

Spring Schedule of Events

April



Psyche and Sound: The Use of Music in Jungian

Analysis • Patricia Warming, M.A., M.Div.

Monday, April 12 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

I feel that from now on music should be an essential part of every analysis. This reaches the deep archetypal material that we can only sometimes reach in our analytical work with patients. This is most remarkable.

—Dr. C.G. Jung

Throughout his life's work, Dr. C.G. Jung gave primacy to the psyche and its manifestation in dreams and imagination. In a letter Dr. Jung wrote in 1950, he added that music expresses in sounds what fantasies and visions express in visual images. This presentation will be an overview of the way in which music can help us to reach those deeper recesses of the psyche/soul that words often cannot touch. Work with sound and music can help to access memories, connect with deep emotions, facilitate work with imagery, and connect us to our bodies. This can help us to experience both the vibrational and psychic energies necessary for wholeness.

The program will include some video clips demonstrating the vibrational effects of sound on matter where we can observe archetypal patterns created solely by sound. We will engage in some listening exercises.

Patricia Warming is a Jungian analyst in private practice in Seattle. She received her graduate degrees from Princeton Theological Seminary and the C.G. Jung Institute in Zurich, Switzerland. Her college degree is in music. She is a member of Jungian Analysts •North Pacific and the International Association for Analytical Psychology. Warming is the author of an article entitled "Psyche and Sound" published in *Music and Miracles*, a new book compiled by Don Campbell.

Arthur Jones, Ph.D. & Ingrid Thompson

The Transforming Power of Music:

Understanding the Historical, Cultural, and

Psychological Foundations of African-American

Religious Folk Songs (Spirituals)

Friday, April 23 • 7:30 to 9:30 P.M.

University Congregational Church • 4515 16th Ave. N.E.

\$4 children under 12, \$8 adults

Traditional African-American religious folk songs, also known as "spirituals," provide us with a rich source of wisdom concerning human tasks of individuation and action in the world that are of interest to Jungian therapists

Continued on next page—

Inside



Spring Schedule

Warming

Psyche and Sound

April 12

Jones & Thompson

Understanding Spirituals

April 23

Hufford

Divine Trickster, Holy Fool

April 30

Chinen

Once Upon a Mid-Life

May 7-8

Williams

Elders of the Tribe

May 17

Annual Meeting

June 6

Message from

the President

Society

Library Notes

* Spring Schedule *

and scholars. Sadly, psychologists have failed to understand very much about this rich source of archetypally symbolic material, material that is relevant not only to African Americans, but to people in all places and all times who struggle with issues of internal and external oppression.

In this presentation, Dr. Arthur Jones will sing a sampling of representative spirituals, interspersed with a discussion of the history of the cultural foundations of these songs, with particular attention to how their symbolic meanings and functions can be understood within a Jungian framework. He will be accompanied on piano by Ingrid Thompson.

Arthur Jones holds a Ph.D. in clinical psychology from the University of Iowa and maintains a part-time practice in Denver. He is a senior lecturer in the Department of Psychology at Denver University, where he teaches courses in Jungian and multicultural psychology. His singing career began in high school, when he sang with a select chorus of New York City singers and performed on television with the group. He was in a touring choir while in college, but then took many years off before returning to music. He has been a chorister with the Opera Colorado chorus and a tenor soloist at Washington Park United Methodist Church in Denver. Dr. Jones has found that his lecture-recital programs on African-American spirituals combines his interests as a teacher, scholar, and singer. Following a series of programs in the Denver area in the winter of 1992, Dr. Jones and Ingrid Thompson have given presentations in New York and Colorado. Dr. Jones' new book on spirituals, *Wade in the Water*, will be published by Orbis Books in August 1993.

Ingrid Thompson has been studying and playing piano since she was 10. She attended Whittier College and the University of Colorado at Boulder and graduated from Denver University's Lamont School of Music. She has been the organist and choirmaster at several Episcopal churches in Colorado and has studied with and accompanied Alethia Kisling.

Divine Trickster, Holy Fool: Agent Provocateur for the Self • David Hufford, M.A.

Friday, April 30 • 7:30 to 9:30 P.M.
Cornish North • 1501 Tenth Ave. E.
\$5 members, \$8 nonmembers

This lecture will explore the most elusive of archetypal images—the Trickster. A variety of examples, both mythological and clinical, including Native American Trickster figures, Hopi Clowns, Hermes, alchemical Mercurius, and Zen/Taoist fools and sages, will be used to help shed light on the vital role the Trickster plays as an agent for the Self. Trickster energy can be experienced in various ways—sometimes playful, sometimes destructive or demonic. But we shall see how it is ultimately in the service of individuation, through the relationship between the Ego and the Self. The more we can become aware of this energy in our own lives, the more it can be experienced as helpful rather than harmful.

