



C. G. JUNG SOCIETY • SEATTLE

WINTER 2000

NEWSLETTER

Theme: DREAMS

In sleep, fantasy takes the form of dreams. But in waking life, too, we continue to dream beneath the threshold of consciousness, especially when under the influence of repressed or other unconscious complexes. ...

A dream that is not understood remains a mere occurrence; understood, it becomes a living experience.

—C.G. Jung, *The Practice of Psychotherapy*,
Collected Works vol. 16, paragraphs 125, 252

Kimbrough A. Besheer, M.Div.

Lecture: Dreams and Synchronicity

There are times in life when dreams offer uncanny messages—they are, in Jung's idea, "meaningful coincidences." A common example is a dream that acts as a messenger announcing someone's death; a message that turns out to reveal something unforeseen but true. There are other kinds of dreams of this sort that seem to act as "angels" (Greek *angelos*: messenger)—warning, announcing, confirming, predicting.

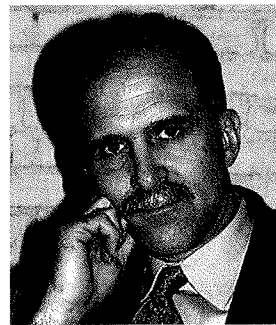
The great challenge in dealing with synchronicity and dreams is discerning their meaning when their message is not self-evident. Discernment, interpretation and "containing" this kind of experience has a wide range of history, from what we know of the Delphic oracles and the Biblical portrayal of dreams, to the instances of synchronicity within the analytical container.

This lecture will explore the concept of synchronicity from different perspectives (quantum physics, religious tradition, psychoanalysis) and offer examples of synchronicity in the dreams of individuals and groups. It will also offer, from clinical experience, reflections upon the curious phenomena of "doubling images".

Workshop

Saturday's workshop will offer an opportunity to take a deeper look at synchronicity and dreams.

Kimbrough A. Besheer, M.Div., is the current President of the North Pacific Institute for Analytical Psychology. He is a Jungian analyst in private practice on Mercer Island.



Jan. 14 & 15

Friday Lecture

7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:

\$10 members
\$15 non-members

Saturday
Workshop

10:00 AM - 2:30 PM
Good Shepherd
Center, Room 202

Fees:

\$30 members
\$40 non-members
\$25 student/senior
members
\$35 student/senior
non-members

Feb. 10 & 11

Friday Lecture

**7:30 to 9:30 PM
Good Shepherd
Center, Room 202**

Fees:

**\$10 members
\$15 non-members**

**Saturday
Workshop**

**10:30 AM - 2:30 PM
Good Shepherd
Center, Room 202**

Fees:

**\$30 members
\$40 non-members
\$25 student/senior
members
\$35 student/senior
non-members**

Mar. 10 & 11

Friday Lecture

**7:30 to 9:30 PM
Bloedel Hall at St.
Mark's Cathedral**

Fees:

**\$10 members
\$15 non-members**

Daniel A. Lindley, Ph.D.

Lecture: Psyche as Poet

In our dreams we continually create our own imaginal world. Thus dreaming is an analogue of what poets do in the creation of their works. We experience our dreams as a child experiences the real world: as a continual surprise, an ongoing discovery. Poets experience the world in this way too. Using poems and images, this lecture links dreaming with discovery, and therefore with the making of art.

Workshop: The Making of Poetry and the Experience of Dreams

In dreaming, we create our own imaginal world, night after night. This workshop explores this process of creation and its connection with what the poet does in the making of a poem. Both poetry and dream result from a "lowering of the threshold of consciousness." The end result is the relativization of the ego, felt as a sense of wonder at always new, and sometimes numinous, experience. This sense of wonder and discovery is evidence of the presence of the *child archetype*. The openness or "unknowingness" of the dream ego is always childlike. This workshop will explore the connections between the dream ego and the child, and between the dream ego's openness and the poet's. Participants are asked to bring copies of dreams to be discussed; anonymity will be preserved throughout. Poems to be used as examples will include Wordsworth's "Ode: Intimations of Immortality from Recollections of Early Childhood" and T. S. Eliot's "The Love Song of J. Alfred Prufrock." Copies of these and of other poems to be discussed will be provided, but reading the two poems prior to the workshop is recommended.

Daniel A. Lindley, Ph.D., L.C.S.W., is a Jungian analyst in private practice in Evanston, Illinois, and a photographer. He was for twenty years a professor of English and head of English Education at the University of Illinois (Chicago), and is on the faculty of the C.G. Jung Institute of Chicago. He is the author of *This Rough Magic: The Life of Teaching*, as well as articles on rhetoric, pedagogy, photography, and Jungian approaches to fairy tales.

Polly Young-Eisendrath, Ph.D.

