

## Fall Series

# The Seasons of Life



All the events of the Society's fall 1992 schedule are centered around the theme of "The Seasons of Life" and focus on the topics of individuation and the major developmental stages of life from a Jungian perspective. The events will address the challenges of each developmental stage with emphasis on their continuing impact on the lives of people as adults.

The creative spark for this series began at least nine months ago and took shape with the support of Kate Millard and Carl Robinson, the Program Committee co-chairs at that time. At first, suggested speakers and topics addressed only childhood transitions but, during the course of discussion, Rosalie Gorfkle said, "I'd like to hear someone speak on mid-life and old age."

Carl added, "We can call it "The Seasons of Life."

One could hear the crackling of creative energy as new ideas for speakers emerged and the idea for this series gained momentum.

Now, it is with anticipation, excitement, and a twinge of anxiety, just as with the maturing and unveiling of any creative work, that we announce the many events that compose "The Seasons of Life." This series brings us the richness of experience and backgrounds of many Jungian analysts, both from within and outside the Seattle area, as well as a number of guest speakers who are not Jungian analysts but are knowledgeable in their chosen topic and in Jungian psychology.

—Lucretia Devine, Program co-chair

### September

#### *A Stroll Through the Seasons of Life* • Ruth Ammann

Friday, September 11 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

Ruth Ammann will talk about life's seasons as they are shown in one woman's series of sandplay slides. She will invite the audience to join her as she strolls through both the inner and outer gardens of a woman client's psyche. Ammann will also touch on dreams, fairy tales, and mythological images pertinent to the inner and outer transformation portrayed in the sandplay images.

#### *The Child* • Ruth Ammann

Saturday, September 12 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$40 members, \$50 nonmembers

After a short introduction to sandplay, Ruth Ammann will elaborate on the special kind of imagination one observes and experiences in the process of sandplay and the relationship between alchemy and sandplay. She will present two cases—one of an adult woman and one of a 13-year-old boy—and note the presence and course of Dr. C.G. Jung's transcendent function. In the boy's case, a negative rather than positive sequence develops. *Continued on next page—*

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### Fall Schedule

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& The Child*

September 11-12

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October 19

**Roy**

*Initiation Rituals*

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*Her Indian Soul*

November 23

**Rough**

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December 7

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## \* Fall Schedule \*

**Note:** Credit may be available from the Sandplay Therapists of America for those who attend Ammann's lecture and workshop. Please inquire at the door or call.

**Ruth Ammann** is a Zurich-trained Jungian analyst and member of the International Society of Sandplay Therapists. She is a training analyst and lecturer at the C.G. Jung Institute in K nsnacht. As a native of Zurich and a trained and practicing architect, Ammann brings a rich and varied background to her lectures. She is the author of the recently published book *Healing and Transformation in Sandplay* and several other publications on sandplay. In addition to her vast knowledge of the symbol of the garden, she has researched and written of the symbol of the home.

### *Growth and Development in the Stages of Life*

• **Gordon Keating, M.D.**

**Friday, September 25, 1992 • 7:30 to 9:30 P.M.**

**Cornish College, PONCHO Theatre • 710 E. Roy**

**Free for members, \$8 nonmembers**

One of Dr. Jung's major contributions is the recognition that growth and development in humans extends throughout life rather than ending with the attainment of adulthood. In fact, most of Jungian psychology concerns the individuation process in adult development. Thus, it is forward-looking as opposed to the backward-looking tendencies of earlier developmental psychologies, e.g., Freudian psychology.

This lecture will explore the notion of human growth and development as a living process of personal change, movement, and differentiation that fundamentally involves expanding awareness of life both as unique individuals and as a species (collective consciousness). Dr. Gordon Keating will inquire into the crucial distinction between growth and development in the material world (competence, technology, and science) versus growth and development in the intangible world (meaning, spirit, and soul). He will look at the aspects of our cultural and psychological orientation that inhibit and support growth and development in adult life so that we may live closer to our growth edges.

**Note:** This event is at the main campus of Cornish College of the Arts.

**Gordon Keating, M.D.**, has lived and worked in Seattle since 1971. He practices psychiatry from a holistic orientation and mainly works as a Jungian-oriented psychotherapist with special interests in voice dialogue, the psychology of selves, and growth and learning in mid-life and later.

