



# WINTER 1997 NEWSLETTER

## The Journey of Individuation

Conscious and unconscious do not make a whole when one of them is suppressed and injured by the other. If they must contend, let it at least be a fair fight with equal rights on both sides. Both are aspects of life. Consciousness should defend its reason and protect itself, and the chaotic life of the unconscious should be given the chance of having its way too—as much of it as we can stand. This means open conflict and open collaboration at once. The way

human life should be. It is the old game of hammer and anvil: between them the patient iron is forged into an indestructible whole, an “individual.”

This, roughly, is what I mean by the individuation process. As the name shows, it is a process or course of development arising out of the conflict between the two fundamental psychic facts.

—C.G. Jung, “Conscious, Unconscious, and Individuation,” *CW* 9, I, ¶ 522-3

### Series Keynote

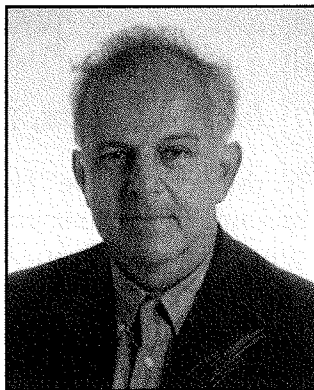
Thomas Kirsch, M.D.

#### *Why Individuation? — Uses & Abuses of Individuation*

In this lecture, Dr. Kirsch will reflect on how individuation was viewed by first-generation Jungians in the 1950's and 1960's. The role of the mandala as a symbol of individuation will be discussed. In the early days of analytical psychology, individuation was a process belonging strictly to the second half of life. Fordham in London extended individuation to the first half of life, and studied it in infants and children. From our knowledge of sand play and children's drawing, we know that mandalas and other symbols of individuation begin at a very early age.

In his workshop, Dr. Kirsch will focus on the life of Jung. As a dream image, Jung seems to represent many things, from the wise old man, to finding one's center. We shall discuss Jung's confrontation with the unconscious, showing pictures which have been made public from the Red Book. The workshop will move from Jung's own life to our present understanding of what he means for each of us.

Thomas Kirsch, M.D. is a Jungian analyst in private practice in Palo Alto since 1967. He is a graduate of the San Francisco Jung Institute. He is a past president of the Jung Institute in San Francisco, and immediate past president of the IAAP. He has authored a number of articles on dreams, Jung, and the analytic process. He is currently writing a book on the history of analytical psychology.



### January 10 & 11

Friday Lecture  
7:30 to 9:30 PM  
Good Shepherd  
Center, Room 202

Fees:  
\$10 members  
\$12 non-members

Saturday Workshop  
10:00 AM - 2:00 PM  
Good Shepherd  
Center, Room 204

Fees:  
\$30 members  
\$40 non-members  
\$25 student/senior  
members  
\$35 student/senior  
non-members

## *Archetypes & Attractors*

**Feb. 14 & 15**

Friday Lecture  
7:30 to 9:30 PM  
Good Shepherd  
Center, Room 202

Fees:  
\$10 members  
\$12 non-members

Saturday Workshop  
10:00 AM - 2:00 PM  
Good Shepherd  
Center, Room 204

Fees:  
\$30 members  
\$40 non-members  
\$25 student/senior  
members  
\$35 student/senior  
non-members

**March 14**

Friday Lecture  
7:30 to 9:30 PM  
Good Shepherd  
Center, Room 202

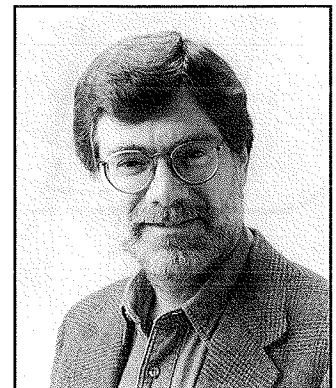
Fees:  
\$10 members  
\$12 non-members

### **John van Eenwyk, Ph.D.** *The Chaotic World of Symbols*

This lecture will introduce chaos theory through slides and a video that demonstrate how chaotic dynamics look when represented graphically. Dr. van Eenwyk will explain in depth the similarity between chaos theory and Jung's concepts, especially psychic energy, archetypes, and symbols, the pillars of the ongoing journey of individuation. Dr. van Eenwyk will draw on the ideas contained in his new book, *Archetypes and Attractors: The Chaotic World of Symbols*.

