

# C. G. Jung Society of Seattle

## NEWSLETTER

Winter 1989



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Published three times a year by the C. G. Jung Society, Seattle, a non-profit educational corporation since 1972. The purpose of the Society is to promote the interest in and an understanding of analytical psychology through lectures, seminars, study groups, and the maintenance of a library. Programs are aimed toward the general public.

The mailing address for the Society is: P.O. Box 19243  
Seattle, WA 98109

For information call the Society Answering Service at:  
(206) 525-3487.

### ***The Lost Psychology of the New Testament***

**By John A. Sanford**

**Sun Feb 5 1pm-4pm  
U of W, Kane Hall,**

\$10 members/pre-registration

\$15 non-members

"There are many words in the New Testament which have psychological overtones that are highly significant for the psychology of individuation but which get lost in the English translation. This talk explores the meaning of these words in a way anyone can relate to."

By discussing the original meanings of key words in the New Testament, Dr. Sanford will show how relevant and significant such meanings can be to the journey of individuation.

John A. Sanford is the author of books such as *Dreams and Healing, Invisible Partners, and The Man Who Wrestled with God*. He is a certified Jungian analyst and was last here in Seattle in March of 1986 when he presented a talk on the nature of the Self.



### TWELFTH NIGHT HOLIDAY PARTY

SUNDAY, JANUARY 8, 1989

12 5:00 pm TO 9:00 pm

Drummers



Society members look forward to our festive Annual Holiday Party!

This society tradition will be held at a Lake Washington home filled with wonderful art and, of course, good company. Bring your favorite *hors d'oeuvres*, desserts, or finger food creations and share in the spirit of this time of year. All beverages provided.

If you have not yet become a member, send your application (p 7) immediately and telephone 364-3178 for invitation and details.

**PARTY**

**PARTY**

**PARTY**



**THE C.G. JUNG SOCIETY, SEATTLE  
presents**

**A TWO DAY WORKSHOP**

**with**

**BETTY M. SMITH, M.A.**

**SOUL JOURNEY,**

**THE HEROIC PATH OF THE FEMININE**

A Seminar for Men and Women at Cornish North

Saturday March 18 and Sunday March 19 10am to 3:30pm

\$50 members and pre-registration...\$60 non-members

Among men and women today, the familiar hero's Journey, with its commitment to recognized goals and its implacable demands for achievement, is being affected by a new influence expressed as an interior movement arising in the individual, not dictated by culture.

This movement draws one with exceptional power since, unlike the cultural path, it alone might be found to fit the individual. In ancient myths, this is seen as the soul's journey, and is portrayed by such figures as Aphrodite, Zeus, Dionysus, Hermes, Hera, Artemis, and Demeter. This journey evokes deep process in men and women alike. It surfaces in our modern day as the individuation process as described by C.G. Jung.

This seminar will explore selected Greek myths that elucidate the phases of this archetypal path: the initiation, the time of abandonment or loss, the wandering or exploration, the sacred marriage, and the divine rebirth.

The two-day format encourages time for the overnight incubation of myth, images, dreams, active imagination, and fantasy. The process will be contemplative in style as one participates in the unfolding events and images. It will consist of presentation through Betty's dialogues, discussion in the group, and quiet periods for reflection.

Betty has been a lecturer in philosophy at California Lutheran College and St. Mary's College. She has taught in the analyst training program of the C.G. Jung Institute of Los Angeles since 1974. She is known chiefly as an interpreter of Greek myth and has lectured widely in the United States and abroad. She takes special pleasure in conducting mythology tours to Greece, having recently completed the seventh of these. Portions of what she will bring to us will include material from a book she is in the process of completing based on the myth of Io.

**CENTERPOINT  
INTRODUCTORY  
MEETING**

**Monday January 9**

**Cornish-North 7:30 pm**

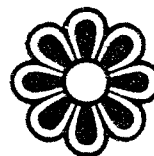
**No Charge**

Centerpoint is a personal study program for those who find the psychology of C.G. Jung compatible with their own thinking and want to join with a small group to pursue their own inner journey. Participants hope to find their own relations to Jungian understanding, fairy tales, myths, and dreams.

The groups meet every week or so, and listen to and discuss one of 18 taped sessions. The self-paced course can take as little as 18 weeks, or as long as nine months.

