



C. G. JUNG SOCIETY • SEATTLE

SPRING 2000

NEWSLETTER

The whole dreamwork is essentially subjective, and a dream is a theatre in which the dreamer is himself the scene, the player, the prompter, the producer, the author, the public, and the critic.

— C.G. Jung, *The Structure and Dynamic of the Psyche*, Collected Works volume 8, para. 509

Peter Elting, Ph.D.

Lecture: Dreams and Their Enactment

Dreams can be dark or bright, synchronous, meaningful, and/or prophetic. We can put many words to this wondrous and mysterious language of the unconscious. Jung said the dream is “a hidden door in the innermost and most secret recesses of our soul.” Often we have to use many different keys to unlock this door. In this lecture, Dr. Elting will discuss the tenets of Jungian dream-work, with a specific focus on active imagination and J. L. Moreno’s theories of *psychodrama* and *enactment*. Through enactment, emotions often surface more readily than in the usual associative process of psychotherapy. Enactment increases our understanding of the dream drama. As we increase our capacity for creative spontaneity, complexes and shadow move more into the authentic here and now.



Workshop: Jungian Dream Enactment

Participants will have the opportunity to enact their dreams or life situations from family, work, and childhood. Through protagonist-centered enactment we will explore our inner theater of complexes as they appear as dream symbols. We will proceed with respect and playfulness as we uncover hidden dimensions of our dreams through play. In the safety of the group container, the process of creative enactment will enable participants to gain a deepened awareness of their psychic reality. Bring your open mind and the desire to add a new dimension to your life.

Peter H. Elting, Ph.D., is a certified Jungian psychoanalyst. After an extended career in business, he completed his training at the C. G. Jung Institute and the Institute for Psychodrama in Zurich. In his practice he focuses on life transitions and dream enactment. Dr. Elting is a member of the North Pacific Institute for Analytical Psychology, the Inter-Regional Society of Jungian Analysts, the International Association for Analytical Psychology, and the American Society of Group Psychotherapy and Psychodrama.

April 14 & 15

Friday Lecture

7:30 to 9:30 PM

**Good Shepherd
Center, Room 202**

Fees:

\$10 members

\$15 non-members

Saturday Workshop

10:00 AM - 2:30 PM

**Good Shepherd
Center, Room 202**

Fees:

\$30 members

\$40 non-members

**\$25 student/senior
members**

**\$35 student/senior
non-members**

May 12 & 13

Friday Lecture

7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:

\$10 members
\$15 non-members

Saturday Workshop

10:00 AM - 2:30 PM
Good Shepherd
Center, Room 202

Fees:

\$30 members
\$40 non-members
\$25 student/senior
members
\$35 student/senior
non-members

March 17, 24 &
31, 2000

Friday Seminars

7:00 to 9:00 PM
Good Shepard
Center, Jung Society
Library

Space is limited

Fees:

\$50 for the series
with preregistration,
or \$65 on March 17

Linda Leonard, Ph.D.

Lecture: The Call to Create

The call to create explores the hopes, visions, and wisdom that fosters a rich interior life and promotes creativity. It examines the insecurities, doubts, and obstacles that sabotage our efforts to create and change our lives. We will look at archetypal characters in the psyche that help or hinder creativity and transformation, see how to identify them, and channel their energies toward personal growth. Stages of the creative process, and the parallels between nature and creative transformation, offer a helpful model for the challenges of creative life. This material comes from Dr. Leonard's new book (due in bookstores in April 2000) called *The Call to Create: Celebrating Acts of Imagination*.



Workshop: The Call to Create

Workshop participants will be invited to share dreams, images, and experiences relating to the creative process. We will look at ways in which these inner characters can be addressed in therapy and everyday life.

Linda Leonard, Ph.D., is a Jungian analyst trained in Zurich, who has been in practice for thirty years. She is the author of several best-selling books: *The Wounded Woman*, *On the Way to the Wedding*, *Witness to the Fire*, *Meeting the Madwoman*, *Creation's Heartbeat*, and her newest work, *The Call to Create*. Her books have been published in twelve languages. Dr. Leonard is a founding member and training analyst of the Inter-Regional Society of Jungian Analysts, a member of the San Francisco Jung Institute, and practices in Aspen, Colorado. Currently she gives lectures and workshops worldwide.

Kimbrough Besheer, M.Div.