The workshop will provide an in-depth exploration of the relationship between chaotic dynamics and symbols. What are the mechanics of symbols? How do they operate in our lives, dreams, and rituals? We shall look at a folktale and a myth to see how chaotic dynamics operate in symbolic themes. Once we become familiar with how chaotic dynamics operate in symbols, we shall analyze examples from our own lives to see how the science of chaos and Jungian psychology can provide insight into how to cope with the turbulence in which we often find ourselves.

The Rev. Dr. John van Eenwyk is the Associate Rector at Saint John's Episcopal Church, Olympia; a training analyst at the C.G. Jung Institute of the Pacific Northwest; and a clinical supervisor at the University of Washington School of Medicine. A licensed clinical psychologist, he is in full-time private practice and lectures internationally on the treatment of torture survivors.



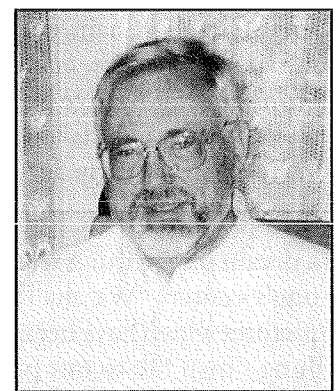
## *The Lady & the Unicorn*

### **Ladson Hinton, M.D.** *Individuation, Narcissism, & the Hunt for the Wild Unicorn*

In this lecture, Dr. Hinton will explore the symbolic meaning of the unicorn in order to expand upon Jung's concept of individuation. The unicorn cycle, as illustrated by the Lady and Unicorn tapestries, depicts the vital movement of the primal life energies. Jung equated the unicorn with the alchemical "Spirit Mercurius."

The unicorn is also connected with the cycle of seasons. This view contrasts with the myth of progress which has dominated the modern world since the Enlightenment. These two mythic perspectives—life as progress and life as a recurring cycle—are the lenses through which we experience much of our inner and outer life.

This raises many questions, among them: Is life an endlessly repeated cycle, and "progress" an illusion of the ego? What do we mean by psychological growth? Is change



—continued on page 5

## CORNER

NAME: Karen Campbell

POSITION: Newsletter editor since Fall 1996

JUNG SOCIETY MEMBER SINCE: 1992

FAVORITE QUOTE FROM C.G.: "The encounter with the creature changes the creator."

OCCUPATION: Writer and freelance editor.

Karen, along with the seven other members of her writing group, formed Pod Publishing. Their first book, *My Mother's Tattoo & Other Family Memoirs*, appeared in March of this year. To this anthology each writing group member contributed a memoir about his or her mother or father, or a mother or father figure. Says Karen, "These essays are not Hallmark cards about how perfect our parents are. These are honest-yet-loving looks at our parents."

ON WHY SHE VOLUNTEERS: "Studying Jungian psychology has given me an understanding of human nature that I can apply immediately to the characters in my stories, and so has made me a better writer. Acting as newsletter editor gives me the chance to serve the very Society from which I have learned so much, using my best skills."

### Upcoming Programs

We will continue our theme of "The Journey of Individuation" through Spring 1997. The following speakers and events are scheduled:

**April 11 & 12**

Betty Meador, Ph.D.

*Preparing for the Millennium—The Problem of Opposites in the Age of Aquarius*

**May 9 & 10**

Wendy Wyman-McGinty, Ph.D.

*Authentic Movement & Witnessing in Analytic Practice*

Our Autumn 1997 theme will highlight Jung and religion.

### In Memoriam

**George Doczi**, a founding member of the C.G. Jung Society•Seattle, passed away December 14, 1995. George was best known as the author of *The Power of Limits*, a work that emphasizes the interrelationship between art and mathematics.

## Twelfth Night

Members of the C.G. Jung Society are invited to the annual Twelfth Night Festivities on Sunday, January 5, 1997, from 6:00 to 8:00 PM.

Our annual holiday party takes place at the traditional Christmas festival of Twelfth Night. There will be good company, good cheer, and good conversation.

