



FALL 1999 NEWSLETTER

Theme: DREAMS

The dream is a little hidden door in the innermost and most secret recesses of the soul, opening into that cosmic night which was psyche long before there was any ego-consciousness, and which will remain psyche no matter how far our ego-consciousness extends. ...All consciousness separates; but in dreams we put on the likeness of that more universal, truer, more eternal man dwelling in the darkness of primordial night. There he is still the whole, and the whole is in him, indistinguishable from nature and bare of all egohood. It is from these all-uniting depths that the dream arises, be it never so childish, grotesque, and immoral.

—C.G. Jung, “The Meaning of Psychology for Modern Man,”

Collected Works vol. 10, para. 304f

Michael Horne, M.D.

Dreams and the Transcendent Function

For Jung the unconscious was a source of information for consciousness and the dream was its most direct expression. Information from the dream confronted the limited view of consciousness and compensated for its one sidedness. The working through of this confrontation of consciousness with the unconscious was via what Jung in his early papers called the transcendent function. In this confrontation, Jung said, the psyche re-centers itself at a midpoint between consciousness and unconsciousness which he called the Self. Later in his career Jung had other formulations of the Self and the transcendent function.

We will explore Jung’s original formulations and his development of these concepts, particularly how they help us understand the nature of dreams and the techniques for their interpretation. We will use examples of dreams from Jung’s work and from clinical case material of Dr. Horne and workshop participants.

On Friday evening Dr. Horne will present the concepts in a didactic form and on Saturday participants will be invited to be in dialogue with him and each other so that we can explore the material in depth.

Michael Horne, M.D., is a Jungian analyst and a psychiatrist. He is a clinical associate professor in the Department of Psychiatry at the University of Washington where he has an analytic practice and teaches. He is especially interested in using philosophy and theology to understand the processes of psychic transformation in Jungian psychology and their relationships to the other analytic schools. In good Jungian fashion, in complete contrast to his theoretical preoccupations, he has also been immersed in the pragmatics of infant observation for the last two years.

Sept. 17 & 18

Friday Lecture

7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:

\$10 members
\$15 non-members

Saturday Workshop

10:00 AM - 2:30 PM
Good Shepherd
Center, Room 202

Fees:

\$30 members
\$40 non-members
\$25 student/
senior
members
\$35 student/
senior
non-members

Oct. 8 & 9

Friday Lecture

7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:

\$10 members
\$15 non-members

**Saturday
Workshop**

10:00 AM - 2:30 PM
Good Shepherd
Center, Room 140

Fees:

\$30 members
\$40 non-members
\$25 student/
senior
members
\$35 student/
senior
non-members

Nov. 13

**Saturday
Workshop**

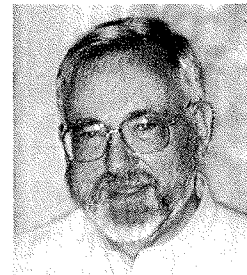
10:00 AM - 4:30 PM
Good Shepherd
Center, Room 202

Fees:

\$30 members
\$40 non-members
\$25 student/
senior
members
\$35 student/
senior
non-members

Ladson Hinton, M.D.

Dreams: Through a Glass Darkly



Dreams may express the most astounding human creativity, and yet have their origins in the very darkness of the cosmos. They are part of our evolutionary heritage. At root, the most profound dreams and visions have strangely terrifying dimensions. Whether we acknowledge it or not, we always dwell on the boundary of mystery.

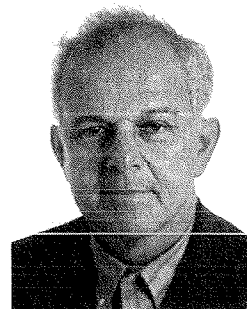
How do dreams and visions appear out of the obscurity of inner space? What is the nature of the struggle between the unconsciousness of the universe and our urge to evolve? After discussing some theoretical perspectives, Dr. Hinton will consider Jung's writings on the visions of Bröder Klaus. He will then talk in some detail about a dream of a 35-year-old man, which illustrates his turning point toward evolution and personal responsibility.

In the workshop, we will discuss the subsequent series of dreams of this man.