Dream Seminar: Dreams and Their Metamorphosis

Registration is limited to 15 students. The overall goal of these small-group sessions will be to find a perspective for dreams and explore some ways that dreams catalyze personal change and are changed in the process. Dreams are often mysteries and interpretation is a challenge. Because of their seemingly timeless nature, they may point in many directions at once: inward, outward, past, present, future, toward the individual or towards the relationship. Using some examples from literature and dreams of participants, we will consider different ways in which a dream, in itself, can be transformed by our perspective and can also in series go through a metamorphosis over time.

Kimbrough Besheer, M.Div., is a Jungian analyst and psychotherapist in private practice on Mercer Island (Seattle), trained at the Jung Institute in Zurich. Currently he is president of the North Pacific Institute for Analytical Psychology. In January of this year he presented a lecture and workshop on *Dreams and Synchronicity*.

Annual Membership Meeting: BBQ & Fun

At the annual meeting of the membership we will elect next year's board. Come enjoy a good barbecue and some good company on June 10th at the picnic area behind the Good Shepherd Center, from 3:00 to 6:00 in the afternoon. Darlene Hinton has again graciously agreed to conduct a fund-raising auction. The proceeds will benefit both the Society and the Kate Millard Memorial Fund. Kate was a highly respected analyst whose aunt, Mary Irby, set up the fund. The fund is intended to contribute to the education of the whole Jungian community, including Society members and professional counselors. It has been used in part to acquire important and substantial works for the Library.

Please take a moment to think of any contributions you can make for the auction, and let Darlene know at (206) 324-0957. A book sale will also be part of the festivities, and used book contributions are welcome as well. Leave books outside the Society Office, drop them into the book slot in the door across from ours, or bring your books to one of the Society's spring events. You can also call the office with a message requesting a donation pick-up.

President's Message

At the December meeting, we elected candidates Debra and Kenji Tachibana to the board position of newsletter editor. Welcome and thank you, Kenji and Debra.

Next year's programs are beginning to fill in the schedule. In the coming season we have decided to work without a theme, thus freeing our speakers to share their own particular interests and thinking. Hold the dates September 15-16 open on your calendar for the first event, to be announced at the annual meeting. Peter Elting has arranged for John Granrose, Director of Education in Zurich, to be with us in October. David Hufford has agreed to talk on *The Alchemy of Desire* in November, and in December Sheila Zarrow will share her experience of using dreams to help discover a brain tumor. Tom Kirsch will return next February to present a history of Jungian psychology. Many other interesting speakers are under consideration.

Michael Horne's three-session course on *Dreams and the Transcendent Process* was oversubscribed, and it seems to indicate that there is a lot of interest in classes like this. We will continue to develop more for next season. Please note the announcement (see left) of another course about *Dreams and Their Metamorphosis* being offered by Kimbrough Besheer in March.

Finally, here is a good news / bad news item. The good news is that three more bookcase sections are finished and ready for library installation. The bad news is that we have been denied, for the second time in six months, an opportunity to lease a larger space at the Good Shepherd Center in which to install them. The Center is ideal for low rents, convenience, and atmosphere, but if anyone can suggest a comparable site with more space, we would love to hear about it.

—John Krausser, President

Driving Directions

... to the Good Shepherd Center

4649 Sunnyside Avenue North

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th onto Sunnyside Avenue North and travel to the Center on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Follow entry drive left to the parking lot south of the building. Enter the building at the main entrance.

Library Hours

Fridays 6:45 PM
Prior to lectures

Saturdays
12:30 PM - 3:00 PM

Mondays
11:00 AM - 5:00 PM

Closed holidays

Books may be returned to the book drop across the hall from our library any time. The Good Shepard Center is open, M-F, 8:00 AM - 10:00 PM, Saturday 9:00 AM - 5:00 PM.

Board of Directors

John Krausser,
President,
Membership

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Vice President

Barbara Vicent,
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Connie Eichenlaub,
Secretary

Diane Bogue,
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Linda Sheaffer,
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Kenji & Debra
Tachibana,
Newsletter

Advisor to the Board

Peter Elting,
Programs

Library News

Fall seems a long way off with spring not yet here. Nonetheless, I am asking for input regarding library hours for the 2000-2001 season. In 1999, the library was open a total of 311 hours. About 95% of these hours occurred on Mondays throughout the year. I can attest to the fact that for 90% of the Monday open hours there are no library patrons. (Monday is the day I put in most of my volunteer hours.) Further, Saturday hours are often staffed for no library patrons. The vast majority of patronage occurs on the weekends when there are Friday night lectures and Saturday workshops, that is, about one weekend a month.

