

Winter Series

93

The Seasons of Life

Once again, with the passing of time, we encounter winter's short, gray days and long, dark, sometimes freezing, nights. Nature invites psyche during its winter cycle to shift inward. In keeping with this inward movement, the C.G. Jung Society's winter series directs attention toward the inner dynamics of young adulthood and mid-life.

As we continue our stroll through life's stages, several local analysts and therapists will share their views of these important life stages. In addition, in February, Dr. Christine Cowning, San Diego State University chair of religious studies, well-known lecturer, and author of *Journey Through Menopause*, will join us to present her views on mid-life. We have invited Dr. Howard McConeghy to help us celebrate the onset of spring. Dr. McConeghy, founder of the University of New Mexico's archetypically oriented art therapy program, is well known for his therapeutic application of the archetypal image. He will join us during the spring equinox to present a workshop on creativity and image.

We look forward to each of you joining us for the winter segment of the "Seasons of Life" series, and for the welcome of spring 1993.

—Lucretia Devine, Program co-chair

January

Anne de Vore, Ph.D.

Maud Gonne: Ireland's Joan of Arc

Friday, January 15 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

Maud Gonne (1865-1953), a notorious beauty of the Victorian period, was a passionate advocate of Irish freedom. She is best remembered because Irish Nobel poet William Butler Yeats immortalized her in his love poetry and in his play *Cathleen ni Houlihan*, which was written for her.

An unconventional lady of independent means, she smoked cigarettes in public, surrounded herself with dogs and birds, maintained a Paris apartment, raised an illegitimate daughter, and for a brief time was married to Irish hero John McBride, with whom she had a son Sean who became an Irish statesman. The Irish still speak of "maudgonning" — advocating for a cause in a reckless, flamboyant manner. We will study her life for the heroic aspects of modern women. This event will feature slides, poetry, a lecture, and discussion.

An Exercise in Courage for Women Only

Saturday, January 16 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$40 members, \$50 nonmembers

During this day we will explore the extent to which will, intention, and courage are available to us in daily life and for important work. Each of us has our own

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Courage for Women*
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Besheer

*The Hesitant Hero
& Circumambulation*
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Downing

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February 19-20

Joram & Grage

Career Transitions
March 1 and 6

McConeghy

*Archetypal Imagery
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Fergus

Tibetan Book of the Dead
March 29

* Winter Schedule *

style and means, yet each of us can be effective if we become aware of inner strength, talent, and will applied intentionally and courageously. This workshop will involve meditation and exercises in self-expression. Bring paper and simple art supplies. Be prepared to participate in some dream theater and psychodrama.

Note: Continuing Education Credit may be available from the WSPA for those who attend Dr. de Vore's lecture and workshop. Please inquire at the door.

Dr. Anne de Vore is a Jungian analyst in Seattle. She was a staff member of the first women's center to be established in the United States, a center that became the prototype of many centers throughout the country. Her early work for women included the development of the CHANCE workshop, which helped women who had raised their children to assess their skills, complete education, and prepare for re-entry into the workplace.

The Hesitant Hero • Kimbrough Besheer, M.Div.

Friday, January 29 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

This lecture, in keeping with the topic of adolescence in our theme of "The Seasons of Life," will propose another angle from which to look at the hero and male initiation. The introverted male would seem to have a different array of adaptations, obstacles, and possibilities in his process of individuation. This lecture will bring reflection to Dr. C.G. Jung's concept of introversion, introversion's place in the heroic journey, and the archetypes of the introverted hero. At issue in coming to terms with this stage in the process of individuation are the relationships that have to do with mentor, Self, the Feminine, and the collective environment, particularly in regards to vocation, that is, the experience of "calling." The central questions this lecture will address are "How does the adolescent introverted male confronted with the tasks and promises of maturity come into his own?" and "How can we describe a container for initiation that would most adequately provide for an *inward* as well as an *outward* initiation?"

Circumambulation and the Self •

Kimbrough Besheer, M.Div.

