



SPRING 1998 NEWSLETTER

Jung & Religion

Everything requires for its existence its own opposite, or else it fades into nothingness. The ego needs the self and vice versa. The changing relations between these two entities constitute a field of experience which Eastern introspection has exploited to a degree almost unattainable to Western man. The philosophy of the East, although so vastly different from ours, could be an inestimable treasure for us too; but, in order to possess it, we must first earn it.

- C.G. Jung, "The Holy Men of India,"
Collected Works vol. 11, para. 961.

Polly Young-Eisendrath, Ph.D. *The Resilient Spirit:* *A Buddhist Approach to Jung's Psychology*



Lecture: The Resilient Spirit

Introducing the Buddhist concept of *dukkha*—literally, being off center like a wheel riding off its axle—in comparison with Jung's concept of neurosis, this presentation shows how our suffering arises in our own attitudes, intentions, and actions.

Seeing the roots of our suffering, we develop self-awareness and self-knowledge. Recognizing and taking responsibility for how we make ourselves and others suffer, we develop compassion—literally, a "suffering with" others.

Drawing on her recent book *The Resilient Spirit* (formerly called *The Gifts of Suffering*), Polly Young-Eisendrath will give illustrations and show video clips of Rosamund Miller, June Singer, Elaine Pagels and Dan Gottlieb, who describe the transformation of their own suffering into meaning and purpose in life.

Workshop: Letting Go of an Old Self: the Psychology of Karma and Rebirth

Contrary to what many westerners believe, the Buddhist notion of karma is not of predetermination, but of the fluid development from moment to moment of certain consequences from our own intentions, attitudes and actions. The theory of karma—that we are heir to the consequences of our intentions and actions, not only in a particular lifetime, but over lifetimes—fits well with Jung's theory of psychological complexes. We are each born into a family in which a great drama is already underway, something that has strong emotional pulls made up in large part from the roles of the parents and siblings, carried over from one generation to the next. Our psychological complexes grow out of our emotional adaptation to this family constellation and our continuing (mostly unconscious) desire to reproduce this drama in our adult lives. Using illustrations from psychotherapy and life, the workshop will

CONTINUED ON PAGE 2

April 3 & 4

Friday Lecture
7:30 - 9:30 PM
the church
located at
6556 - 35th NE
Seattle

Fees:
\$10 members
\$15 non-members

Saturday Workshop
10:00 AM - 3:00 PM
Good Shepherd
Center, Room 202

Fees:
\$30 members
\$40 non-members
\$25 student/senior
members
\$35 student/senior
non-members

The Resilient Spirit

CONTINUED FROM PAGE 1

show how the process of individuation rests on giving up an old cherished identity or set of habits in favor of something new. This is a process she calls "letting the self die" and connecting to rebirth. After a discussion of these ideas and their applications to personal and clinical work, we'll watch a film made by the Canadian Film Board, narrated by Leonard Cohen, illustrating the Buddhist theory of rebirth by following the case of a dying man in Tibet.

Polly Young-Eisendrath, Ph.D., a noted Jungian psychoanalyst and psychologist, is clinical associate professor in psychiatry at the Medical College of the University of Vermont. She writes and lectures extensively and has published eight books. She has also recently completed work on *The Cambridge Companion to Jung* (Cambridge University Press, 1997) with Terence Dawson, and *Gender and Desire: Uncursing Pandora*.

April 28

Tuesday lecture
7:30 - 9:30 PM
the church
located at
6556 - 35th NE
Seattle

Fees:
\$10 members
\$15 non-members

May 8

Friday
7:30 - 9:30 PM
the church
located at
6556 - 35th NE
Seattle

Fees:
\$10 members
\$15 non-members

Sonu Shamdasani

Cult Fictions: C. G. Jung and the Founding of Analytical Psychology

Analytical psychology has come under scrutiny in a whirl of controversy over the character of its founder, C. G. Jung, including claims that Jung was a charlatan and a self-appointed demi-god. It is claimed that this cult is alive and well in Jungian psychology today, which continues to masquerade as a genuine professional discipline, whilst selling false dreams of spiritual redemption.