David Hufford is a Jungian-oriented psychotherapist with a private practice in Seattle. He holds a master's degree in clinical psychology from Seattle University and has a background in spiritual studies and the visual arts. The focus of his work includes helping others with life transitions and relationship difficulties as well as issues of loss, grief, and renewal.

Continued on next page—

Lecture-Workshop Discount

The Jung Society has a discount policy for those who attend consecutive lecture-workshop presentations and pay for the Saturday workshop before the Friday lecture. Those who do so will be admitted to the lecture free of charge. So, plan ahead for our workshops and save money.

Jungiana

A Message from the President

The Jung Society welcomed 1993 at the traditional Twelfth Night Party in the lovely home of Nancy and Buster Alvord. Being surrounded by so many original art pieces seemed to foster a warm sense of connection and community among the guests. The evening was a time for longtime Jungian friends to meet again and rekindle their common interest in things Jungian. This led to various discussions about the Society, what members like, what they miss, what they would enjoy attending in the future.

For some, our presentations are too intellectual and, for others, not stimulating enough. Some would like to hear more well-known speakers while others wish to hear more local presenters. While the maxim holds true that you can't please all the people all the time, the Board and Program Committee members are appreciative of feedback and are open to any new ideas. By listening carefully, we hope to please all the members some of the time.

This opportunity to engage in dialogue with the membership, thus promoting a stronger sense of a Jungian community, is so welcome and helpful to members of the Board that we have decided to plan our annual meeting for 1993 as a party marking the end of the program year. On Sunday, June 6, from 6 to 9 P.M., we will sponsor a potluck supper followed by entertainment. This party will be at the University Heights Community Center, 5031 University Way N.E., in Seattle.

One of the Board's main tasks this year has been to update and upgrade the Society's bookkeeping. Over the years, the Jung Society has grown substantially, requiring more attention to the details of being a substantial nonprofit business. While our costs escalate in every area of program presentation, our membership does

Continued on next page—

* Spring Schedule *

May

Allan B. Chinen, M.D.

Once Upon a Mid-Life: Fairy Tales and the Psychology of Men and Women at Mid-Life

Friday, May 7 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$7 members, \$10 nonmembers

Handed down over centuries, fairy tales are treasuries of folk wisdom. This lecture will focus on a unique and much-neglected group of stories that address the issues of mid-life. Tales from around the world will be retold and discussed, focusing on the contrasting psychological tasks men and women face in the middle years: transforming youthful ideals into practical action; breaking free of traditional masculine and feminine stereotypes; coming to terms with death, fate, and tragedy; and finding healing in a deep inner source of life.

Prince Charming and Cinderella Revisited: The Journey of Middle and Late Life in Fairy Tales

Saturday, May 8 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$50 members, \$60 nonmembers

This workshop will take a deeper look at fairy tales about mid-life and then introduce another group of stories specifically about old age. Tales from around the world will be retold and their meaning discussed. Fairy tales about mid-life address such issues as giving up the magic and innocence of youth; men coming to terms with their inner feminine, and women with their inner masculine; and finding creativity and renewal in the turmoil of mid-life changes. Fairy tales about later life emphasize confronting loss and despair; being open to the return of magic; and finding wisdom and spiritual illumination. In addition to storytelling and discussion, participants will have the opportunity to act out fairy-tale skits and use visualization to discover their own inner stories, awakening the storyteller within.

Allan B. Chinen, M.D., is a psychiatrist in private practice in San Francisco and associate clinical professor, psychiatry, at the University of California, San Francisco. He is the author of *In the Ever After: Fairy Tales and the Second Half of Life* and *Once Upon a Mid-Life: Classic Stories and Mythic Tales to Illuminate the Middle Years*, and a forthcoming book, *Beyond the Hero: Tales of the Deep Masculine*.

Elders of the Tribe • Gaye Williams, Ph.D.

~~Monday~~ Friday, May 17 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

In 1988–89, I felt a personal need to find older women to talk with me about their life experience. Several of these women were Jungian analysts—all over 70. I chose these women in particular because of our shared language of the psyche. Not only did they give me the gift of an interview, but the invaluable gift of themselves. This will be an evening in which I hope to pass that gift.