I do not have much in the way of information on how other Jungian societies run their libraries except for the Portland group. That group opens their library only during scheduled events. I do know that societies in areas where there are Jungian training centers have access to libraries on a more daily basis, but that is because of the training centers associated with them. In these cases the library is operated on a more professional level with paid staff. Some of these libraries are even members of professional library associations.

I am committed to keeping the library open 5-6 hours, one day per week, and selected Monday only because the monthly board meeting occurs on Mondays (I am a board member). I am willing to open the library on a weekday other than Monday (excepting the day on which board meetings occur). Here is what I want to know from our membership: (1) Is a day other than Monday better and if so what day? (2) What additional hours would seem appropriate? Some thought has been given to opening during the one evening per week—say from 5:00-8:00 p.m. For those of you who have thought about volunteering but have not liked the Saturday commitment, please give this special thought: (3) On what day and what time of the day would you be willing to volunteer? (4) Also, what about summer hours? We try to stay open at least a few hours during July and August, but as always we are dependent on volunteers.

Due to circumstances beyond our control and because of low patronage, I have been reluctant to staff the library on Saturdays except during scheduled events. However, if Saturday seems better and if we can get volunteers, I am willing to resume the Saturday hours. I do want input from the membership. Please either call the Society Office & Library on Mondays (11:00 a.m.–5:00 p.m.) or at any other time and leave a message. You can also fax a message. The society phone numbers are located elsewhere in this newsletter; or e-mail us at Librarian@Jungseattle.org.

The library itself has regained some order and we have three new bookcases arriving soon that will give us some additional shelving. Our journals are slowly being entered into a computer database. I am designing fields appropriate to each journal, but generally the two major fields are: titles of individual articles, and authors. For *The Journal of Analytical Psychology*, I am also including subsets of book reviews and other journal articles, with authors. We eventually will have a print-out as well as instructions on how to search the database itself on the computer. Bunny Brown has devoted time to removing and storing extra copies of titles so

that we can shelve as many different titles as possible. We continue to add new titles appropriate to event speakers and to receive donations. Needless to say, we are bursting at the seams. When you cannot find that Jungian book or books linked to the Jungian paradigm, remember your Society Library. It is a rich resource.

—Linda Sheaffer, Librarian

Grantsmanship Anyone ?

As we continue to consider the alternatives for expanding the Society and its programs, many possibilities are suggested. For some of them the issue of funding becomes critical, and this leads to the idea of searching for grants. A few board members are willing to work on this, but their time and experience are fairly limited. If anyone you know has some knowledge or experience in applying for grants, and would be interested in sharing some of that with the Jung Society, please have them contact Lucretia Devine (206) 818-8445 or (253) 851-5023, or else leave a message at the Society Office, (206) 547-3956.

Membership

Dr. Micky R. Riggs of Bellevue has joined us at the Sustaining level. Thank you Micky, and welcome to our Society. Sixteen new members have joined us since last November, and we offer a sincere welcome to:

Linda Berthy	Margaret Magwire
Clifflyn Bromling	Gary McKinson
Greg Burns	Susan Olds & Scott Risner
Kathy Caldwell	Janet Poggi
Betty Davisson	Micky R. Riggs
Susan Everett	Elisa Romeo
Barbara George	Betty Wason
Joan Loeken	Nancy Wright

Renewing Members

In the same period twenty-five members have renewed and we are happy to have them continue to share with us. Best wishes to:

Sydney Baggs	Charles Ludwig
Kimbrough Besheer	Robin Muench
Louise Bode	& Karin Helmich
Nancy Brodders	Bev Osband
Erwin Buske	& Eberhard Riedle
Karen Campbell	Bonita Quiroz-Cantu
Randy Dixon	Mary Romeo
Betty Eldridge	Janet Ross
Larry & Diane Fenneman	Barbara Schugt
Raelene Gold	Cathie Simpson
Gretchen Hegeman	Wendy Swan
Jim Husky	Nancy Trottnner
Robert Keeler	Jaylyn White
Sonia Kim	

I would like to: become a member of renew my membership in the C.G. Jung Society, Seattle.
Enclosed are my dues at the level indicated:

- | | |
|---|-------|
| <input type="checkbox"/> Sustaining Member | \$250 |
| <input type="checkbox"/> Contributing Member | 90 |
| <input type="checkbox"/> Standard - Individual | 40 |
| <input type="checkbox"/> Standard - Couple | 65 |
| <input type="checkbox"/> Standard - Student/Senior | 25 |
| <input type="checkbox"/> Newsletter subscription only | 8 |

Name _____

Address _____

City, State, Zip _____

Phone _____

e-mail _____

I'd like to help with Society activities. Please contact me regarding volunteer activities for (check all that apply):

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> Newsletter/graphic design | <input type="checkbox"/> Fundraising |
| <input type="checkbox"/> Programs | <input type="checkbox"/> Hospitality |
| <input type="checkbox"/> Publicity | <input type="checkbox"/> Library |
| <input type="checkbox"/> Treasury/bookeeping | <input type="checkbox"/> Membership |

C.G. Jung Society, Seattle

4649 Sunnyside Avenue North, Room 345
Seattle, WA 98103

Phone (206) 547-3956 • Fax (206) 547-7746

Visit us on the web at [http:// www.jungseattle.org](http://www.jungseattle.org)

'Fold-over Poems' Stepping Lightly to Sonnethood

An exercise given in Daniel Lindley's workshop, *The Making of Poetry and the Experience of Dreams*,
February 12, 2000

Recipe: Write down a famous opening line. Write another line to rhyme with it. Fold the paper over the first line. Pass to someone else, who does the same. Keep folding over and passing along throughout the group until sonnet length. Then read and enjoy the unfolding themes. *Here are thirteen that floated along through our group.*

I

Whose woods these are I think I know—
Past thinking, trees bend black below.
In the forests of the mind the soul's winds do blow;
From the fountains out of time the hidden waters flow.
From the ego into space I go and glow,
And as I glow I learn to grow—
There is a time to reap and a time to sow,
A time to linger and a time to go.
—Linger, wonder, never know?
Leave aside your way of woe,
There's nothing to do now but go with the flow.
I'd love to flow where I can go.

II

Whose woods these are I think I know—
In bed to sleep I now would go.
How far I'll go I do not know—
Guidance will come from the inky black crow.
They flap their wings neatly in a row.
We need life like we knead dough.
We need love to make it so.
Instead, we run away to Stowe
Vermont... only rocks and hay to mow.
But in the greenhouse fragile roses grow;
"Water them with love and care," I say to Flo.
The time is up, it's time to go,
But I'll always remember this grand show.

III

Whose woods these are I think I know—
I'm walking alone without a foe.
Sunlight slanting, fading slow—
Oh western wind, when will Thy blow?
I think it be, tell me it's so,
Far from cold thought that I'm so slow.
Through interstices of heart winds of soul do blow
And bending with the trees, fill the cracks with snow—
Snow falling slow, so slow, slow, slow,
More softly than I could ever know.
Your thoughts descend from high to low.
Pass this paper —round "we" go—
Hi-Di, Hi-Di, Ho.

IV

Whose woods these are I think I know—
I think I do not want to go.
Sometimes, though, the wind will blow
And I will follow as I know,
For the road turns me so
As seams around a waistcoat sew.
I am left adrift, no way to row.
Something inside me says, "let me go slow"
Upside down, falling in the snow,
Going, going, on a roll.
Could be funny, could be droll
Wish I were sitting on a tiny knoll.

V

Whose woods these are I think I know—
And deep they are in purple snow,
Around each tree a shallow furrow.
I stand late in this burrow
Like a brown bunny in white snow.
There are minney brown snow bunnys
Reading the little Sunday funnies,
Taking moon-ease, giving sun-ease.
Please, I beg of you do not tease.
My tears will flow, you won't have peace,
Thundering tidal waves are the least.
Conceit, conceit, conceit—how blessed!
And with this, one can bellow.

VI

Whose woods these are I think I know—
For the spirit here delights me so.
Three black crows before me go
As I lay deep within the snow.
I want so much to be carried along with the flow—
I miss the flow in the snow.
Come on, God, get on with the show,
Are you a friend, or are you a foe?
This is a question you will never know,
But please don't think of it as a final blow.