Please bring your favorite hors d'oeuvres. Beverages will be provided.

This year, we've got something special cooking—and we need your help. We are requesting that you bring a recipe, neatly hand-written or typed. The recipe for the hors d'oeuvres you bring to the Twelfth Night party would be ideal, but we will welcome any other recipe that is your original creation and that you are willing to share.



## From the Jung Society Board

Special thanks to Bunny Brown and Milly Royce for their efforts coordinating the John Maxwell Taylor event that opened our 1996-97 program year. Congratulations to Peter Elting, our new program chair, for a successful fall program.

### *An Urgent, Earnest Call for Volunteers*

The dedication of individuals makes Jung Society events possible. The purpose of the Seattle Jung Society is to educate the general public about the psychology of C.G. Jung. In order to continue, the Jung Society needs the support of member volunteers to fulfill the many tasks necessary for it to function. Help is needed in the following areas: facility (selecting rooms for each event, and/or setting up and taking down chairs for events); graphic designer for news releases; audio-visual; library; office; program committee; and event cashier support. We are also seeking new chairpersons for publicity and membership. If you can help, please contact Lucretia Devine at (206) 548-9373 or (206) 547-3956.

### *Newsletter/Mailing List Alert*

It is the custom of the Jung Society to mail a one-time complimentary newsletter to individuals who attend one of our events for the first time. If you wish to continue to receive the newsletter, we invite you to become a member of the Society or to subscribe to the newsletter. Please see membership and newsletter subscription information in the coupon below.

### *Refund Policy*

Because we rely on workshop pre-registration information to budget for speakers' fees and room rentals, we are not in a position to give refunds to those registrants who later choose not to attend. Refunds will be made only in those cases where the Society cancels a workshop for lack of pre-registration.

### Board of Directors

Lucretia Devine,  
President  
Bev Osband,  
Vice President  
Diane Bogue,  
Cashier  
Bunny Brown,  
Office Manager  
Jean Butler,  
Secretary  
Karen Campbell,  
Newsletter  
Peter Elting,  
Program Chair  
Lynn Hillberg,  
Membership  
Barbara  
Kendziorski,  
Hospitality  
Milly Royce,  
Library

## C. G. Jung Society • Seattle

### Pre-registration for Winter 1997 Workshops

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail form and payment to C. G. Jung Society, 4649 Sunnyside Avenue North, Room 345, Seattle, WA 98103. Questions? Call the Jung Society office, (206) 547-3956.

I enclose \$ \_\_\_\_\_ (check or credit card) for pre-registration for the following:

- Thomas Kirsch's January 11 workshop, *Why Individuation?*  
(\$30 for Society members / \$40 for non-members  
\$25 for student/senior members / \$35 for student/senior non-members)
- John van Eenwyk's February 15 workshop, *The Chaotic World of Symbols*  
(\$30 for Society members / \$40 for non-members  
\$25 for student/senior members / \$35 for student/senior non-members)

- Please renew my membership to the Society. Dues for one year are:
- |                            |               |
|----------------------------|---------------|
| Single member              | \$40          |
| Student/senior/low income  | 25            |
| Couple (same address)      | 65            |
| Sustaining member          | \$250 - 1,000 |
| Newsletter subscriber only | 8             |

Charge my VISA MC Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

**Payment must accompany your pre-registration. No refunds.**

really an archetypally-determined series of stages, which we interpret as growth? Is the true nature of individuation a paradox, which somehow contains all these perspectives?

**Ladson Hinton, M.D.** is president of the North Pacific Institute for Analytical Psychology in Seattle. He is a graduate of the C.G. Jung Institute of San Francisco, and has practiced as a Jungian analyst for over twenty years. Dr. Hinton has written and lectured on a wide variety of topics, including: the archetype of the fool, the midlife passage, the interpretation of fairy tales, the animal soul, the meaning of shame, paradoxes of love, and the Parzival legend.

## Library

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During the past few months we have received several welcome donations. Al Selves has given us 75 books from his late wife Traudl's library. Nancy Alvord has donated 65 books from her library. Heather and Bill Russell have also donated several books.

