

Spring Program—Trauma and Rebirth

The C.G. Jung Society program season once again concludes in June. We've enjoyed a rich variety of events so far. The fall season introduced the theme, "Creativity and Transformation." The heart of the winter's program was "An Inward Look at Psyche."

Our spring program includes a variety of Jungian topics and speakers. Out-of-town guests include Jungian analyst Ursula Wirtz from Zurich, Switzerland. She addresses the relationship of the spiritual journey and Jungian values. San Francisco-based Jungian analyst Virginia Beane-Rutter's Friday night lecture uncovers the mysteries of the birth-giving goddess. Her workshop explores the spiritual in the context of the Eleusinian mysteries.

The subjects of our three local speakers vary. Emmett Early looks at trauma, Kent Devine examines the parallels and relationship between Jungian psychology and the martial arts, particularly *aikido* and *tai chi*. In the season's final lecture, Carl Robinson reflects on the unconscious dynamics of relationship.

Unbeknownst to the Jung Society, this calendar year heralded great changes for the Society. In September, Cornish notified us that their enrollment had increased and space would no longer be available to us. Soon after, in December, University Heights announced that the Seattle School District was reclaiming their building to accommodate district changes. Transformation continues for the Jung Society as we seek a new home for the office, library and programs.

This is also a time of creative transformation for the program committee, as plans for the 1995 program year begin. Programs form the core of the Jung Society. This makes the selection of speakers, topics, and sites an ongoing item of discussion. A part of the planning process is to reflect

on input from comments received on last year's evaluation sheets. During the last two years, several members have requested well-known speakers such as Mariam Woodman, Clarisse Estes and Arnie Mindel. All three speakers were invited. Two declined and the third is not available until 1995.

Some members would prefer only out-of-town speakers; others prefer local presenters. We have tried thus far to include one of each group each month. From the local scene, we have varied the program with local analysts, local Jungian-oriented therapists or professionals from related areas of interest, such as the arts. One factor that greatly influences our choices is the expense attached to out-of-town speakers. Although these speakers add to the depth and interest of the program, the Society often incurs a financial loss.

During the last two years, in order to study a subject in depth, program seasons have been planned with a theme. "Arts Revealing the Psyche," for example, was created as a bridge to the greater community, providing an umbrella under which the Society could include people from the community who are not trained in psychology but are experts in subjects that complement Jung's thought.

As we plan our 1995 season, I invite you to write in your requests and make any comments you feel will be helpful to the Jung Society. Persons who wish to be considered as part of the 1995 program are requested to submit a program proposal. We look forward to your input.

The Jung Society invites members to its end-of-the-year celebration and election of officers. It is planned for Sunday, June 5 at the Capitol House, 1605 17th Ave (northwest corner of 17th and Madison). In addition to a potluck dinner, entertainment is planned.

Lucretia Devine, Program Chairperson



Calendar of Events — Spring 1994

Unless otherwise noted, all Friday events are at 201 Gowen Hall and all Saturday events are at 115 Smith Hall, both on the University of Washington campus.

Friday, April 8, Emmett EARLY, *The Trauma Complex* (Lecture in 301 Gown Hall)

Saturday, April 9, Emmett EARLY, *Trauma and Culture* (Workshop)

Friday, April 22, Virginia BEANE-RUTTER, *The Birth-Giving Goddess* (Lecture and Slide Presentation)

Saturday, April 23, Virginia BEANE-RUTTER, *The Eleusinian Mysteries* (Workshop)

Friday, May 13, Ursula WIRTZ, *Spiritual Values in Analytical Psychology* (Lecture)

Monday, May 23, Kent DEVINE, *Aikido and Jung*, (Lecture at 115 Smith Hall)

Friday, June 3, Carl ROBINSON, *Relationships: Mirrors to Our Souls* (Lecture)

Cancelled

April

The Trauma Complex

A Lecture by

EMMETT EARLY, PH.D.

Friday, April 8 • 7:30 to 9:30 P.M.