### **October**

### *Jung's Infancy and Childhood and Its Influence on the Development of Analytical Psychology •*

**Brian Feldman, Ph.D.**

**Friday, October 2, 1992 • 7:30 to 9:30 P.M.**

**Cornish North • 1501 Tenth Ave. E.**

**\$5 members, \$8 nonmembers**

At the age of 83, Dr. C.G. Jung made the following observation: "I have never fully unwound the tangle of my earliest memories. They are like individual shoots of a single underground rhizome, like stations on a road of unconscious development."

*(Memories, Dreams, Reflections)*

This lecture will explore of Dr. Jung's infancy and childhood and its influence upon the development of the theory of analytical psychology. Jung's early memories and

### **Returns and Beginnings**

*A Message from the President*

Even though I am 46 years old, September always reminds me of that childhood feeling that belongs with "the return" Mostly this comes from years of returning to school. This image holds both the nostalgia of a care-free summer and a yearning for something else. The garden returns to us the fruits of summer labor, memories leave us with images of summer fun, travel, and adventure. The days become significantly shorter, a slow return to the darkness; return means coming back. Return also means "turning point." The Chinese Book of Changes comments: "Return is small, yet different from external things. Return leads to self-knowledge." Hopefully, as we return, be it to school, work, family, or home, the Jung Society's offering of events and programs will provide an avenue for a timely look back toward the inside, a renewing of one's inner connection to the self, for only when we are connected to the self may we adequately nurture connection to others. T.S. Eliot aptly spoke of this cyclical nature when he wrote:

We shall not cease from exploration  
And the end of all our exploring  
Will be to arrive where we started  
And know the place for the first time.  
—"Four Quartets"

It is a privilege, as the new president of the C.G. Jung Society, Seattle, to welcome our members to share in the 1992-93 program year. Our purpose is to bring to you educational events of quality with the hope of fostering not only self-knowledge but a larger sense of community as well. I look forward with enthusiasm and curiosity toward working together with an outstanding Board of Directors and volunteers to support this season's exciting program theme, "The Season's of Life."

The Society had a busy, successful year in 1991-92, especially due to the tireless efforts of past president

## \* Fall Schedule \*

interpersonal experiences with his mother, father, and significant caregivers will be investigated to gain an understanding his intrapsychic development. Formative experiences such as his dream of the underground phallus, his early childhood play with the manikin, and his waking fantasy of God defecating on the Basel cathedral will be examined in detail and considered for clues to the development of Jung's later theoretical concepts. His early childhood was filled with trauma, mostly experienced in solitude. He coped with severe trauma by turning inward in a remarkably creative and reparative manner. Out of these early experiences, he shaped a psychological theory that has had a major influence on contemporary culture.

### ***The Developmental Approach in Analytical Psychology: A Survey of New Developments and Future Pathways*** • Brian Feldman, Ph.D.

**Saturday, October 3, 1992 • 10 A.M. to 4:30 P.M.**  
Cornish North • 1501 Tenth Ave. E.  
\$40 members, \$50 nonmembers

This workshop will start with an examination of Dr. C.G. Jung's infancy, childhood, and adolescence and the impact these formative experiences had on the development of the theory and practice of analytical psychology. Dr. Brian Feldman will look at current work by Jungian analysts in the areas of infant observation and child and adolescent analysis to help formulate a Jungian theory of infant, child, and adolescent development. Areas he will explore will include the development of the capacity to use symbols in infancy and early childhood, creativity and spirituality in adolescence, the development of a coherent identity in adolescence, and the development of the capacity for commitment and intimacy as it emerges in young adulthood. Material from infant observations and child and adolescent analyses will be presented along with theoretical material.

**Note:** Credit may be available through the American Psychological Association for those who attend Dr. Feldman's lecture and workshop. Please inquire at the door or call.

**Brian Feldman, Ph.D.**, trained in clinical psychology at the University of California, Berkeley. He obtained further clinical training, specializing in work with autistic and psychotic children, at Johns Hopkins University, Department of Psychiatry, in San Francisco. More recently, he has held the position of chief psychologist in the Department of Child Psychiatry at Stanford University. Dr. Feldman obtained his analytical training at the Jung Institute of San Francisco, where he is a member of the teaching faculty. He is also a training analyst in the Inter-Regional Society of Jungian Analysts. He worked over a number of years during his analytical training with Dr. Michael Fordham in London, specializing in child analysis. He is currently on the faculty of the transference/countertransference training course in Santa Fe, which is directed by Mara Sidoli. He is co-leader, with his wife, of infant observation seminars. Dr. Feldman is engaged in the private practice of child, adolescent, and adult analysis in Palo Alto.