In his recent book *Cult Fictions* (Routledge, March 1998), leading Jung scholar Sonu Shamdasani presents the history of the movement's founding, from Jung's establishment of the Psychological Club in Zurich in

1916 to the reformations of his approach by his followers. It assesses the evidence for the cultic allegations, which it demonstrates to be fallacious. *Cult Fictions* presents a sober, accurate and revealing account of the history of the Jungian movement and an agenda for the evaluation of analytical psychology today.

Sonu Shamdasani is a historian of psychology and a research fellow at the Wellcome Institute for the History of Medicine, London. He is the editor of Jung's seminar *The Psychology of Kundalini Yoga* (Princeton/Routledge).

Panel Discussion

Jung & Religion: A Feminine Perspective

Our 1997-98 program year will conclude with a panel discussion of Jung's approach to religion from a feminine perspective. Four distinguished panelists will present their views on the topic. Following these presentations, there will be an opportunity for

questions and dialogue between audience and panel, as well as among panel members.

Jung was born in 1875 as Nietzsche was proclaiming his thesis that "god is dead." In fact, the god who has died is the one-sided

masculine god of the fathers, sons, and warriors of the western religious traditions. Jung brought western religion back to experience, depth, the animal soul, and especially the feminine side of God. His ideas of the anima, of the Virgin Mary as the fourth aspect of the trinity, and especially of the *conjunctio* went far towards redeeming the dry male bonding of the religious peaks, bringing them down, "going under" into the heart, to use Zarathustra's words.

Questions for panel members may be submitted in advance to the Jung Society mailing address.

Panelists will include:

Panel moderator **Louise Bode**, a Jungian analyst, holds masters degrees in religious education from the University of Chicago and the Central Baptist Seminary in Kansas City. Since 1989 she has been a follower of Gurumayi of the Siddha Yoga lineage, and is an active member of the meditation center of Seattle.

Elaine Molchanov, LCSW, is Diplomat in clinical social work, an internationally certified Jungian analyst, and member of Jungian Analysts North Pacific. As a result of travels and studies in India, she has practiced Siddha Yoga for 22 years. Elaine lives in Anchorage, Alaska with her family. Her practice integrates the insights of Jungian

psychology with the world's spiritual traditions to deepen awareness of our soul's journey.

Thubten Chodron has traveled extensively throughout the East in her spiritual journey. She has conducted dharma courses worldwide. She currently lives and teaches in Seattle with Dharma Friendship Foundation. Her books include *Open Heart, Clear Mind, What Color Is Your Mind?*, *Taming the Monkey Mind*, and *Glimpse of Reality* (with Dr. Alexander Berzin).

Sister Sharon McDonald, OSB is currently Prioress of St. Placid Priory and Spirituality Center in Lacy, Washington, a Benedictine monastery of 30 women who seek God in community and provide ministries of retreat work and hospitality for people of all faiths. Sharon will speak of her experience of the waxing sacred feminine in community, in ritual, in ecology, and in works of justice. She is a member of the Olympia Jung Society.

Patricia Warming, MA, M.Div., is a Jungian analyst in private practice in Seattle. She will address the challenge of finding a conscious relationship to the feminine principle in a predominately patriarchal cultural and religious milieu. She is a member of the Association of Graduate Analytical Psychologists of the Zurich Institute, Jungian Analysts North Pacific and the International Association for Analytical Psychology.

Annual Meeting to be held May 16

The Society is poised to begin its silver anniversary year. Our annual meeting will be a time for reflection on the past twenty-four years. Nancy Alvord, one of the founding members of our Society, will be our special guest; she will share her reminiscences about the early days of our Society. When the Society was new, it was known as the Friends of Jungian Psychology, and its modest library was, more often than not, stored in boxes in the garage at Nancy's home. Since 1996, thanks to Nancy's generous benefaction, our library of over 1,500 volumes is handsomely housed in the Good Shepherd Center. At this year's annual meeting we will extend our appreciation to her with the dedication of the Nancy Alvord Library.

We will hold a silent auction of a few special items. Among these items is a painting by the late Traudl Selves. In addition to being an accomplished painter, Traudl was a long-time member of the Jung Society, and served on its board.