VII

Whose woods these are I think I know—
 The forest is understood, may I show,
 We see it's covered all in snow.
 How cold, how cold, how can I grow?
 How old, how old, until I know?
 How many more seeds do I have to sow,
 Nestling them in that cool damp darkness below?
 The worst Hell lives inside, not below,
 But can rise above—a rainbow?
 Bow down so low, soft winds can blow;
 Midst liquefaction of her clothes Sweet Julia now doth go,
 Ophelia with tiny stitches now her gown doth sew.

VIII

Whose woods these are I think I know—
 In the woods you must go, oh so slow.
 We're on our way to see our 'Mo'.
 These mountains new are all too low.
 I glide down the river enjoying the flow,
 Adventure and excitement, this much I know,
 Fresh air, cool rain on my tongue, let myself go.
 Our lives are hopeless and endlessly fallow.
 To sense it so makes us shallow.
 Troughs filled with hard white tallow
 Congeal the spirit which doesn't flow.

IX

Whose woods these are I think I know—
 What glories, days play to this show.
 The funny thing is, I am not even sure I know,
 It takes a mirror to show. I know
 You stand before the Tao and flow.
 Round and round, high and low,
 Far and wide, inward we go.
 And deeply we venture, both high and low,
 Music of faeries piping around dole.
 "All our ducks in a row," why not bellow?
 The answer is simple, "because they are yellow!"
 Bright leaves leave trails in trailing snow.

X

Whose woods these are I think I know—
 I pray to the gods that they will make snow.
 Twilight around it makes quite a show.
 Red fades to purple, then indigo.
 The river of time continues its flow,
 And continues on through wood and the ox-bow.
 Bend in the river, birches grow;
 Wind, bird in branch, both do flow.

Wild imagining filling pages blow by blow,
 And driving into the world below
 On a Harley Davidson that won't go slow.
 I hang-on tight and say, "Let's go!"

XI

Whose woods these are I think I know—
 They look pretty filled with snow,
 And here I am, far below
 Climbing from this deep meadow, long and slow.
 Leaves above and moss below,
 Into this wilderness I must go
 Not showing my face, just moving oh, so slow.
 What a show—
 Let it snow, let it snow. Let it go
 Row the boat, row and row,
 Sinking into darkness before the final blow
 But soon the gift of love will bring out a glow

XII

Whose woods these are I think I know—
 My soul is magnified in this world below;
 But in the ragged weeds, the snow,
 The walk-about progress, yet slow—
 The think-about progress—do we know?
 Relax, and then ideas will flow;
 Some will be high, and some will be low.
 I question this journey, "Should I stay"
 or "Should I go?"
 Each ounce a finger pounds one toe.
 The heart registers a stinging blow—
 Immediately I know, this is not where I want to go.
 I'll stop now, no need for the show.
 We'll carry on albeit slow—
 Crawling, walking, still to grow.

XIII

Whose woods these are I think I know—
 Covered deep in silent snow.
 The cows make a sound that is low
 But does it blend with the black crow?
 Trailing long skirts of virgin snow
 The queenly monarch in silent steps doth go.
 Along the fallen wall the farmer plies his hoe
 While the willow's bending to and fro
 Beside the river's gentle flow.
 I let my rubber ducky go
 And set it free amongst the flow
 And then the birds sing "Acres Grow"
 So kiss me once, as the cattle low,
 We must say good-bye... don't say "no."

C. G. Jung Society, Seattle
Pre-registration for Spring 2000 Workshops

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 345 Seattle, WA 98103. Questions? Call the Jung Society office, (206) 547-3956.

Workshop Fees: \$30 for Society members / \$40 for non-members
\$25 for student/senior members / \$35 for student/senior non-members

I enclose \$ _____ (check or credit card) for pre-registration for the following:

Payment must accompany your pre-registration. No refunds.

- | | | | |
|--------------------------|---------------------------|-------------------|--|
| <input type="checkbox"/> | Kimbrough Besheer, M.Div. | March 17, 24 & 31 | Dream Seminars: Dreams and Their Metamorphosis
See page 2 sidebar for payment information. |
| <input type="checkbox"/> | Peter Elting, Ph.D. | April 15 workshop | Jungian Dream Enactment |
| <input type="checkbox"/> | Linda Leonard, Ph.D. | May 13 workshop | The Call to Create |

Charge my VISA MC Number _____ Exp. Date _____

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Feel free to copy this form, if you prefer not to cut this newsletter.



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