### ***Reflections on the First Two Years of Life: Adult Themes of Intimacy, Alienation, and Containment*** • June Matthews, M.A., M.F.C.C.

**Monday, October 19, 1992 • 7:30 to 9:30 p.m.**  
Cornish North • 1501 Tenth Ave. E.  
\$5 members, \$8 nonmembers

June Matthews, who has worked with children, adults, and families for the past 30 years, will present sandplay slides and talk informally about the themes of the first

*Continued on next page—*

### **Returns and Beginnings** (*continued*)

Betty Joram. To Betty, as well as to retiring Board member Bill Downey and Program co-chair Carl Robinson, I'd like to say a special thank you on behalf of the Society. Their contributions are greatly appreciated.

We also welcome new Board members David Hufford, vice-president; Marilyn Lamont, treasurer; Lucretia Devine and Rosalie Gorfkle, Program Committee co-chairs; and John Radecki and Carl Lipkin, members-at-large.

One of the first items the new Board had to consider was a hike in the Society's annual membership fees. After an overview of our finances presented by Art Hopkins, it became clear we needed to raise the fee in the Individual category by \$5 and the others by a proportional amount. This is the first adjustment in several years and is necessary to cover higher operating expenses and additional rent for the office and library space at the University Heights Community Center. However, to offset this hike, the Board is pleased to offer members a free event on Friday, September 25, at the PONCHO Theatre of Cornish College, 710 E. Roy. Dr. Gordon Keating will speak on "Growth and Development in the Stages of Life." Please note that this event is *not* at Cornish North, where our other events are normally held. Instead, it will be at the main Cornish building on Capitol Hill. Parking may be difficult so come early. The program schedule gives further details.

We have a new discount policy for consecutive lecture-workshop presentations whereby those who pay for a Saturday workshop before the Friday lecture will be admitted to the lecture free of charge. So, plan ahead for our workshops and save money.

We hope to offer Continuing Education credits for the presentations by Dr. Brian Feldman and Dr. Manisha Roy. This can be confirmed by telephone or at the door.

—Kate Millard, president

## \* Fall Schedule \*

two years of life—containment, deintegration, and reintegration—and tell how she regards their deep influence on our adult attitudes of intimacy, alienation, and self-containment. Matthews will discuss Michael Fordham's concept of the Primal Self as well as Erich Neumann's view of the Ego-Self axis, with elaboration from the writings of Edward Edinger and Dora Kalff.

**Note:** Credit may be available through the Sandplay Therapists of America for those who attend Matthews' lecture. Please inquire at the door or call.

**June Matthews, M.A., M.F.C.C.,** is a sandplay therapist and analyst in private practice Palo Alto and a member of the training faculty of the Jung Institute of San Francisco.

### November

#### *Initiation Rituals: Bridges from Old to New Frontiers*

• **Manisha Roy, Ph.D.**

Friday, November 6 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

Dr. Manisha Roy will discuss initiation from the point of view of her unique perspective as an East Indian with training in anthropology and Jungian analysis. She will link, through examples of dreams and art, the archetypal significance of initiatory practices of archaic cultures with those of contemporary men and women. Her lecture will elaborate on the function of rites of passage in old and primitive cultures as initiations not only at puberty but also at different seasons of life from birth to death. In modern and Western societies, secularization or the absence of such rituals seems to be compensated by acting out and by spontaneous images from the unconscious, such as hallucinatory experiences.

#### • Workshop •

Saturday, November 7 • 10 A.M. to 4:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$40 members, \$50 nonmembers

The workshop will be participatory. Participants will be able to explore, both from archetypal and personal perspectives, the ways in which the unconscious urges initiation through life experiences via symbolic messages.

**Note:** Credit may be available through the American Psychological Association for those who attend Dr. Roy's lecture and workshop. Please inquire at the door or call.

**Manisha Roy, Ph.D.,** is an anthropologist and Zurich-trained Jungian analyst practicing in Boston. As a native of India, she came to the U.S. on scholarship and went on to earn a master's in geography and social anthropology and a doctorate in psychological anthropology. She wrote *Bengali Women* and writes fiction in both English and Bengali.