Gowen Hall, Room 301 • University of Washington
Members \$5.00 • Nonmembers \$8.00

It was C.G. Jung's turn-of-the-century word association research that led to his formulation of the concept of the psychic complex. His research and theoretical ideas anticipated the contemporary study of post-traumatic stress disorder (PTSD). Dr. Early's lecture will be devoted to an examination of modern research into PTSD from a Jungian perspective. He will discuss, in particular, the significance of unconscious dynamics of PTSD symptoms, particularly hyperarousal, on the trauma survivor. He will expand on his recently published book, *The Raven's Return: The Influence of Psychological Trauma on the Individual and Culture*, with a special nod to the survivor as trickster, as seen in Homer's portrayal of the war survivor in *The Odyssey*.

Trauma and Culture

A Workshop by

EMMETT EARLY, PH.D.

Saturday, April 9 • 10:00 A.M. to 1:00 P.M.

Smith Hall, Room 115 • University of Washington
Members \$18.00 • Nonmembers \$23.00

Psychological trauma forms a complex which is always at least partly unconscious. Sometimes an artist expresses his or her individual trauma complex in a way that captures collective imagination, as with Mary Shelley's *Frankenstein* and Robert Louis Stevenson's *The Strange Case of Dr. Jekyll and Mr. Hyde*. Throughout history the collective psyche has expressed trauma complex in archetypal form through the recordings of oral tradition, as in Homer's *The Odyssey*, in *Sir Gawain and the Green Knight*, and in numerous fairy tales. More recently we see collective efforts to entertain leading to the production of comic books, etc., which are often psychologically naive expressions of the trauma complex in action.

This workshop will explore the helical interaction between psychological trauma as it influences the survivor, as the survivors collectively influence the culture, which, in turn, influences popular attitudes toward the survivors. Workshop participants will be shown examples of the trauma complex in culture and of trauma survivors influencing each other with their productions.

Emmett Early received his Ph.D. in psychology from Washington State University in 1977. He began addressing psychological trauma when his work with war veterans began in 1979. In his private practice in Seattle, he has continued to work with trauma survivors.

The Birth-Giving Goddess

A Lecture and Slide Presentation by
VIRGINIA BEANE-RUTTER

Friday, April 22 • 7:30 to 9:30 P.M.

Gowen Hall, Room 201 • University of Washington
Members \$7.00 • Nonmembers \$10.00

April is a month of flowering, of opening, of birthing. Nature is manifesting rebirth after the death of winter. Change or transformation in depth psychology reflects the natural cycle in an inner experience of death and rebirth: the death or sacrifice of an old way of being that allows a new way to be born. This dual archetype emerges over and over again in dreams and fantasies during analytic work.

Virginia Beane-Rutter will give a lecture exploring the archetype of death and rebirth by showing slides of prehistoric goddess sites and figures from Ancient Anatolia and Old Europe.

The Eleusinian Mysteries

A Workshop by

VIRGINIA BEANE-RUTTER

Saturday, April 23 • 10:00 A.M. to 4:30 P.M.

Smith Hall, Room 115 • University of Washington
Members \$50.00 • Nonmembers \$60.00

For 2,000 years the Eleusinian Mysteries—core of spiritual meaning for Ancient Greece—were celebrated in the fall at the end of harvest. The mysteries enacted Demeter's search for her lost daughter, Persephone's descent to the underworld and her return/rebirth.

In this workshop, Virginia Beane-Rutter will present the mythological story of the mother-daughter pair as described in the Homeric Hymn to Demeter; slides showing the extant temple at Eleusis; the socio-political situation in Athens during the Periclean Age at the height of the practices; and a detailed description of the preparation, purifications, procession and culmination of the initiation ritual itself. Participants are encouraged to bring their own or clients' imagery/dreams/experiences which they feel relate to these mysteries.

Suggested reading: "The Homeric Hymn to Demeter" (in Charles Boer, *The Homeric Hymns*, or any translation would do).

Virginia Beane-Rutter is a Jungian analyst practicing in Mill Valley, California. She holds an M.A. in Art History and an M.S. in Counseling Psychology and received her analytic training in Zurich and San Francisco. Ms. Beane-Rutter is on the teaching faculty of the C.G. Jung Institute in San Francisco and is the author of *Woman Changing Woman: Feminine Psychology Re-Conceived Through Myth and Experience* (Harper, San Francisco, 1993).