Ladson Hinton, M.D., was originally a general psychiatrist trained at Stanford. He graduated from the analytic training program of the C.G. Jung Institute of San Francisco in 1975. In the Bay Area, he taught at Stanford University, the C.G. Jung Institute of San Francisco, and the Pacific Graduate School. Moving to Seattle in 1991, he has been president of Jungian Analysts•North Pacific and the North Pacific Institute for Analytical Psychology. He has written and lectured on the voice of the animal soul, the meaning of mid-life, the way of the Fool, the paradoxical nature of love, and on shame and the origins of the self. At the present time, he continues to practice analysis in Seattle.

Thomas B. Kirsch, M.D.

*Dreams: An Overview from the Physiological
and Jungian Psychological Points of View*



The all-day workshop will focus on the study of dreams. It will begin with a brief overview of the recent scientific findings in the study of dreams, and from there we shall move to discussing Jung's view of dreams. We will take Initial Dreams as a starting point for the study, for it is there that we see the archetypal elements in some of their clearest manifestations. As time permits we shall have the opportunity to work with a series of dreams of a patient, and perhaps some of the participants who are therapists would like to present some clinical examples.

Thomas B. Kirsch, M.D., was born in London and raised in Los Angeles. He is a graduate of Reed College and Yale Medical School. He took his psychiatric residency at Stanford, and was a consultant to the National Institute of Mental Health. Dr. Kirsch graduated from the C.G. Jung Institute of San Francisco in 1968. He has been in private practice since 1967, and has been on the clinical faculty of Stanford University's Department of Psychiatry since that time. Dr. Kirsch has also been president of the San Francisco Institute, vice president and president of the International Association for Analytical Psychology, and a member of the Academy of Psychoanalysis. Author of numerous papers on the biology and psychology of dreams, Dr. Kirsch was co-editor of the Jungian section in the *International Encyclopedia of Psychiatry and Psychoanalysis* in 1977. Presently he is writing a book on the history of analytical psychology, called *Jungians*, to be published by Routledge within the next year.

Geri A. Grubbs, Ph.D.

Into the Darkness and Beyond:

Transcendence and Healing in the Dreams of the Bereaved



The inner reality of death and bereavement coincides dramatically with the outer darkness of winter's darkness and the celebration of the birth of the Divine Child. The stark darkness, grief, and ultimate light of the divine will be a topic of this lecture as we explore the dreams of those who have lost a loved one to death. Based upon her thesis research at the C.G. Jung Institute in Zurich, Dr. Grubbs will share with us her transcendental dreams of the underworld; psychic phenomena related to death; and the themes, patterns and sacred quality of the dreams of the bereaved.

As a continuation of Friday's lecture, in the workshop we will further explore patterns and themes of bereavement dreams, including transpersonal visitations of the deceased and major archetypal themes of death. We will also explore Dr. Grubbs' theory on "transliminal dreams" based upon van Gennep's theory of liminality, Grof's research on nonordinary states of consciousness, and Tibetan Buddhism. As an adjunct to this discussion, we will have an opportunity to share or hear about the personal experiences of bereavement dreams in small groups.

Geri A. Grubbs, Ph.D., is a Jungian analyst and doctor of marriage, family and child therapy. She has recently moved to the North Pacific area and practices in Woodinville. She is a member of Jungian Analysts•North Pacific, the International Association for Analytical Psychology, and the Association for the Study of Dreams. Her focus in analytical treatment is on trauma, bereavement, relational, and spiritual issues with children, adults, couples and groups. She has lectured and taught widely on dream interpretation and sandtray therapy. Dr. Grubbs is presently writing a manuscript on bereavement dreams and their role in the individuation process.

Dec. 10 & 11

Friday Lecture

7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:

\$10 members
\$15 non-members

**Saturday
Workshop**

10:00 AM - 2:30 PM
Good Shepherd
Center, Room 202

Fees:

\$30 members
\$40 non-members
\$25 student/
senior
members
\$35 student/
senior
non-members

Library Hours

**Beginning
Sept. 17**

Fridays

Prior to lectures
6:45 PM

Saturdays

12:30 PM - 3:30 PM
Sept. 18 - Dec 18,
Closed Nov. 27

Mondays

11:00 AM - 5:00 PM
Oct. 4 - Dec. 20
Closed holidays

Books may be returned to the book drop across the hall from our library any time the Good Shep. Center is open, Monday through Friday, 8:00 AM - 10:00 PM, Saturday 9:00 AM - 5:00 PM.