Saturday, January 30 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$40 members, \$50 nonmembers

The spiral, whether it be an image of the DNA molecule's double helix or the children of Israel circling Mount Sinai, speaks of the journey of individuation and the emergence of the Self in relation to the ego. This workshop will consist of exercises done both individually and collectively (i.e., with the group) focusing on the archetypal image of the circumambulation of the Self. Using the images of the Stone and the Spiral, which point to the still center and the changing/eternal process of coming to terms with life, this workshop will provide a format and an arena for amplification and reflection on the ego's place in relation to Self as manifested individually and collectively. Participants will need to bring writing or drawing materials, comfortable clothing, and a blanket.

Note: Continuing Education Credit may be available from the WSPA for those who attend Besheer's lecture and workshop. Please inquire at the door.

Kimbrough Besheer is a Jungian analyst (JAAP) in private practice on Mercer Island, Washington. An Episcopal priest as well as an analyst, he holds a Master of Divinity from the Episcopal Divinity School, Cambridge, Massachusetts, and a diploma in analytical psychology from the C.G. Jung Institute of Zurich.

Twelfth Night Festivities

Sunday, January 3, 6 to 8 P.M.

At the Alvord residence
Members only

Join us for the Society's annual holiday party at the wonderfully warm Alvord home, filled with good company. Bring your favorite hors d'oeuvres and share in the festivities. All beverages will be provided.

Society members, mark your calendars for this event!

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Credit for Attending Jung Society Events

Application has been made for Continuing Education Credit from the Washington State Psychological Association for those who attend the Jung Society's winter 1992-93 events led by Dr. Anne de Vore, Dr. Christine Downing, and Kimbrough Besheer. Credit is pending, subject to approval by the WSPA.

In addition, the WSPA has approved Continuing Education Credit for those who attended the Society's fall 1992 events of Dr. Brian Feldman and Dr. Manisha Roy.

For more information about receiving credit for these events, check with cashier Diane Bogue at any Society event or call Dr. Carl Robinson at (206) 441-5628.

Lecture-Workshop Discount

Beginning in the fall of 1992, the C.G. Jung Society, Seattle has enacted a discount policy for those who attend consecutive lecture-workshop presentations and pay for the Saturday workshop before the Friday lecture.

Those who do so will be admitted to the lecture free of charge.

So, plan ahead for our workshops and save money.

* Winter Schedule *

February

The Transcendent Function and Life's Transitions •

Louise Bode

Monday, February 8 • 7:30 to 9:30 p.m.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

The transcendent function, according to Dr. C.G. Jung, is the process of symbolic renewal growing out of the tension of opposites. All the transitions of life embody this conflict of the opposites as we are moved from what is familiar to the unknown. But if the ego can bear the pressure of psychic conflict and not rush to a decision, the creative aspect of the Self can respond. Over time, a new level of meaning is attained that includes both opposites yet "transcends" them. We experience this as rebirth or renewal of life.

There are two aspects of the transcendent function: the response of the Self that has been likened to grace since we don't know why it happens, and the ego, ambiguous with longings and fear of change. But through conscious intent, the ego may prepare for its role in the process. The discussion will focus on the psychological mysteries of commitment, humor, trust, and attitude and how they impact us as we confront the call of the Self in major or minor transitions.

Louise Bode, Jungian analyst, lecturer, and teacher, has been in private practice in Chicago and Seattle for 18 years. She is a founding member of Jungian Analysts • North Pacific.

Christine Downing, Ph.D.

Rites of Ancient Ripening: The Transition into the Last Third of Life

Friday, February 19, 1993 • 7:30 to 9:30 p.m.

Cornish North • 1501 Tenth Ave. E.

\$7 members, \$10 nonmembers

Dr. Christine Downing will introduce the "figures" of the Crone and the Senex and the Maiden and Puer as active archetypes in the last third of life. She will explore both in the lecture and in a Saturday experiential and participatory workshop the archetypal dimensions of the fears and hopes, the blessings and curses, to which women and men are exposed as they consciously move forward into the last third of life. She will also address how the figures of the Crone and the Senex inform our inner lives long before we outwardly approach old age and how even late in life these figures continue to contend with the Maiden and the Puer that lie on within.

