there will be a book table of publications by panelists. Conference registration includes admission to the SAM's exhibit halls, so your day can be spent in the company of wonderful people, meaningful conversation, and artists speaking through their work.

—Connie Eichenlaub, Program Chair

Membership

We have 39 new members that we warmly welcome:

Mara Applebaum	Claudette Granahan	Linda Jones and	Carol Poole
Tracy Bell	Susan Grant	Gary Parks	John Prospal and
James Bruck	Neil Gray	Dianne Juhl	Christine Kaiser
Peter Caliandro	Barbara Grote	Greg Kirchner	Vanessa Reeves
George Callan	Debra Harvey	Frank Langer	Sonja Sackman
Jewel Clearwater	Karen Holt	Elaine Lisko	Linda Sewright
Katherine Coplan	Laura Sue Hoover	Jane Myers-Bowen	Cynthia Stentz
Anna Ford	Caylin (Cally)	Lauren Naismith	Larry Strege
Lynn Fuller	Huttar	Jeanine O'Connell	Katie Teague
Mary Geary	Fredda Jaffe	Alexandri Onno	Patricia Tyllia

In the same period Dr. Lee Roloff renewed at the Sustaining level, which we greatly appreciate, and we honor his priceless contributions through the classes on Fairy Tales.

We appreciate the ongoing support of the following 38 renewing members:

Elaine Anderson	Stephanie Gierman	Gordon Keating	Barbara Rona
Ardai Baharmast	Kathleen Gimbrere	Charles Ludwig	David and Char
Genevieve Beach	Sharon Green	Afia Menke	Slotnick
Brenda Boardman	Nancy Haft	Ginny Mines	Carol Lee Smith
Louise Bode	Barbara Heather	Paul O'Donnell and	Franklin Walker
April Conrad	Darlene and Ladson	Susan Hutton	Tom Wilkenson
Connie Cook	Hinton	Bev Osband and	Elaine Willey
Randy Dixon	Michael Horne	Eberhard Riedel	Suzan Wilson
Ann Fagan	David Hufford	Laura Pierson	
Eileen Fitzpatrick	Carolyn Johnston	Ralph Quillman	

Board of Directors

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Secretary

Lynn Davis Fox
Community
Outreach

Vacant
Newsletter Editor

Vacant
Publicity

Vacant
Events Coordinator

C. G. Jung Society, Seattle Pre-registration for Winter 2004

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103. Questions? Call the Jung Society office, (206) 547-3956.

Please check each event for specific fees, times, locations and whether CEU's are available.

I enclose \$ _____ (check or credit card) for pre-registration for the following:

Payment must accompany your pre-registration. No refunds.

- | | | | |
|--------------------------|--|-------------|---|
| <input type="checkbox"/> | Karlyn Ward, Ph.D. | January 10 | Anchored in the Heart—Dark Feminine through Image, Story, and Music |
| <input type="checkbox"/> | Robert Sardello, Ph.D.
and Cheryl Sanders, M.S. | February 14 | Entering the Silence of the Heart—Practices for Developing the Power of Interiority |
| <input type="checkbox"/> | Jungian Trends in the NW | March 13 | All-day Participatory Conference |
| <input type="checkbox"/> | Jane Neubauer, RN, MSN | 4 sessions | Individuation Journey through Active Imagination |

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