Spring Schedule

May

Spiritual Values in Analytical Psychology

A Lecture by

DR. URSULA WIRTZ

Friday, May 13 • 7:30 to 9:30 P.M.

Gowen Hall, Room 201 • University of Washington

Members \$7.00 • Nonmembers \$10.00

One of the basic assumptions of analytical psychology is that human nature includes a spiritual dimension. We consider spiritual development as a transformational process to discover who we are meant to be, to explore our life's myth and obey it. The study of Jungian values can provide us with orientation on this spiritual journey of personal being and becoming.

Dr. Wirtz's lecture will explore Jung's connection with the spiritual realm of the psyche. Analytical psychology postulates an autonomous spiritual principle in human beings and considers spiritual development as an innate evolutionary capacity, a transformational process to discover and live according to the law of one's being. This path of transformation, to recover what one does have without knowing it, and finally arrive at what one is and always was, is the journey of spiritual development.

Dr. Ursula Wirtz holds a Ph.D. in philosophy, literature and linguistics from the University of Munich and obtained her degree in clinical psychology from the University of Zurich. She is a Jungian analyst in private practice in Zurich and a member of the faculty of the C.G. Jung Institute, Zurich, where she was trained. She has taught at various universities in Europe and lectured widely on analytical psychology. She has published numerous publications on child abuse, sexual violence against women, boundary violations in psychotherapy, paternal deprivation, and gender and cultural identity.

Aikido and Jung

A Lecture by

KENT DEVINE

Monday, May 23 • 7:30 to 9:30 P.M.

Smith Hall, Room 115 • University of Washington

Members \$5.00 • Nonmembers \$8.00

This lecture with video clips will examine the many parallels of the Japanese martial art *aikido* with analytical psychology. To some degree it will apply to all martial arts, particularly *tai chi*. The focus will be on aikido in its spiritual dimension and how it constellates specific archetypes and augments the more traditional forms of psychotherapy, placing emphasis on the body (Eros) rather than the mind (Logos). Particular attention will be paid to the energy form named *ki* (*chi* in Chinese) and how it is developed.

Kent Devine is a Washington state certified mental health

counselor in private practice in Gig Harbor. He studied for three years at the C.G. Jung Institute in Zurich in the early 1970s and is a member of the Jungian Psychotherapist Association. He is past clinical director of the Kitsap County Mental Health Center and has worked for over ten years on psychiatric hospital wards. He has trained in *aikijutsu* (*aikido*) for twelve years, has a third degree black belt, and has been an instructor in aikido at the YMCA in Tacoma for the past eight years.

June

Relationships: Mirrors to Our Souls

A Lecture by

CARL ROBINSON, PH.D.

Friday, June 3 • 7:30 to 9:30 P.M.

Gowen Hall, Room 201 • University of Washington

Members \$5.00 • Nonmembers \$8.00

Through our relationships with others, we have the opportunity to really see ourselves and grow. In our relationships, whether intimate, work or social, we will, without fail, project onto the other the "disowned," "split off," "shadow" parts of our psyche. Often, the patterns of disagreements, disappointments and finger pointing in our relationships are the way our psyche brings to our awareness those disowned parts. C.G. Jung observed that one of the most important ways to discover and understand our unconscious is through becoming aware of our projections. It is through the awareness and integration of these shadow aspects of our psyche that we can enhance our relationship with ourself and others.

In this presentation, several problematic patterns that often occur in relationships will be discussed. We will also look at some practical ways to identify and transform these patterns.

Carl Robinson, Ph.D., is a licensed psychologist in private practice in Seattle who works with individuals and couples. He is a graduate of the California Institute of Integral Studies and has been involved in the field of psychology for over 20 years. He is also a co-founder of the Jungian Psychotherapist Association.

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ANNOUNCEMENTS—The library is temporarily closed until the Society finds a new location. Please forward any suggestions for office and/or library space to the Society. Also, the Society is currently seeking a volunteer secretary, as well as volunteers to work on publicity and the newsletter.

C.G. Jung Society, Seattle

Membership and Subscription Request

Feel free to make a copy of this form if you'd prefer not to cut it out.

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Sustaining member	\$90	Couple (same address)	\$48
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