• Workshop •

Saturday, February 20, 1993 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$50 members, \$60 nonmembers

Dr. Christine Downing will further explore the subject of the lecture in an experiential and participatory workshop.

Note: Continuing Education Credit may be available from the WSPA for those who attend Dr. Downing's lecture and workshop. Please inquire at the door. *Continued on next page—*

Spring Program Preview

Art Jones

Understanding the Historical, Cultural, and Psychological Foundations of African-American Religious Folksong (Spirituals): Food for Thought

A lecture and performance

Pat Warming

Psyche and Sound: The Use of Music in Jungian Analysis

Al Chinen

Gay Williams

Interviews with the Elders

David Hufford

• Plus many more events •



In October, the C.G. Jung Society will present a two-day event with the theme of "creating."



Volunteers Needed

The C.G. Jung Society's Program Committee needs a Ph.D. volunteer to work on Continuing Education Credits. In addition, volunteers are needed to create posters to advertise Society events and also to distribute flyers.

For more information, please contact Carl Robinson at (206) 441-5628 or Lucretia Devine at (206) 851-5023.

Volunteers may qualify for discounts for admission to Society events.

* Winter Schedule *

Christine Downing holds a Ph.D. in theology and culture. She is chair of religious studies at San Diego State University and has taught at the California School of Professional Psychology, the C.G. Jung Institute in Zurich, and Pacifica Graduate Institute. She has written *The Goddess, Psyche's Sisters, Journey Through Menopause, Myths and Mysteries of Same-Sex Love, Mirrors of the Self, Women's Mysteries*, and *Gods in Our Midst*.

March

When the River Changes Its Bed: Career Transitions in Midstream • Betty Joram, M.Ed., and Joyce Grage, M.A.

Monday, March 1 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

Most of us will face the prospect of a major career change at least once, if not several times, in our adult lives. Some of these will be through a change in technology, others through disenchantment or discouragement in their line of work, some because of illness or relocation to care for a loved one; many women who worked in their homes will also find themselves entering the work force for a variety of reasons. In keeping with this year's theme, "The Season's of Life," we will look at some of the ways that sudden, sometimes traumatic, changes are part of the process of individuation.

The Monday evening presentation will be a facilitated discussion and lecture, providing an overview of the process of career transition. We will discuss conscious and unconscious factors that affect career choices; e.g., how one finds one's first line of work, the influences of complexes that got us there and keep us there, drastic changes in career, the questions that arise in response to such changes, and how we can listen to the unconscious responses that hinder or help us through this time. Handouts will be provided on Monday that will be used on Saturday.

• Workshop •

Saturday, March 6 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$40 members, \$50 nonmembers

On Saturday, the handouts from Monday's presentation will be used to develop tools for rebuilding after a major career change. We will discuss methods of gaining perspective on the past, present, and future, discuss the role of Jung's personality types in understanding career choice and change, and reaffirm ways of listening to the psyche. This is a lot of material; God and Goddess willing, we will tie it all together at the end so it makes sense.

The Saturday program will be a continuation of Monday's presentation, but as there will be discussion of Monday's information, those who are unable to attend on Monday are welcome to attend. Those who wish to attend on Saturday only are encouraged to leave their name and address on the Society answering machine two weeks before the event to receive materials in advance.

Bette R. Joram, M.Ed., is a therapist in private practice in Seattle and past-president of the Jung Society. Joram has taught classes for the Society on the interpretation of dreams and fairy tales and is an adjunct faculty member at Antioch University, Seattle, and Bastyr College. Joram has worked in the field of vocational rehabilitation for 10 years, where she helped adults who had been seriously injured on the job return to new, meaningful employment after lengthy, often traumatic, loss.