#### *Dreams of a Young American Woman: She Finds Her American Indian Soul* • Jess Groesbeck, M.D.

Monday, November 23 • 7:30 to 9:30 P.M.

Cornish North • 1501 Tenth Ave. E.

\$5 members, \$8 nonmembers

This presentation will highlight a series of dreams and experiences of a young Anglo-American woman who dealt with an adolescent identity crisis. Out of this remarkable series the theme of the American Indian came forward, suggesting that

#### Images in the Sand

*... man is completely human  
only when he is at play.*

—Schiller

Sandplay, a therapeutic process that typically uses sandtrays and miniature figurines, will be a topic in the presentations of two speakers during the Society's fall series. In addition, those who attend the presentations of Ruth Ammann and June Matthews can apply for credit toward sandplay certification through the Sandplay Therapists of America (STA).

Ammann and Matthews are Jungian analysts as well as certified sandplay therapists who have studied with Dora Kalff, the founder of sandplay therapy.

Kalff was born in Switzerland and was a student of Dr. C.G. Jung. She also studied with Margaret Lowenfeld, a British child psychiatrist who used sandtrays and miniature figurines with children to create scenes she referred to as "sand worlds." Lowenfeld's method is referred to as "World Technique." The unique therapeutic process of sandplay developed by Kalff merged Jung's theory and the teachings of Lowenfeld. Kalff observed that the sequences of sand images that clients presented repeatedly correlated with Jung's description of dream imagery that appears during the individuation process. The simple act of play seemed to allow clients to express themselves from a deep archetypal level and to free healing and transformative spiritual and creative energies. Today, sandplay is used with adults and children.

Before her death in January 1990, Kalff gained acclaim for sandplay as a nonverbal therapeutic process that aids inner healing and engages psyche and soma. The International Society of Sandplay Therapists (ISST) and STA, which Kalff helped found, offer certification. For more information, please contact Lucretia Devine, sandplay therapist, at (206) 851-5023.

—Lucretia Devine, Program co-chair

## \* Fall Schedule \*

this woman's roots were connected to a distinct cultural layer of the unconscious related to her land and to the native Americans. Suggested reading in preparation for this talk is the article "Mind and Earth in Volume 10 of Dr. C.G. Jung's *Collected Works, Civilization in Transition*.

**Dr. Jess Groesbeck**, a Jungian analyst, is an associate clinical professor of psychiatry at the University of California, Davis, as well as a faculty member in the Department of Psychiatry, University of Utah. He is a training analyst for the Inter-Regional Society of Jungian Analysts and a member of the newly formed Northwest professional society, Jungian Analysts•North Pacific. During the fall of 1992, Dr. Groesbeck is returning home to the Pacific Northwest, where he will be in private practice in the Seattle area.

### December

## *The Story of Bergita House: Psyche In Community* • Jean Rough, M.A.

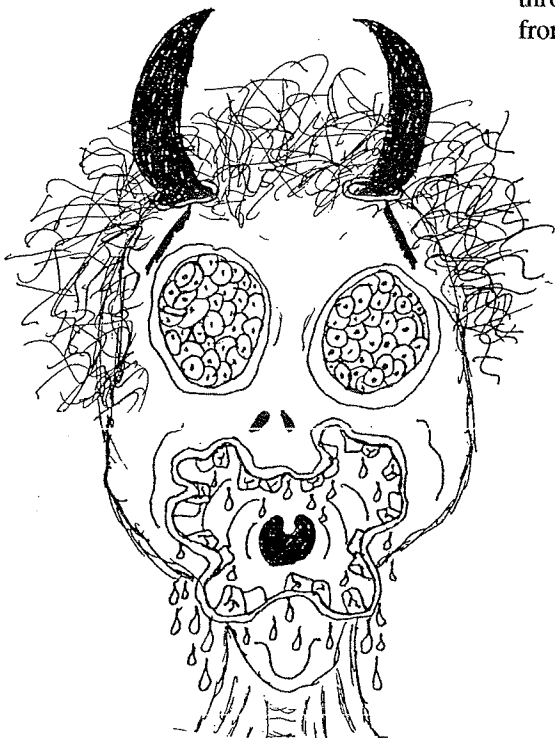
**Monday, December 7 • 7:30 to 9:30 P.M.**  
Cornish North • 1501 Tenth Ave. E.  
\$5 members, \$8 nonmembers