Lecture: What Women Really Want

The problem of female desire—why women are often confused about what they want—arises in part from wanting to be wanted rather than to be fully known. Wanting to be wanted, women lose themselves in the "desired effect" of appearance, sex, motherhood, career, money, and spirituality. In place of owning their own intentions, they undermine self-direction and self-confidence trying to fit an image—and always resent it. Drawing on Jung's psychology, feminism and Buddhism, this presentation will show why engaging female



desire breaks the rules set down by patriarchy. Engaging female desire allows a woman to move beyond shame, doubt and self-deception in order to know clearly the difference between being loved for who she is and being wanted for how she appears.

Polly Young-Eisendrath & Ed Epstein Workshop:

Couples in Dialogue: Love After the Romance Has Ended

Never before in human history have men and women attempted to engage in long-term intimate relationships that are based on equality and trust. Yet in the last two decades, couples young and old have expressed an urgent desire to create friendship as part of marriage. In many ways this kind of intimacy is more accessible to same-sex couples than to heterosexual ones because of the "contrasexual complex" (the Other within) that forms a major part of everyone's unconscious dynamics: the male's *anima* and the female's *animus*. Drawing on Jung's psychology, feminism, object relations psychology and the history of marriage, this workshop will explore the barriers and possibilities in this radically new kind of intimacy between the sexes.

Dialogue Therapy for couples was originated by Dr. Young-Eisendrath and Mr. Epstein as a Jungian object-relations couples therapy. Dialogue Therapy will be described in terms of its interventions with marital and cohabiting couples (both heterosexual and same-sex) who want to improve, transform or revitalize a relationship to which they are committed. Its goals are (1) enhanced intimacy, (2) greater differentiation, that is, seeing and accepting differences, (3) greater empathy, and (4) greater trust based on the ability to handle conflict with respect. There will be plenty of time for discussion and a brief video demonstration.

Polly Young-Eisendrath, Ph.D., is a psychologist and Jungian psychoanalyst practicing in Burlington, Vermont. She is a Clinical Associate Professor of Psychiatry at the University of Vermont Medical College, and has published ten books, many chapters and articles. She lectures widely on topics of women's development, resilience, couple relationship, and the interface of contemporary psychoanalysis and spirituality. Her most recent book is *Women and Desire: Beyond Wanting to Be Wanted* (Harmony Books, 1999).

Edward Epstein, M.A., M.S.W., is a licensed clinical social worker with twenty years' experience teaching and practicing psychotherapy with individuals, couples and families. Having presented numerous workshops and seminars on conflict resolution and relationship skills, he also trains therapists in psychodynamic psychotherapy methods and Dialogue Therapy. Polly and Ed are a married couple who practice and supervise Dialogue Therapy.

**Saturday
Workshop**

**10:00 AM - 3:00 PM
Good Shepherd
Center, Room 202**

Fees:

\$30 members

\$40 non-members

**\$25 student/senior
members**

**\$35 student/senior
non-members**

Upcoming Program Events

April 14 & 15, 2000

Peter Elting, Ph.D.

Dreams and Enactment

May 12 & 13, 2000

Linda Leonard, Ph.D.

The Call To Create

Jan. 21, 28 &

Feb. 18

Friday evenings

7:30 - 9:30 PM

Good Shepherd
Center, Jung
Society library

Fees:

\$50 series

pre-registration,

\$65 after January

21st. Space is

limited.

Library Hours

Fridays

Prior to lectures

6:45 PM

Saturdays

12:30 PM - 3:00 PM

THRU - Dec. 18

Mondays

11:00 AM - 5:00 PM

THRU - DEC. 20

Closed holidays

Books may be
returned to the
book drop across
the hall from our
library any time.
The Good
Shepard Center is
open, Monday
through Friday,
8:00 AM - 10:00 PM,
Saturday 9:00 AM -
5:00 PM.

Michael Horne, M.D.

In September, Dr. Horne led off our millennial theme *Dreams* with a lecture and a workshop in the *transcendent function*. Now he returns with a series of three small-group sessions on dreams.

Dream Seminar: Dreams and the Transcendent Function

For Jung the unconscious was a source of information for consciousness and the dream was its most direct expression. Information from the dream confronted the limited view of consciousness and compensated for its one sidedness. The working through of this confrontation of consciousness with the unconscious was via what Jung called the *transcendent function*. In this confrontation, Jung said, the psyche recenters itself at a midpoint between consciousness and unconsciousness which he called the Self.

In this process there is a clash between knowledge obtained via reason and via revelation. It is the balanced understanding of these elements that is the key to successful dream interpretation. In these seminars we will explore Jung's original formulations in these areas and his development of these concepts. We will use examples of dreams from Jung's work and of the participants, in the latter case paying strict attention to the use of the dream material to illustrate the concepts being taught and not for ongoing therapy.