Continued on next page—

Announcements

From

Jungian Analysts•North Pacific

We are now officially recognized as a chartered group of Jungian analysts by the International Congress for Analytical Psychology, and we will be accepting a small number of qualified people into our training program in 1993. For further information, please write:

Jungian Analysts•North Pacific
4105 E. Madison St., Suite 200
Seattle, WA 98112

From

Bunny Brown

An introductory Centerpoint meeting will be held Monday, January 11, for those who would like to know more about Centerpoint or for those who have completed a Centerpoint program and would like to form a Centerpoint II or III program. Centerpoint I has been revised with updated language, new tapes, timely additions, and other revisions. Sessions for all three programs will be two or three courses of six sessions each and participants may sign up for only one six-session program if desired. Cost is \$48 per course for Centerpoint I. Participants meet in small groups and listen to taped material that deals with ego, persona, shadow projections, typology, etc. For more information, call Bunny Brown in the evenings at (206) 632-4892.

Mailing List Limits

Although the Society does not sell its mailing list, the Board does occasionally approve its use by groups or individuals sending materials of relevant interest. If you prefer to receive *only* Society mailings, drop a note to the Society at: Room 5A; University Heights Center; 5031 University Way N.E.; Seattle, WA 98105.

* Winter Schedule *

Joyce Grage, M.A., is a psychotherapist in private practice in Seattle and has worked in the field for 16 years. She describes her approach as eclectic, with a strong orientation toward family systems. Her work experience includes five years in community mental health, two and a half years in drug and alcohol work, and five years facilitating a program dealing with the psycho-social aspects of vocational rehabilitation for injured workers. Grage now primarily works with individuals and couples, but it is her experience working with groups that she will bring to this workshop.

Bette and Joyce's paths have crossed in many ways over the last seven years: as co-therapists in vocational rehabilitation, as students of dream work, and as good friends. They have also just happened to experience mid-life career changes and survived.

Howard McConeghy, Ed.D., A.T.R.

Archetypal Imagery and the Seasoning of Life

Friday, March 19 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

Therapy is a process of enriching our arid perception of things and events — “The lion roars at the enraging desert,” as Wallace Stevens says — and David Whyte claims that it doesn't matter whether it is joy or grief you're experiencing, but whether you can tell the story so well that the story becomes magnificent. Beauty is the perception of the soul in each thing or event, and therapy is the acknowledgment of its magnificent — one might say its archetypal significance.

Friday's slide presentation and lecture will be on archetypal notions of creativity along the lines of James Hillman's *The Myth of Analysis*, part 1, with emphasis on image and beauty (art and aesthetics).

Each stage of life is a season only when it is seasoned with disciplined perception (*Aisthesis*). That is, when we can see the aridity of the desert of our soulless world. The seasoning would be paying meticulous attention to the soul in the things and events of experience — seeing soul in the world. Also, the slides will include drawings and paintings made by children and untrained adults as well as works by recognized artists.

Facing the Image & Giving Image a Face

Saturday, March 20 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$40 members, \$50 nonmembers

Two Saturday workshops will offer practical application of the theory. The morning workshop will involve picture-making following an introductory talk. Image work will follow, then a second picture and more image work. Bring your preferred art materials, such as oil pastels, regular pastels, felt markers, watercolors, or colored pencils. Also bring appropriate pads of paper.

The afternoon workshop will begin with an introductory talk, then the making of another picture and image work with the entire experience.

Howard McConeghy, Ed.D. and A.T.R., is a painter, teacher, and art therapist. He received his B.F.A. degree from Washington University in St. Louis and studied painting with both Max Beckman and Fernand Leger. He has taught art to people in preschool through graduate school. He was chairman of the art department at, among other schools, Eastern Washington University, and has an Ed.D. from Michigan State University. As an art therapist, he founded an archetypically oriented art therapy training program at the University of New Mexico, from which he is now professor emeritus. He is a registered art therapist (A.T.R.) and has a small private practice.

Society's Annual Fees and Subscription Rate

Effective September 1, 1992, the C.G. Jung Society, Seattle has raised its annual membership fees to cover increased expenses and the rent for its library and office space in the University Heights Community Center. This is the first fee increase in several years.

The increases are detailed below:

Category	Old Fee	New Fee
Sustaining	\$75	\$90
Contributing	\$50	\$60
Individual	\$25	\$30
Couple	\$40	\$48
Student/Senior	\$15	\$18
Mailing List	\$5	\$6



Call for Submissions

The Society is seeking submissions for the spring edition of the news-letter. Contributions of relevant essays, poetry, news, and media reviews will be considered for publication. Please send to the Society at the address given on page 7.