Bergita House began six years ago from trusting a relationship with an 8-year old boy. Today it is a nonprofit public benefit with seven volunteer therapists and interns working individually with about 40 children a week. The focus is to nurture a child's self-expression by offering Jungian-oriented therapeutic support. No fees are charged to protect a child's freedom of choice to experience Bergita House. This choice of no fees has become central in the struggle to maintain the integrity of Bergita House. How does one find the strength to trust and revere the psyche as it presents itself in unsuspecting ways? What happens when *children* are given the choice for therapeutic support? What does it mean for children, families, and staff and what does it stir in the therapeutic community to not charge fees? These are

some of the issues that will be offered through storytelling and slides. Works from children who have willingly shared their psyches through play, music, art, and sandtray work will also be presented.

**Jean Rough, M.A.**, is founder and director of Bergita House. She is a licensed psychotherapist with a Jungian orientation and resides with her family in Port Townsend. Her background includes work as a strategy planner for the Xerox Corporation. Her article, "Stone Dream," was published in the spring 1990 issue of *Dream Network Journal*.

**Left:** This drawing, shared by a 12-year-old boy during his time at Bergita House, was captioned by him as follows: "Here is Woldron fighting himself. Everyone has to fight himself to get to his own power."



## Society Hikes Annual Fees

The C.G. Jung Society, Seattle has raised its annual membership fees to cover increased expenses and the rent for its library and office space in the University Heights Community Center. This is the first fee increase in several years. The increases, effective September 1, are detailed below:

Category	Old Fee	New Fee
Sustaining	\$75	\$90
Contributing	\$50	\$60
Individual	\$25	\$30
Couple	\$40	\$48
Student/Senior	\$15	\$18
Mailing List	\$5	\$6

## Call for Submissions

The Society is seeking submissions for the winter edition of the newsletter. Contributions of relevant essays, poetry, news, and media reviews will be considered for publication. Please send to the Society at the address given on page 7.



## Announcements

*From*

### Jungian Analysts•Pacific Northwest

The delegates to the International Congress for Analytical Psychology, meeting in Chicago, will vote August 26 on whether to accept the new group Jungian Analysts•North Pacific to full membership. Pending acceptance, JA•NP will, among other things, be able to offer analytic training to qualified individuals. For further information, please write:

Jungian Analysts•North Pacific  
4105 E. Madison St., Suite 200  
Seattle, WA 98112

*From*

### Lucretia Devine

Those in the Tacoma-Gig Harbor area interested in forming a Centerpoint group are encouraged to contact Lucretia Devine at (206) 851-5023.

## Society Library Notes

When it officially became my responsibility two years ago, the Society's collection of books contained 490 titles, about 10 percent of which were missing. Since then, 341 titles have been added and many lost ones replaced, bringing the library now to around 900 volumes. The purpose of this expansion has been to fill in gaps and to broaden the collection with useful materials. Library information has been placed into a database format to simplify updating and cataloging. Books eventually may be shelved according to the Library of Congress classification system. Saving the library from oblivion has been a unique privilege and overseeing its further development has provided me a rare opportunity to be of service.

—Bill Downey, Library Committee member

Current library hours are 10 A.M. to 2 P.M., Saturdays only. Hours are subject to change. Operation of the lending library is in the hands of interested Society members. If you would like to help keep the library open more or more consistently, please communicate your interest. Note that items may be returned even when the library itself is closed simply by dropping them in the Society's mailbox at the University Heights Center office. Recent acquisitions of interest:

- Corbin, *Creative Imagination in the Sufism of Ibn Arabi*  
Corbin, *Cyclical Time and Imaili Gnosis*  
Corbin, *Temple and Contemplation*  
Duerck, *Circle of Stones*  
Eliade, *Myth and Reality*  
Feinstein, *Personal Mythology*  
Harrison, *Prolegomena to the Study of Greek Religion*  
Haule, *Pilgrimage of the Heart*  
Hill, *Masculine and Feminine*  
Jacoby, *Witches, Ogres and the Devil's Daughter*  
Klein, *Envy and Gratitude, and Other Writings*  
Klein, *Love, Guilt, and Reparation*  
Klein, *Psychoanalysis and Children*  
Kluger, *Archetypal Significance of Gilgamesh*  
Kohut, *Analysis of the Self*  
Kohut, *Restoration of the Self*  
Layard, *The Lady of the Hare*  
Rieff, *Triumph of the Therapeutic*  
Ullman, *Variety of Dream Experience*  
Wilmer, *Closeness in Personal and Professional Relationships*



## Publicity Policy

The C.G. Jung Society, Seattle, has a policy of requiring Board approval of any publicity materials from other organizations that will be made available at Society events, such as flyers, brochures, etc.