Some of our newly-acquired titles are:

- David Rosen, *Transforming Depression, A Jungian Approach to the Creative Arts*
- Jean Shinoda Bolen, *Close to the Bone*
- Lawrence Jaffe, *Liberating the Heart*
- C.G. Jung, *Psychology of the Transference*
- C.G. Jung, *Integration of Personality*
- Mary Ann Mattoon, *Applied Dream Analysis*
- Robert Johnson, *Lying with the Heavenly Woman*
- John Sanford, *The Strange Trial of Mr. Hyde*

Several titles from our collection are missing. Among them are:

- Mary Ann Atwood, *Suggestive Inquiry into Hermetic Mystery*
- Robert Hopke, *Men's Dreaming, Men's Healing*
- Mario Jacoby, *Analytic Encounter; Transference*
- C.G. Jung, *Critique of Psychoanalysis*; also, Vol. 19 of his *Collected Works*
- Karl Kerényi, *Apollo, The Wind, the Spirit, and the God*
- Karl Kerényi, *Dionysus, Archetypal Image of Indestructible Life*
- Karl Kerényi, *Goddesses of Sun and Moon*
- Heinz Kohut, *Analysis of the Self*

If you are in possession of a book that belongs to the Jung Society library, please return it before we commit the time and funds to replacing it.

We need more volunteers in order for the library to be open on a dependable basis. We hope that some of you will be able to make this commitment. In addition to doing a few library chores, library volunteers are able to sit and read, brew a cup of tea, look at the great view of Meridian Park from our window, and listen to our tapes. Volunteers have the first opportunities to check out new materials. As an added incentive, all committed volunteers receive reduced admission to Jung Society events. If you would like to volunteer, please call our office.

All books, cassette tapes, and periodicals are available on loan to members.

Please feel free to donate books or other reference materials to our library. Occasionally we receive some duplicates; we may offer these for sale to our members at a later date.

## Library Hours

Saturdays  
11:00 AM to 4:00 PM  
and

January 13 & 27  
1:00 to 3:00 PM

February 10 & 24  
1:00 to 3:00 PM

March 10 & 24  
1:00 to 3:00 PM

April 14 & 28  
1:00 to 3:00 PM

Closed Holidays

(In case of poor weather conditions, please phone ahead to make sure the library is open.)

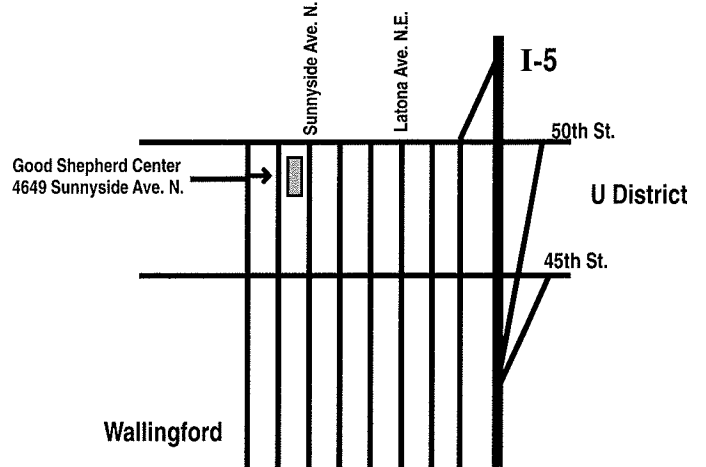
Books may be returned to the book drop across the hall from our library any time the Good Shepherd Center is open, Monday through Friday, 8:00 AM to 10:00 PM, Saturday 9:00 AM to 5:00 PM.

The library is located in Room 345 of the Good Shepherd Center.

## *Driving Directions*

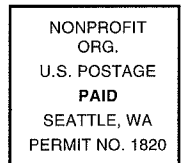
### **Directions to the Good Shepherd Center 4649 Sunnyside Avenue North:**

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th onto Sunnyside Avenue North and travel to the Center on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Follow entry drive left to the parking lot south of the building. Enter the building at the main entrance.



**C. G. Jung Society, Seattle**  
4649 Sunnyside Avenue North, Room 345  
Seattle, WA 98103

(206) 547-3956 / [www.eskimo.com/~dcs](http://www.eskimo.com/~dcs)



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