Gaye Williams, Ph.D., is a Jungian analyst and a member of Jungian Analysts•North Pacific. She lives on Orcas Island.

not increase proportionally. At the same time, city, state, and federal laws have become more complex, requiring the assistance of qualified people for accounting and tax work. Such financial assistance is costly. Our treasurer, Marilyn Lamont, with the assistance of Diane Bogue and Bunny Brown, has worked many hours on our new financial plan, thus saving the Society a large portion of those costs. We are pleased to announce that this plan is now in effect. We owe Marilyn a generous thank you for her volunteered services.

Another task on this year's agenda was to secure continuing education credits from the Washington State Psychological Association for those who attend selected Society events. Again, these applications are costly, tedious, and time-consuming. Dr. Carl Robinson has successfully steered this task through the web of application requirements and now we are pleased to offer several events for continuing education credit. Certificates of attendance are also available at each event. Thank you very much, Carl, for your help and continued support.

Another topic under discussion this year has been the structure of our membership fees. Most lay societies such as ours do not charge attendance fees to members. Instead, such societies charge a higher annual membership fee of about \$45 to \$50. The bookkeeping is much simpler this way as the only money collected at each event is from nonmembers. The Board is pondering the benefits of this approach and welcomes any comments.

Being generally an intuitive and introverted group, Jungians are considered to be notoriously lax and confused in such areas as organization and detail. There are always many good ideas floating around at Board meetings, yet these tend to be forgotten or left undeveloped.

We on the Board have been blessed these past years with a person who has ably compensated this situation with concrete facts, figures, and all sorts of helpful data to assist

Continued on next page—

Society Library News

Current library hours are 6:30 to 9 P.M. on Thursdays and 10 A.M. to 2 P.M. on Saturdays. Hours are subject to change. Volunteers interested in helping with the library are encouraged to call the Society.

A number of materials are overdue. Please return any overdue items as soon as possible, either to the cashier at Society events or to the library. When the library is closed, items may be dropped off in the Society's mailbox at the University Heights Center office.

Recent acquisitions of interest:

- T. Absher, *Men and the Goddess*
A. Afanas'ev, *Russian Fairy Tales*
A. Baring and J. Cashford, *The Myth of the Goddess*
P. Cousineau (ed.), *The Hero's Journey: Joseph Campbell on His Life and Work*
M. Gurian, *The Prince and the King*
J. Hillman, *Facing the Gods*
J. Hillman, *The Blue Fire*
R. Hopcke, *Jung, Jungians and Homosexuality*
M. Hope, *The Psychology of Ritual*
M.F. Keyes, *Emotions and the Enneagram*
R. Lockhart, *Psyche Speaks*
J. Matthews, *The Household of the Grail*
M. Murdock, *The Heroine's Journey*
I.B. Myers with P.B. Myers, *Gifts Differing*
P. Reis, *Through the Goddess*
R. Robertson, *After the End of Time*
B. Shorter, *An Image Darkly Forming: Women and Initiation*
M-L von Franz, *Time*
E.C. Whitmont and S. Brinton Perera, *Dreams, A Portal to the Source*
W. Willeford, *Feeling, Imagination and the Self*
R.J. Woolger, *Other Lives, Other Selves*

New Display Policy

The C.G. Jung Society no longer displays flyers from other organizations at Society events. Those interested in posting their flyers at event locations may wish to contact Cornish College North or the University Heights Community Center.

Board approval continues to be required of announcements that will run in the newsletter. To allow time for this process, please submit any materials early enough so that the Board can consider them at its regular meetings, held the first Monday of each month.

C.G. Jung Society, Seattle 1993 Annual Meeting

Sunday, June 6 • 6 to 9 P.M.
University Heights Community Center
5031 University Way N.E., Seattle

Agenda includes business meeting and election of 1993-94 Board members.

All C.G. Jung Society members are invited to attend.

Please bring a dish to contribute to the potluck supper.

Entertainment will be provided.

Announcements

From
Jungian Analysts•North Pacific

Beginning in early 1993, Jungian Analysts•North Pacific began accepting applications for training. The deadline for applications is March 20. A small number of candidates will be selected in June to begin preparation for becoming Jungian analysts.

The first year of study starts in September and will include nine weekend seminars taught by members of the JA•NP and invited guests. In the future, the Education Committee will be accepting applications every other year. For more information, write:

Jungian Analysts•North Pacific
4105 E. Madison St.
Seattle, WA 98112

From
**The Folklore and Mythology
Book Club**

"The Folklore and Mythology Book Club" meets the third Tuesday of each month, 6:30 to 8:30 P.M., at the McCormick branch of the Tacoma Public Library, at 3722 N. 26th St. New members are welcome.

The group is currently playing videotapes of and discussing Joseph Campbell's *The Power of Myth*. The book club's next meeting is scheduled for April 20.