Oct. 23

Saturday
1:00 PM to 5:00 PM

Bloedel Hall,
St. Mark's
Cathedral
1245 10th Ave. E.
Seattle, WA

Library News

Library activity slowed down over the summer months, but we are grateful to Dorothy Paun for volunteering to keep it open two hours on Mondays from June 21st through August 16th. We will return to our winter schedule starting September 18, and anyone interested in helping out who has not yet contacted us will be warmly welcomed.

The enthusiastic response to the Wagners' films *Matter of Heart* and the series on *Remembering Jung* prompted us to get a set for the library. In the past we have lost videos that were loaned from the library, so the board agreed this time to require each video borrower to leave a deposit, in the amount of the purchase of the video with the library when it is taken out. This deposit will be kept on a credit card charge slip and the charge put through if the video is not returned. Direct purchases of the videos can also be made, but we would not take any returns.

We are continuing to complete the cassette file of past presentations. Some of the earlier programs are on eight-track tape and need to be converted. If anyone knows of the whereabouts of an eight-track player that could be used for the input to this conversion, would you please contact or leave a message for Bunny Brown.

The board voted at the retreat to purchase at least two additional bookcases, and negotiations are underway to get them scheduled for construction. Of course, we continue to welcome donations for this purpose, either as books to be sold at the sale or simply as cash contributions.

The Society's office and library are located in the Good Shepherd Center, Rm. 345

The Jungian Psychotherapists Association presents
a seminar with

MICHAEL CONFORTI, Ph.D.

***PATTERNING IN THE PSYCHE AND THE NATURAL WORLD:
AN ARCHETYPAL FIELD THEORY***

Dr. Michael Conforti presents an innovative, interdisciplinary approach to human dynamics that brings together and is supported by discoveries in the new sciences and in psychology. Archetypal field theory builds on Jung's ideas about the nature of the archetype and on recent work in the new sciences, including work by David Bohm, Ervin Laszlo, David Peat, and Rupert Sheldrake. Dr. Conforti demonstrates that our basic life patterns, including personal relationships, financial decisions, work situations, and also therapeutic and consulting relationships, are influenced by archetypal fields. By recognizing the underlying structure of these patterns, we can often infer the nature of the specific constellated archetype.

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|---|------|
| Advance General Registration, postmarked by 10/8/99 | \$40 |
| General Registration, postmarked after 10/8/99 or on site | \$55 |
| Students and interns with Student ID | \$25 |
| Member, JPA | \$25 |

Call (206) 784-9977 for registration and further information.

Membership

It's always good to have news that shares members' recent experiences in the wider Jungian community. It is a pleasure to note that in February, David Hufford and Marla Herbig graduated from the North Pacific Institute for Analytic Psychology, and in March were voted in as members of Jungian Analysts•North Pacific, a regional member of the International Association for Analytical Psychology. Congratulations and best wishes, Marla and David.

As a result of newsletter preparation lead times, the notes for membership activity go back to last February. Since then we have had 54 renewals and 23 new members join us. John Krausser renewed at the Sustaining level. Others renewing were:

- | | |
|------------------------|---------------------|
| Ann Blake | Traudi Krausser |
| Brenda Boardman | Cora Lawrence |
| Marianne Bonn | Verena LeVon |
| and Stewart Grant | Mark McNeil |
| Bunny Brown | Christine Menke |
| Jean Butler | and Dan Thielman |
| George Callan | Lynn Mikel-Wyble |
| Mary Colfelt | Michael Monhart |
| Paul Collins | Randy Morris |
| Lucretia & Kent Devine | Dianne Nauer |
| Peter Elting | Nancy Nichols |
| Pauline Erera | J. E. Overland |
| Paul Fedorowicz | Jane Palmer |
| Corwin Fergus | Golda Posey |
| Joyce Ferm | Bonita Quiroz-Cantu |
| Dennis Gaither | Dani Riggs |
| Stephanie Gierman | Stephen Russell |
| Joan Gregory | Claire Ryan |
| Arlene Hagoski | Korey Schultz |
| Barbara Hallock | Cathie Simpson |
| Fred Hauser | David Steinmetz |
| Marla Herbig | Lyn Stone |
| Blake Howe | Claire Tangvald |
| Virginia Hoyte | Mickey Voegtlin |
| David Hufford | Patricia Warming |
| John Imre | Edith Wollin |
| Christina Ivanna | Yasue Yoshiike |
| Richard Johnson | |
| Bruce Jorgenson | |

New or Recent Members

- | | |
|----------------------|-----------------------|
| Paula Ames | Dirk & Chaitania Hein |
| Lillian Boardman | Sandra Hernandes |
| Elizabeth Katy Brant | Sonice Jensen |
| April Conrad | and Robert Palmquist |
| David Dunning | Carolyn Johnston |
| Stephanie Gierman | Gail Jones |
| Geri Grubbs | Laurel Lisez |

- | | |
|------------------|------------------|
| Nancy Haft | Judy McDuffy |
| Christine Menke | Janine O'Connell |
| and Dan Thielman | Anne Sagaris |
| Robin Meunch | Joanna Serwold |
| Theo Mittet | Janet Tatum |
| Karen Moore | |

Welcome, everyone. Please leave word at the office if we have omitted anyone or given any erroneous information.

I would like to: become a member of renew my membership in the C.G. Jung Society, Seattle. Enclosed are my dues at the level indicated:

- | | |
|---|-------|
| <input type="checkbox"/> Sustaining Member | \$250 |
| <input type="checkbox"/> Contributing Member | 90 |
| <input type="checkbox"/> Standard - Individual | 40 |
| <input type="checkbox"/> Standard - Couple | 65 |
| <input type="checkbox"/> Standard - Student/Senior | 25 |
| <input type="checkbox"/> Newsletter subscription only | 8 |

Name _____

Address _____

City, State, Zip _____

Phone _____

e-mail _____

I'd like to help with Society activities. Please contact me regarding volunteer activities for (check all that apply):

- Fundraising
- Hospitality
- Library
- Membership
- Newsletter/graphic design
- Programs
- Publicity
- Treasury/bookkeeping

Mail to the address below.

C.G. Jung Society, Seattle

Phone (206) 547-3956 • Fax (206) 547-7746
 Visit us on the web at <http://www.jungseattle.org>

President's Message

Board of Directors

John Krausser,
President
Membership

(Vacant),
Vice President

Barbara Vicent,
Treasurer

Connie Eichenlaub,
Treasurer

Diane Bogue,
Cashier

Linda Sheaffer,
Library

Bunny Brown,
Office Manager

Lucretia Devine,
Program

Laurene Peterson,
Publicity

Board Candidates

Kenji & Debra
Tachibana,
Newsletter

Advisor to the Board

Peter Elting,
Programs

My thanks and appreciation to everyone for their confidence expressed by electing me president. The 25th anniversary membership meeting and reception were well attended. Thanks are due to Bunny Brown, Karen Campbell, Connie Eichenlaub, Daisy Lu, and Laurene Peterson for helping provide refreshments and setting up and cleaning up. The Wagners' film presentations were both informative and provocative. A number of copies of their videos were sold, and we have added a complete set to our library.

Throughout last year Karen served very capably as president. And, as she has for the past four years, she also edited our newsletter. Her desire to pursue more education has led her to leave both posts, and she will be greatly missed. However, we are very fortunate to have Kenji and Debra Tachibana return after a number of years and step right into editing the newsletter. This is a real help and benefit for the Society.

At last year's retreat the board set three goals: increase volunteer recruitment, collect membership demographic data, and revise the bylaws. The revised bylaws were adopted by the board on May 3, and copies are available in the library. The membership survey began last October and will be completed this October. We'll share the final results at that time. Responses so far have been about 30% of those who received questionnaires. A number of members indicated their willingness to help out as volunteers, and we wish to express our thanks.