Michael Horne M.D. is a Jungian analyst and a psychiatrist. He is a Clinical Associate Professor in the Department of Psychiatry at the University of Washington, where he has an analytic practice and teaches. He is especially interested in using philosophy and theology to understand processes of psychic transformation. These include, in particular, processes of reasoning from philosophy and processes of revelation from theology. He is interested in the dream as a place in which these processes meet and can be reconciled.

Library News

The library is back on an almost normal schedule—open on Mondays (11:00 a.m. to 5:00 p.m.) and Saturdays (12:00-3:00 p.m.). We had a good response to the request for volunteers to work in the library, thereby allowing us to keep a reasonably consistent schedule. *Remember, we staff on a volunteer basis and things happen at the last minute; unexpected changes may occur.* We will keep a current schedule on the door.

In the last six months over thirty new texts have been added to our collection. Many of those came from an anonymous donor, as well as from Bunny Brown, Richard Prescott and Micki Voegtlin. Many thanks to each of you. We are also adding to our video tape collection. Borrowing of tapes will require a deposit (based on the value of the tape) payable by personal check or credit card. The deposit is returned when the tape is returned to the library.

Cataloging of materials continues. All texts have been entered into an Access™ data base. By January, user-friendly instructions will be available to search the database, which includes multiple author/editor fields, title field, and up to four subject fields for each title. Hard copies of the database are already available for use in the library but are limited to

alphabetical lists of titles, authors and donors.

For members who make regular use of the library, you probably have noticed boxes of books scattered throughout our space. We are bursting at the seams. We should have new bookcases early in the new millenium which will help. In spite of our limitations, we are making an effort to make the journal collection more complete. If you have back issues of these journals you don't want to throw away, please consider us as a repository: *Journal of Analytical Psychology* (especially 1995-current), *Psychological Perspectives*, *Harvest*, *Quadrant*, and *Spring* (we are missing 1969, 1974, 1989, as well as volumes 52 & 59). Journals may be designated "for library use only," this assuring they will not become lost. Currently we are entering the journals into an Excel™ database. Hard copy references will provide a chronology of authors and titles in each journal, and authors listed alphabetically with cross-referenced titles, journal volumes, and page numbers.

We are especially interested in input from Society members regarding titles important for our collection. If you have read a text or seen a video you think especially good for our members, please let me know (in the library most Mondays). Also, I am putting together a list of recommended reading for our web page. At first it will lean to the more traditional but periodically will be updated. Recommendations will be greatly appreciated.

—Linda Sheaffer, Librarian

Membership

Since the first of August we have enjoyed having thirty new members join us. A sincere welcome to:

Doué Adler	Annie Dugan	Paul Mahlum
Ann Arthur	Kamila Dunskey	Ginny Mines
Cara Barker	Robert Foege	Trent Mourman
James Batman	Robert Freeman	D. E. Rickards
Marita Berg	Barbara Gibson	Maura Sandroock
Tim Boudette	Dianne Graham	Fred & Megan Shean
Mary Campbell	Sharm Green	Phyllis Sturgis
Lynn Davis-Fox	Jo Hadlock-King	Toni Trappey
Bruce Dearborn	Shelly Hammer	Tim Weitzel
Paul Donlan	Michael Horne	

Renewing Members

In the same period, Nancy Alvord has again renewed as a Sustaining member. Thirty-nine others have renewed their annual memberships. Our thanks to:

Jean Bekey	Sally Parks
Carolyn Brannen	Carl Robinson
Lalo Bruhl	Barbara Rona
Ginny Campbell	Stephen Russell
Mildred Chelemedos	Leslie Schwartz
Gretchen Dunn	Linda & Michael Sheaffer
Fern Durand	David & Char Slotnick
Ann Fagan	Susie Steines
Gary Hammer	Debra & Kenji Tachibana
Richard Hammons	Kitty Todorovich-Eppard
Darlene & Ladson Hinton	Charlotte Underwood
Marjorie Hofstad	Barbara Vicent
Gordon Keating	Marilyn Westerman
Janice Laine	Tom Wilkerson
Shirley Mayfield	Elaine Willey
Ann McMillen	Anya Woestwin
Shirley McNeil	Kay Wright
Larry Pape	

I would like to: become a member of renew my membership in the C.G. Jung Society, Seattle. Enclosed are my dues at the level indicated:

- Sustaining Member \$250
- Contributing Member 90
- Standard - Individual 40
- Standard - Couple 65
- Standard - Student/Senior 25
- Newsletter subscription only 8

Name _____

Address _____

City, State, Zip _____

Phone _____

e-mail _____

I'd like to help with Society activities. Please contact me regarding volunteer activities for (check all that apply):

- Newsletter/graphic design
- Programs
- Publicity
- Treasury/bookeeping
- Fundraising
- Hospitality
- Library
- Membership

Mail to the address below.