Due to the great popularity of the used book sale at our annual meeting last year, we plan to offer more used books for sale. The success of this event depends on your donations of used books, so – dust 'em off and bring 'em on in. Your donations of books (on psychology or other topics) will be warmly received at the Jung Society office any of the Mondays or Saturdays that the library is open, or at any of the lectures or the workshop in April and May.

The annual meeting will convene at 3:30 PM on Saturday, May 16, in Room 202 of the Good Shepherd Center. Agenda includes installation of 1998-99 board members. A potluck dinner will be served. The main dish, salmon, will be provided by the Society, as will beverages; please bring hors d'oeuvres, a side dish, or a dessert. The meeting will adjourn at 6:00 PM.

Membership

Since our last newsletter, we have had 16 renewals and 12 new members join us. We extend our gratitude to all those whose continued participation brings strength to the Society and offer a warm welcome to our new members. Please use the coupon below to join, or renew your membership in, our Society. Dues and contributions are tax-deductible.

Renewing Members

Karen Campbell, Vice President, renewed as a Sustaining Member. Many thanks, Karen. Others renewing are:

Erwin Buske, Treasurer	Jane Palmer
Randall & Debra Dixon	Ruth Ann Rose
Constance Eichenlaub	Janet Ross
Joan Jacobson	Mildred Royce
Richard Johnson	Wendy Swan
Rev. Dr. Janice Laine	Greg Thompson
Michelle Mavourneen	Kurt Vance
Dianne Nauer	

New Members

Dr. Sydney Baggs	Art Huddleston
Fay Besharat	Belinda Murel
Shelly Dempsey	Cathie Simpson
Carolyn Eyestone	Melissa Steele
Ilse Flannigan	Charlotte Underwood
Debra Harrison	Jeff Warner

Errata

In the winter newsletter, we failed to acknowledge that Keala Kori also became a new member last spring. Good to have you with us, Keala. Laurene Peterson's name appeared incorrectly in our last issue. We apologize for the error.

I would like to : become a member of renew my membership in the C. G. Jung Society, Seattle. Enclosed are my dues at the level indicated:

- | | |
|---|--------|
| <input type="checkbox"/> Sustaining Member | \$ 250 |
| <input type="checkbox"/> Contributing Member | \$ 90 |
| <input type="checkbox"/> Standard – Individual | \$ 40 |
| <input type="checkbox"/> Standard – Couple | \$ 65 |
| <input type="checkbox"/> Standard – Student/Senior | \$ 25 |
| <input type="checkbox"/> Newsletter subscription only | \$ 8 |

Name _____
Address _____
City, State, Zip _____
Phone _____ e-mail _____

Mail to: C. G. Jung Society, 4649 Sunnyside Ave N, Rm 345, Seattle, WA 98103

Reflections from the President

As President of the Jung Society, these last four years have been filled with many new experiences, challenges, and opportunities to learn. Two things I loved most about being involved with Jung Society were the opportunity and pleasure of meeting the many interesting people who come to the lectures and to work with so many generous volunteers.

Our current board and the board elect is composed of dedicated new and long time volunteers who bring a wide variety of expertise to the Society. This last year, the energy and contributions of Erwin Buske and John Krausser have been particularly valuable to the organization of the Society. Under the direction of John, our membership has slowly increased over the past year after a period of decrease. John initiated a new member orientation this year and also has actively looked at ways to increase membership. Erwin Buske, our treasurer, has computerized Jung Society's financial transactions and provided us with clear and thorough reports, a budget, and necessary forms for tracking information.

The Good Shepherd Center has become a home for both our programs and our library during these last four years. We continue to be indebted to Nancy Alvord for the financial support she provides that allows us to have a library. We also take pride in the Kate Millard collection and the library bookcases donated by Mary Irby, Kate's aunt.

As I leave office, I extend my deep appreciation once again to all our members, volunteers, the Jungian analysts in our community who support Jung Society with their presence and expertise, and the members of the Jungian Psychotherapists Association who continue to support our progress. I am deeply grateful to all of you for your support and am grateful for the privilege of having served the Jungian community as President of the Jung Society these last four years. I leave with the assurance that we have a strong and competent board of directors, focused on fulfilling Jung Society's mission to bring Jung's work to the Seattle community.