Each person keeps a journal of dreams and other reflections during the course of the program. However, this is NOT a dream therapy group.

The course costs \$60.00; a notebook of transcripts and study materials is provided. Bring your questions and enthusiasms to this organizational meeting at Cornish-North. Contact Bunny Brown (632-4892) for further information.



## JUNGIAN PERSPECTIVES

Within the contexts of anima, animus, fairy tale symbolism, dreams, and alchemy, these presentations provide a perspective of basic Jungian concepts. Dr. Levy will moderate a **wrap up on 3/8**

**At Cornish North  
Wednesday Nights**  
**This series**, eight in all, costs \$20.00 by pre-registration, or \$3.00 per evening. January 11 through March 8.

### DREAMS

*Healing and the  
Unconscious*  
by Ken Kimmel

Wednesday at 7:30 pm  
January 11, 18, and 25

The dream is a momentary cross-section, a "weather prediction" of our constantly expanding and contracting patterns of psychic growth. Bring your dreams and we'll explore how their symbols have the power to heal and bring us in touch with our deepest selves.

Ken is a psychotherapist in private practice in Seattle and is Director of the Pacific Northwest Center for Dream Studies. Licensed as a Calif. Marriage Family Child Counselor with an M.A. in Psychology, Ken has conducted dream workshops throughout the West Coast and Hawaii. He has taught in colleges, universities, and churches, consulted in mental health agencies and corporations and has been interviewed by various media on the practice of dream psychology. Portions of his cross-cultural dream research in South America have been published in Dr. Stanley Krippner's *Realms of Healing*.

### ANIMUS AND ANIMA

*The Bridges to  
the Self*

by William H Levy, MD  
Wed. 7:30 pm Feb. 1

These archetypes, though difficult to understand, are the keys to the transpersonal aspects of analytical psychology. They are not only the quintessential masculine and feminine but they are also personal gods and goddesses in their own right. Bill will attempt to clarify them from a classical point of view. He will use examples drawn from Jung as well as his own practice and his personal experience.

Dr. Levy is a Jungian oriented psychiatrist in private practice in Seattle. He is board certified by the American Board of Psychiatry and Neurology and has had training at both the Southern California Psychoanalytic Institute (Freudian) and the C. G. Jung Institute in Los Angeles. He has served on the clinical faculties of both UCLA School of Medicine and USC College of Medicine as Assistant Clinical Professor. Dr. Levy is the immediate past president of the C. G. Jung Society, Seattle.

### ALCHEMY

by Corwin Fergus, M.F.A  
7:30 pm Feb. 8 and 22

A graduate of the C. G. Jung Institute in Zurich, Cordy is in private practice in Seattle. He chose Alchemy as his subject because there is little general understanding of Jung's passion for this subject which occupied much of his later life. It will be discussed as a metaphor for the individuation process and as a symbolic language expressive of the unconscious. Cordy also brings a background in the fine arts, photography and film making in his approach to this compelling subject.

### FAIRYTALES

*The Symbolism of the Oven*  
Wed 7:30pm March 1

Kate Millard, M.A. has chosen to settle in the Seattle area after attending the C. G. Jung Institute, Zurich for the past five years. Using references from *The Cast Iron Stove*, *Hanzel and Gretel*, and *The Goose Girl*, Kate will offer some comments on the usefulness of fairytale interpretation in analytical work, especially emphasizing the importance of what Jung called "symbolic thinking". Ms. Millard is now in private practice in Seattle.

**For The Men**

*desolate men -  
have we left  
you  
standing?  
Your faces  
mounted on  
a street-corner-line  
holding pattern  
to a sadness  
for all those  
who have died  
did we leave  
you  
standing?  
in the wet reeds  
wondering  
at a fire  
wasted on one  
have we left  
you standing?  
too-passive-to-a-passive,  
bleed-crying,  
knees and feet  
a shred  
of the movie*




**Diane Kumfermann**

**Dancer**



*To love a dancer in a cold room  
with one stuffed mattress and  
strewn shoes, pumps, clothes, undergarments  
and a high view of the harbor  
through skylite water drops.  
With silence and the muffle of traffic far below  
and to lie there afterwards with your head  
against the mattress against the floor against  
all the next rooms in all the next buildings  
and to feel all the perturbations of all the  
adjuncted structures and that all these tiny  
rumblings can be mingled and heard with yours.  
Would be a fine thing.*