C.G. Jung Society, Seattle

Phone (206) 547-3956 • Fax (206) 547-7746

Visit us on the web at [http:// www.jungseattle.org](http://www.jungseattle.org)

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Newsletter

Advisor to the Board

Peter Elting,
Programs

President's Message

Our current season is off to a good start. The two recent programs by Michael Horne and Ladson Hinton were well attended and greatly appreciated. The board has continued to work on the plans and projects we set out with last fall. The series of dream workshops by Michael Horne, announced in this issue, represent the first return to small-group programs since Karen Campbell's book study meetings. Thanks to Lucretia Devine for coordinating that. While there are no definite developments to report, meetings and discussions are continuing.

The sustaining efforts in other areas by all of our volunteers continue to provide vitality to the Society. Peter Elting has once again completed arranging a full series of stimulating presentations and is already getting leads on next season. A belated word of appreciation is due to Erwin Buske who, because of workplace demands, stepped down as Treasurer last spring. Many thanks, Erwin, for your time and contributions.

The membership survey has concluded with a response rate of about 34%. Thanks to everyone who took the time and trouble to reply. The following is an outline of the results, and since not everyone answered every question, there are differences in the tallies for different questions.

Age:	26-40	41-55	56-70	over 70
Members:	5	33	18	3
	8%	56%	31%	5%
Education:	Some College	College Degree	Advanced Degree	
	5	12	35	
Extent of Jungian Knowledge:				
Just Beginning	Graduate Level			
	Practicing Analyst			
1	2	3	4	5
6	7	8	9	10
4	3	2	7	7
			3	11
			4	4
				3
Number of Years Reading:				
1-5	6-10	11-15	16-20	21-25
29-30	31-35	36-40	41-45	
11	9	8	5	3
				2
				1
				3
				1
Program interests (ranked by frequency):				
Individuation and development	57			
Mythology and literature	45			
Dreams	44			
Creativity	43			
Religion	38			
Issues of midlife	30			
Men's and women's issues	29			
Social issues and history	25			
Typology	24			
Issues of youth	7			

Occupation or profession:

Sixty-four respondents gave an occupation or profession. Of these, half were in the fields of nursing, counseling, therapy, or psychology. The rest were distributed in a wide number of different fields.

— John Krausser

Driving Directions

**Directions to the Good Shepherd Center
4649 Sunnyside Avenue North:**

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th onto Sunnyside Avenue North and travel to the Center on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Follow entry drive left to the parking lot south of the building. Enter the building at the main entrance.

Directions to St. Mark's Cathedral on Capital Hill

(Parking is available adjacent to Bloedel Hall. Enter Bloedel Hall from behind the Cathedral.)

From I-5 heading North: Exit at Lakeview Boulevard. Turn left at the stop sign. Staying right, bear right up the hill; turn right on Boston; turn right on Harvard; turn right onto 10th Avenue. St. Mark's is about 4 blocks (on the right).

From I-5 heading South or from SR 520 heading West: Exit at Roanoke. Turn left over the freeway; turn right onto 10th Avenue. St. Mark's is about 8 blocks (on the right).

C. G. Jung Society, Seattle

Pre-registration for Winter 2000 Workshops

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 345 Seattle, WA 98103. Questions? Call the Jung Society office, (206) 547-3956.

Fees: \$30 for Society members / \$40 for non-members
\$25 for student/senior members / \$35 for student/senior non-members

I enclose \$_____ (check or credit card) for pre-registration for the following:

Payment must accompany your pre-registration. No refunds.

- Kimbrough Besheer, M.Div January 15 workshop Dreams and Synchronicity
- Daniel Lindley, Ph.D. February 11 workshop The Making of Poetry and the Experience of Dreams
- Polly Young-Eisendrath, Ph.D. March 11 workshop Couples in Dialogue: Love After the Romance Has Ended
and Ed Epstein, MA, MSW
- Michael Horne M.D. Jan 21 & 28, Feb. 18 Dream Seminars: Dreams and the Transcendent Function



See page 4 sidebar for payment information.

Charge my VISA MC Number _____ Exp. Date _____

Name _____ Phone _____







Address _____

Feel free to copy this form, if you prefer not to cut this newsletter.





Twelfth Night

*Members of the C.G. Jung Society, Seattle
are cordially invited to the
Twelfth Night Festivities
on Sunday, January 9th, 2000
from 6:00 to 8:00 PM*



Please join us for our annual (members-only) holiday party, which takes place at the time of the traditional Christmas festival of Twelfth Night. It will be held again this year at the Alvord residence. We will enjoy good company, good cheer, and good conversation. Please bring your favorite hors d'oeuvres; beverages will be provided.



C. G. Jung Society, Seattle
4649 Sunnyside Avenue North, Room 345
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