Approval is also required of announcements that will run in the newsletter.

To allow time for this process, please send any materials to the Society early enough so that the Board can consider them at its regular meetings, which are held the first Monday of each month.

## Mailing List Limits

Although the Society does not sell its mailing list, the Board does occasionally approve its use by groups or individuals sending materials of relevant interest. If you prefer to receive *only* Society mailings, please drop a note to the C.G. Jung Society at: Room 5A; University Heights Center; 5031 University Way N.E.; Seattle, WA 98105.



## Makishi Dancers

The makashi ceremony is an initiation rite for adolescent boys into their tribe, and it is performed by members of the Chokwe, Luvale, Mbunda, and Luchazi tribes of Zambia, Eastern Angola, and Southwestern Zaire. The ceremony continues for several weeks, during which time the initiates are secluded in a special camp made for the purpose, and cannot be visited by anyone except a select few of the makishi dancers, and then only at specific times and only if they are wearing costumes. There are six main characters involved in this ceremony, each with its own special role to play. Although there are about 20 different makishi characters, only six or eight of these are "heavy makishi"—absolutely essential to the ceremony.

Left: Models of the makishi dancers.

## C.G. Jung Society, Seattle

### Membership and Subscription Request

Feel free to make a copy of this form if you'd prefer not to cut it out.

I am enclosing \$\_\_\_\_\_ for dues, according to the following schedule (note that this new fee schedule takes effect September 1, 1992):

Sustaining member	\$90	Couple (same address)	\$48
Contributing member	\$60	Student/Senior	\$18
Individual member	\$30	Mailing list ONLY	\$6

Make checks payable to: C.G. Jung Society, Room 5A, University Heights Center, Seattle, WA 98105.

Please check here if you want to receive *only* Society mailings.

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone ( \_\_\_\_ ) \_\_\_\_\_ Comments \_\_\_\_\_

### Statement of Purpose

This newsletter is published three times a year by the C.G. Jung Society, Seattle, a nonprofit educational corporation founded in 1972. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. It sponsors lectures, workshops, seminars, and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

The Society's mailing address is:  
**Room 5A,**  
**University Heights Center**  
**5031 University Way N.E.**  
**Seattle, WA 98105**

The Society's office and library are at the same location and are currently open on Saturdays from 10 A.M. to 2 P.M.

For more information about the Society and its programs, please call (206) 525-3960.

### Board Members & Committee Chairs

- Kate Millard • President
- David Hufford • Vice-President
- Traudi Selves • Recording Secretary
- Marilyn Lamont • Treasurer
- • • • •
- Diane Bogue • Cashier
- Bunny Brown • Membership &  
Office Manager
- Steve Brundage • Facilities
- Lucretia Devine &  
Rosalie Gorfkle • Program
- Art Hopkins • Publicity
- Ken Kimmel • Member-at-Large
- Carl Lipkin • Member-at-Large
- Bob Quinn • Library
- John Radecki • Member-at-Large
- David Steinmetz • Newsletter
- Kurt Vance &  
Margaret Swanson-Vance • Hospitality

## Cornish College North Meeting Location

**Directions:** The North building of the Cornish College of the Arts is at 1501 Tenth Ave. E. (at Galer), just north of St. Mark's Cathedral. **By Car:** To park in the lot behind Cornish North, enter the driveway between St. Mark's and Cornish North College, then turn right at the far end of the building through the archway. The rear entrance to the building, at the far north end under an arch, will be open and lighted. **By Bus:** There is a bus shelter next to the drive between Cornish North and St. Mark's and a stop directly across the street from the school, providing easy access from the University District and downtown via routes 7 and 9.

## “The Seasons of Life”

*Fall Series*

Life's Season's & The Child \* Growth and  
Development \* Jung's Childhood and Analytical Psychology \* The First  
Two Years \* Initiation Rituals \* Her Indian Soul \* Birgita House

**C.G. Jung Society, Seattle**  
Room 5A  
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