**Carl Nelson**

**January 1989**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
12th Night Holiday Party 	Centerpoint Introductory Meeting 	10	Series Ken Kimmel Dreams	12	13	14
15	Shannon McRae Celtic Myth 	17	series Ken Kimmel Dreams	19	20	21
22	23	24	Series Ken Kimmel Dreams	25	26	27
29	30	31				

**February 1989**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Series Bill Levy Animi 	2	3	4
John Sanford Psychology of New Testament	6	7	Series Corwin Fergus Alchemy	9	10	11
12	Eckert & Shenker "Jane Smith" 	14	15	16	17	18
19	20	21	Series Corwin Fergus Alchemy	23	24	25
26	27	28				



**Dickens**

*I imagine Dickens with pen (Sitting),  
fountain running. Micawber tilting:  
heels rising, head rolling. "In Short,"  
expatiating.  
And poor Copperfield.*

*The "tumbrils turning".  
Drops of ink, reclusive.  
First rivulets,  
then torrents, of abuse, tears  
Intrigues, danger, eccentricities...  
The Shadow, Madams Defarge and Haversham  
and poor Sidney Carton.  
"It is a far, far better thing..."*

*That life in a drafty, poorly lit menage  
of clattering hansoms, slimed streets, and*

March 1989

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Series Kate Hillard Fairytales 1	2	3	4
5		6	Series Bill Levy Wrap Up 	7	8	9
10	11	12	13	14	15	16
Betty Smith Seminar Greek Myth 17	18	19	20	21	22	23
24	25	26	27	28	29	30
	Waltraud Selves Art & the Unconscious 31					

April 1989

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8 Bill Levy Borderline Psyche Seminar
9	Neil Young "Scandinavian Soul Images" 10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	James Hillman Lecture 25	James Hillman Seminar 26	27	28	29
30						

**WILLIAM H LEVY, MD**

*The Borderline Psyche  
Cutting Edge of The New Age.*

**Seminar on Sat 4/8  
at Cornish North**

**10 am to 3:30 pm**

**\$30 non-members at the door**

**\$25 members/pre-registration**

*Who am I and how shall I be now?* That is the question a borderline psyche lives his or her life by. This workshop will consider the borderline psyche as a form of ego organization which allows for greater access to the sources of creativity rather than as a character disorder. Dr. Levy will address ways of doing therapy with, living with, working with, or being a person who lives on the cutting edge of life.

Dr. Levy is a Jungian oriented psychiatrist practicing in Seattle. See page 3 for more information.

*gamey stench.  
Chimney pots silhouetted in the brown London air:  
acid.  
That souls spouting forth like sparks from a  
thousand sweat shops and warm coal grates  
smuggled in white, first read Dickens  
at Christmas.*

*Where soot-covered boots left imprints,  
from grill to coalyard.  
Between the dark carriage ruts  
and the blowing teams of beasts  
in gathering clouds of ice.*

*And in the wee hours,  
wee heirs.*

**Carl Nelson**

If you have any material you would like considered for publication in this newsletter please submit it to the editor at the following address:

C.G. Jung Society

P.O. Box 19243

Seattle, WA 98109

We need poems, short essays, reviews, small drawings, etc. All submissions will be considered but we are unable to return or comment on them. Thank you.

**Images of the Submerged Feminine in Celtic Folklore**

**THE SOW THAT EATS HER FARROW**

By Shannon McRae

Monday Jan 16 7:30pm  
Cornish North \$3

In Irish myth and tradition, the Great Mother Goddess is frequently as terrible as she is generous. Misrepresented by disapproving medieval ecclesiastics whose texts obscured the original myths concerning her, she survived as the loved and feared Old Mother of rural folk tradition. Ancient, sexual, indomitable, the Irish Goddess often appears most terrible when she offers power to a human who dares confront her.

This presentation explores the more fearsome aspects of the Irish goddess figure as they represent deeply submerged elements in the modern psyche, and suggests the potential for self-actualization when the individual begins to reclaim these elements as essential aspects of the self.