- Lucretia Devine

Library News

The library is currently being updated to be an even better resource for its members and the community. A database of all library materials is being created thanks to the time and Herculean efforts of Bunny Brown, Karen Campbell, Laurene Peterson, and Golda Posey. This database will enable us to locate material by subject as well as title and author.

We are looking forward to introducing this wonderful resource to the academic communities in hopes that students and faculty of our colleges and universities will want to avail themselves of our rich collection.

The library still needs more volunteers who can help us keep the doors open on

Saturday afternoons. We are offering a 50% discount per event per shift covered in the library. Those who have worked in the library have found it to be a pleasant, relaxing opportunity to peruse the books and periodicals with a few little chores (i.e., checking in books, readying material for the shelves, etc.) on occasion.

If you would like to find out more about the library and/or volunteering, please contact Judith Capili at (206) 722-6321 or (206) 781-5611.

Reminder:
please donate books for the used
book sale.

Book Club

The Jung Society book club will conclude the 1997-98 program year with reading and discussion of *The Resilient Spirit* by Polly Young-Eisendrath. The club will meet on April 16 at 7:30 PM in the Jung Society library. All are welcome.

For more information, contact Karen Campbell at (253) 859-1800.

In Memoriam

Dr. Arwin Vasavada, noted Jungian analyst from Bombay, India and Mt. Vernon, Washington passed away January 9, 1998.

Dr. Marie-Louise von Franz passed away in Kusnacht, Switzerland, on February 17, 1998, after a brief illness. She was 83 years old. Her penetrating and all-encompassing vision will be sorely missed.

Library hours through May:

Mondays
1:30 PM to 4:00 PM

and

Saturdays
12:30 PM to
3:30 PM

Summer hours:

by chance —
phone ahead.

Closed holidays.

The library is
located in Room
345 of the Good
Shepherd Center.

Books may be
returned to the
book drop across
the hall from our
library any time the
Good Shepherd
Center is open,
Monday through
Friday, 8:00 AM to
10:00 PM, Saturday
9:00 AM to 5:00 PM.

Board of Directors

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Secretary
Erwin Buske,
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Diane Bogue,
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Bunny Brown,
Office Manager
Judith Capili,
Library
Peter Elting,
Program Co-chair
Golda Posey,
Program Co-chair
John Krausser,
Membership
Bev Osband,
Special Events

Board Candidates

Fay Besharat,
Facility
Sam Osborne,
Newsletter
Laurene Peterson,
Publicity

Board News

May 1998 marks the conclusion of Lucretia's fourth term as President of the Jung Society, Seattle. Our current Vice President, Karen Campbell, has accepted the nomination for President for the next term.

For the past three years Karen has edited the Jung Society's newsletter. Based on the quality of the newsletter and Karen's enthusiasm and dedication to high standards, we feel certain that Jung Society will continue to grow and our programs will reflect both traditional and current Jungian thought delivered by the most highly trained presenters and experts on Jung's work.

Our programs, under the direction of Jungian analyst Peter Elting, have been of excellent quality these last two years and well received by the community. Our 1998-99 programs are now being planned. The program theme is *The New Millennium*. Golda Posey has agreed to chair the program committee, with Peter Elting continuing as a consultant. We are grateful to both Peter and Golda for their hours of volunteer work to create this year's program.

Other volunteers to whom we are extremely grateful for their help in keeping Jung Society alive this year are: Erwin Buske, treasurer; Jean Butler, secretary; John Krausser, membership; Daisy Lu, hospitality and publicity; Judith Capili, library; David Steinmetz, Jung Society web page; Diane Bogue, cashier; Steve Russell, audio-visual; and Bunny

Brown, historian and office manager. Special thanks to Corey Schulz in selecting and setting up an office printer. Library volunteers have included Fern Durand, Betty Davisson, Jean Butler, Milly and Bob Royce, Sally Schmidt, and Jeff Warner. These individuals have contributed many hours of their time.

We welcome three new volunteers: Sam Osborne, newsletter editor; Laurene Peterson, publicity; and Fay Besharat, facility.

Sam is currently pursuing a Master of Divinity degree at the Institute for Ecumenical Theological Studies at Seattle University. He holds a degree in cultural anthropology and worked in the publishing industry prior to graduate school.