With regard to the survey responses, it appears that those members with some depth in Jungian material are more inclined to respond and we may, as a result, overlook the need to provide programs or material for those who have just recently begun to explore his work. As a relative newcomer to Jung myself, I encourage everyone to share with us, in some way, how and what they would like to learn.

At this year's board retreat we discussed many issues but didn't reach a set of specific goals. Consensus was reached, however on several items. We continue to search for a larger space for our library, to acquire more bookcases for the library, and to include videos in our lending service (see the Library column). There was also an agreement that we should continue to explore different ways for members to meet in small groups for informal discussion. Several board members are developing options for this, and some of the possibilities under consideration are a poetry group, video viewing and comment, one-meeting sessions to discuss a lecture topic or theme, and some form of members' sharing their reading or studies.

We also are starting to pursue cooperative efforts with the other local Jungian organizations, such as the Jungian Psychotherapists Association and the North Pacific Institute of Analytic Psychology, consistent with our stated purpose of offering non-therapeutic educational opportunities to members.

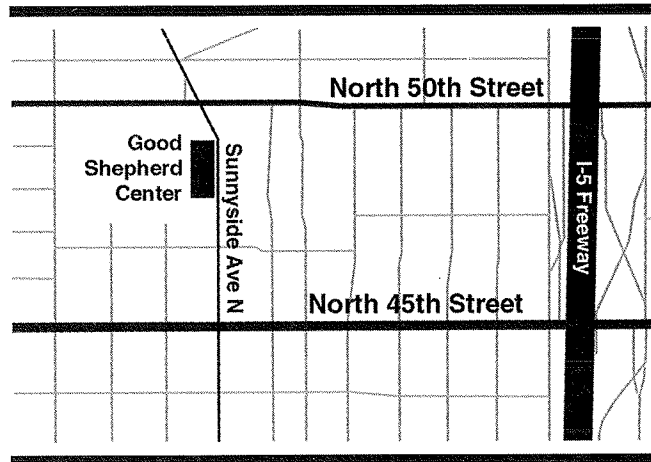
The coming year holds the promise of stimulating programs and continuing development for our society. I encourage everyone to participate, learn, and grow in their best possible way.

— John Krausser

Driving Directions

Directions to the Good Shepherd Center 4649 Sunnyside Avenue North:

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th onto Sunnyside Avenue North and travel to the Center on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Follow entry drive left to the parking lot south of the building. Enter the building at the main entrance.



C. G. Jung Society, Seattle Pre-registration for Autumn 1999 Workshops

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail this form and payment to: C. G. Jung Society, 4649 Sunnyside Avenue North, Room 345 Seattle, WA 98103. Questions? Call the Jung Society office, (206) 547-3956.

Fees: \$30 for Society members / \$40 for non-members
\$25 for student/senior members / \$35 for student/senior non-members

I enclose \$ _____ (check or credit card) for pre-registration for the following:

Payment must accompany your pre-registration. No refunds.

- Michael Horne, MD September 18 workshop Dreams and the Transcendent Functions
- Ladson Hinton, MD October 9 workshop Dreams: Through a Glass Darkly
- Tom Kirsch, MD November 13 workshop Dreams: An Overview from the Physiological and Jungian Psychological Points of View
- Geri Grubbs, PhD December 11 workshop Transcendence and Healing in the Dreams of the Bereaved

Charge my VISA MC Number _____ Exp. Date _____

Name _____ Phone _____

Address _____

Feel free to copy this form, if you prefer not to cut this newsletter.

Upcoming Program Events

January 14 & 15, 2000
To Be Announced

February 11 & 12, 2000
Dan Lindley, Ph.D.
Poetry and Dreams

March 10 & 11, 2000
Polly Young-Eisendrath, Ph.D., *Women and Desire*
Polly Young-Eisendrath and Ed Epstein, *Couples In Dialogue*

April 14 & 15, 2000
To Be Announced

May 12 & 13, 2000
Linda Leonard, Ph.D.
The Call To Create



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Seattle, WA 98103

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