President's Message (continued)

in the decision-making process. In a way, I think Art Hopkins has had the doubtful honor of often serving as the conscience of the Board, a most frustrating role. The Board would like to thank him for the many hours he has given the Society.

Art is now going to England for a 6-month sojourn. We are all delighted in his good fortune while also sorry to see him go. With luck, he will be volunteering some time for the Society again next fall.

Bon voyage, Art.

Looking on to the 1993-1994 season, I invite interested members to consider filling vacancies on the Board of Directors.

We meet on the first Monday evening of the month for 2 hours at Cornish College North and generally have a summer retreat day for long-term planning.

Next year, Kurt and Margaret Vance will give up their leadership of the Hospitality committee. (He's the Greek scholar and she's the woman making those outrageous little creatures that look as if they came right out of a dream!)

Hospitality prepares the room for each event, makes sure the slide projector and lights work, sets up chairs, and prepares food, tea, and coffee for the workshops. The Hospitality chairperson pays no admission for lectures or workshops.

Other positions available will be the positions of Treasurer, Publicity chairperson, Newsletter chairperson, and Sound Recording chairperson.

If you are interested in any of these positions, please leave a message on the Jung Society machine, at (206) 525-3960, or call Kate Millard at (206) 367-7046.

On behalf of the Board, I would like to thank everyone who has participated in the workings of the C.G. Jung Society during this program year: the volunteers, the presenters, and the audience.

Enjoy the spring!

—Kate Millard, president

C.G. Jung Society, Seattle

Membership and Subscription Request

Feel free to make a copy of this form if you'd prefer not to cut it out.

I am enclosing \$_____ for dues, according to the following schedule:

Sustaining member	\$90	Couple (same address)	\$48
Contributing member	\$60	Student/Senior	\$18
Individual member	\$30	Mailing list ONLY	\$6

Make checks payable to: C.G. Jung Society, Room 5A, University Heights Center, Seattle, WA 98105.

Please check here if you want to receive *only* Society mailings.

Name _____ Address _____

City _____ State _____ Zip _____

Phone (____) _____ Comments _____

Statement of Purpose

This newsletter is published three times a year by the C.G. Jung Society, Seattle, a nonprofit educational corporation founded in 1972. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. It sponsors lectures, workshops, seminars, and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

The Society's mailing address is:

**University Heights Center, Room 5A
5031 University Way N.E.
Seattle, WA 98105**

The Society's office and library are at the same location and are open on Thursdays from 6:30 to 9 P.M. and on Saturdays from 10 A.M. to 2 P.M.

For more information about the Society and its programs, please call (206) 525-3960.

Credit for Attending Society Events

Application has been made for Continuing Education Credit from the Washington State Psychological Association for those who attend many of the Society's events. For more information, check with the cashier at any Society event or call Dr. Carl Robinson at (206) 441-5628.

Board Members & Committee Chairs

- Kate Millard • President
- David Hufford • Vice-President
- Traudi Selves • Recording Secretary
- Marilyn Lamont • Treasurer
- • • • •
- Diane Bogue • Cashier
- Bunny Brown • Office Manager
- Steve Brundage • Facilities
- Lucretia Devine • Program
- Art Hopkins • Publicity
- Ken Kimmel • Member-at-Large
- Carl Lipkin • Member-at-Large
- Lynn Mikel-Wyble • Membership
- Bob Quinn • Library
- John Radecki • Member-at-Large
- David Steinmetz • Newsletter
- Kurt Vance &
Margaret Swanson-Vance • Hospitality

Cornish College North Meeting Location

Directions: The North building of the Cornish College of the Arts is at 1501 Tenth Ave. E. (at Galer), just north of St. Mark's Cathedral. **By Car:** To park in the lot behind Cornish North, enter the driveway between St. Mark's and Cornish North College, then turn right at the far end of the building through the archway. The rear entrance to the building, at the far north end under an arch, will be open and lighted. **By Bus:** There is a bus shelter next to the drive between Cornish North and St. Mark's and a stop directly across the street from the school, providing easy access from the University District and downtown via routes 7 and 9.

Coming in the fall—

The Creative Impulse: Jung's, Yours, and Ours

Saturday, October 16

*An educational and social event focusing on creative transformation
in individuals and in community.*

Tom O'Kane on spirituality and creativity
Rebecca Wells on poetry that reflects the individual
Flor Fernandes on creating rituals
Anne de Vore on creative blocks
and others . . .

C.G. Jung Society, Seattle

Room 5A
University Heights Center
5031 University Way N.E.
Seattle, WA 98105

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