Laurene is employed by Nordstrom. Before moving to Seattle, she taught piano on the music faculty of Baylor University in Texas. In addition to word processing skills and her talents as a musician, she creates unique and beautiful wire jewelry, and is a writer.

Fay is a successful real estate agent for Windermere Realty. She has a degree in French and grew up in Iran and France. She has a passion for all types of yoga and is a yoga instructor.

We still could use your help as a volunteer in one or more of the following areas: program, library, hospitality, audio-visual, publicity, and facility.

C. G. Jung Society, Seattle

The office is located at 4649 Sunnyside Avenue North, in Room 345 of the Good Shepherd Center.

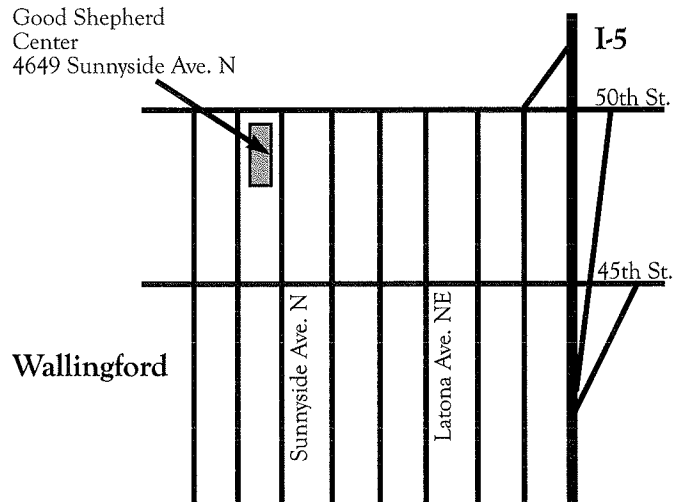
phone (206) 547-3956 • fax (206) 547-7746

Find us on the web at <http://www.eskimo.com/~dcs>

Driving Directions

Directions to the Good Shepherd Center 4649 Sunnyside Avenue North

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th onto Sunnyside Avenue North and travel to the Center on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Follow entry drive left to the parking lot south of the building.



Directions to the church at 6556 - 35th Avenue Northeast

From Northbound I-5, take Ravenna Blvd./NE 65th St. exit (exit #170). Once off the exit, continue ahead, through the stop sign, on 8th NE. At the first traffic light, turn right onto NE 65th Street. Go about one mile and turn left onto 35th Avenue NE. Go less than one block, and the church is on the right side of the street. If traveling by bus, take Metro route 25, 40, 65, or 71.

From Southbound I-5, take the NE 71st/NE 65th Streets exit (exit #171). Once off the exit, turn left onto NE 71st Street and go over the freeway, where the road turns into NE 70th Street. At the first traffic light, turn right onto Roosevelt Way NE. Go one mile and turn left onto 35th Avenue NE. Go less than one block, and the church is on the right side of the street. If traveling by bus, take Metro route 25, 40, 65, or 71.



Feel free to copy this form, if you prefer
not to cut this newsletter.

C. G. Jung Society, Seattle

Pre-registration for Spring 1998 Workshop

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail this form and payment to: C. G. Jung Society, 4649 Sunnyside Avenue North, Room 345, Seattle, WA 98103. Questions? Call the Jung Society office at (206) 547-3956.

Fees: \$30 for Society members / \$40 for non-members
\$25 for student/senior members / \$35 for student/senior non-members

I enclose \$_____ (check or credit card) for pre-registration for the following:

Polly Young-Eisendrath's April 4 workshop, *The Resilient Spirit: A Buddhist Approach to Jung's Psychology*

Charge my VISA MC Number _____/_____/_____ Exp. date _____

Name _____

Address _____

Payment must accompany your pre-registration. No refunds.

Upcoming
1998-99 Program Year
The New Millennium
Begins Fall 1998

This fall we will highlight the ways in which Jungian thought can contribute to deepening our experience of this new epoch. Well-known Jungian analyst **Jim Hollis** from Philadelphia, author of many books, will be our keynote speaker in October, followed by **Virginia Apperson** from Atlanta, and in January by **John Beebe**.
We look forward to seeing you in the fall.

C. G. Jung Society, Seattle
4649 Sunnyside Avenue North, Room 345
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