Society Publicity Policy

The Board of the C.G. Jung Society, Seattle, has established a policy of requiring Board approval of any publicity materials from other organizations that will be made available at Society events, such as flyers, brochures, etc.

Approval is also required of announcements that will run in the newsletter.

To allow time for this process, please send any materials to the Society early enough so that the Board can consider them at its regular meetings, which are usually held the first Monday of each month.

* Winter Schedule *

Tibetan Book of the Dead: The Film Version • Corwin Fergus

Monday, March 29 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

Between the stages of life we pass through liminal phases where the preceding myth that lent us direction has died or is dying and a new orienting attitude has not yet emerged. Within these often-difficult passages we begin to form a relationship with our own death and with the unknown. People, via art, religion, philosophy, and psychology, have attempted to map this elusive territory. One of the most compelling of these imaginings into the unknown is the *Tibetan Book of the Dead*. Jungian analyst Corwin Fergus will present Bruce Baillies' cinematic meditation on the *Tibetan Book of the Dead*, *Quick Billy*, and speak a bit about the in-between.

Corwin Fergus has an M.F.A. in filmmaking from the San Francisco Art Institute and a diploma in analytic psychology from the C.G. Jung Institute in Zurich. He practices Jungian analysis in Seattle and Bellingham and is currently involved in two environmentally related film projects.

In this teaching, we find the whole of life and death presented together as a series of constantly changing transitional realities known as bardos. "Bardo" is commonly used to denote the intermediate state between death and rebirth, but in reality bardos are occurring continuously throughout both life and death, and are junctures when the possibility of liberation, or enlightenment, is heightened.

—Sogyal Rimpoche, *The Tibetan Book of Living and Dying*



Society Library Notes

Current library hours are 10 A.M. to 2 P.M., Saturdays only. Hours are subject to change. Operation of the lending library is in the hands of interested Society members. If you would like to help keep the library open more or more consistently, please communicate your interest.

Note that items may be returned even when the library itself is closed simply by dropping them in the Society's mailbox at the University Heights Center office.

C.G. Jung Society, Seattle

Membership and Subscription Request

Feel free to make a copy of this form if you'd prefer not to cut it out.

I am enclosing \$_____ for dues, according to the following schedule:

Sustaining member	\$90	Couple (same address)	\$48
Contributing member	\$60	Student/Senior	\$18
Individual member	\$30	Mailing list ONLY	\$6

Make checks payable to: C.G. Jung Society, Room 5A, University Heights Center, Seattle, WA 98105.

Please check here if you want to receive *only* Society mailings.

Name _____ Address _____

City _____ State _____ Zip _____

Phone (____) _____ Comments _____

Statement of Purpose

This newsletter is published three times a year by the C.G. Jung Society, Seattle, a nonprofit educational corporation founded in 1972. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. It sponsors lectures, workshops, seminars, and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

The Society's mailing address is:
**Room 5A,
 University Heights Center
 5031 University Way N.E.
 Seattle, WA 98105**

The Society's office and library are at the same location and are currently open on Saturdays from 10 A.M. to 2 P.M.

For more information about the Society and its programs, please call (206) 525-3960.

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Cornish College North Meeting Location

Directions: The North building of the Cornish College of the Arts is at 1501 Tenth Ave. E. (at Galer), just north of St. Mark's Cathedral. **By Car:** To park in the lot behind Cornish North, enter the driveway between St. Mark's and Cornish North College, then turn right at the far end of the building through the archway. The rear entrance to the building, at the far north end under an arch, will be open and lighted. **By Bus:** There is a bus shelter next to the drive between Cornish North and St. Mark's and a stop directly across the street from the school, providing easy access from the University District and downtown via routes 7 and 9.

“The Seasons of Life”

Winter Series

Maud Gonne & Change for Women ✨ The Hesitant Hero & Circumambulation ✨
The Transcendent Function ✨ Rites of Ancient Ripening ✨ Career Transitions ✨
Archetypal Imagery & The Image ✨ The Tibetan Book of the Dead

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