Shannon McRae spent three years in Ireland earning a master's degree in Irish Studies. Having settled in Seattle, she continues to explore the possibilities of applying ancient mythology to the modern psyche.

**JANE SMITH, JANE SMITH:**

**A Woman's Psyche**

Monday Feb. 13 7:30pm  
Cornish North \$3

Thomasa Eckert and Diane Schenker will present a video documentation of their recent production, "Jane Smith, Jane Smith". They will discuss the symbols in the piece with special attention to the animus and the protagonist's unconscious. They will also discuss the process of creating this work.

Thomasa Eckert is a vocalist and a performer as well as a gifted creative person. She has worked with such people as John Cage and Steve Reich. Diane Schenker has long been a member of the theater community in Seattle acting and directing professionally since the early 70's. She has helped found the Acting Training Program at Cornish where she serves on the faculty.

**OUT OF AN UNKNOWN WELL  
Art as an Expression of the Unconscious  
by Waltraud P. Selves**

Monday Mar. 27 7:30pm  
Cornish North \$3

Traudl says of her presentation, "Art and psychology have come together in my life first as a hobby and interest, then through a profound event that made me realize the power of art to express

the unknown. It is my hope, that by illustrating my journey as artist, others would have the courage to give form to unexpressed parts of their being."

Traudl is a gifted artist as well as a student of psychology and art therapy. She has much to say about growth and the creative process.

**Scandinavian Soul Images**

Neil Young, Ph.D.

Monday, April 10, 1989  
7:30pm Cornish-North  
\$3

Scandinavian soul images will be the presentation of basic motifs of Scandinavian mythology and how they are expressed in the modern plays of Ibsen. Among plays to be explored will be *Peer Gynt*, *The Wild Duck*, *The Doll's House*, *The Lady from the Sea*, *Hedda Gabler*, *The Master Builder* and *When the Dead Awaken*. These myths will include images of soul companions, anima and animus, as well as images of sacrifice, death and resurrection.

Dr. Young, a professor in the Department of Psychology at Seattle University, lived and studied in Denmark while he completed his Doctoral Dissertation. He traveled extensively during that time in Finland, Sweden and Norway.

**C. G. Jung Society, Seattle  
Registration Sheet-Winter 1989**

Make checks payable to: C. G. Jung Society, Seattle  
P.O. Box 19243  
Seattle, WA 98109

Feel free to Xerox this form if you'd prefer not to cut it out.

I enclose \$ \_\_\_\_\_ for enrollment in the following (please circle)

Jung Series	1/11-3/8	\$20*	Sustaining member	\$75
Sanford Lecture	9/23	\$10*	Contributing member	\$50
Smith Workshop	3/18-19	\$50*	Individual member	\$25
Levy Workshop	4/8	\$25*	Couple (same address)	\$40
Hillman Seminar	4/26	\$50*	Student/Senior	\$15
			Mailing List ONLY	\$ 5

\*This is the pre-registration fee for both members and non-members.

Charge my Visa MC \$ \_\_\_\_\_ Number \_\_\_\_\_ Exp. date \_\_\_\_\_

Name & Address \_\_\_\_\_ Comments \_\_\_\_\_

**JAMES HILLMAN**

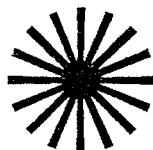
***The Right to Remain Silent:***

***The Art of Therapy as Political Action***

**Lecture on Tues 4/25  
7:30pm at Kane Hall**

\$15 non-members  
\$10 members

There is a relationship between art therapy and the art of therapy on the one hand and social conscience and political action on the other. The evening will address broader implications of analysis beyond the narcissistic confines of searching for self-hood among private memories, traumas, feelings, and symbols.



James Hillman is a Jungian analyst practicing in Connecticut. He is well known internationally as a speaker and writer. His works include: *The Dream and the Underworld, Anima, Pan and the Nightmare, The Myth of Analysis*, etc. He presents archetypal psychology as it impacts on the cultural imagination and on the therapy of soul.

***Depth Aesthetics***

**Seminar on Wed. 4/26**

**7:30pm at the University**

**Unitarian Church**

**6556 35th Ave. N.E.**

\$60 non-members

\$50 members/pre-registration

This seminar will explore Hillman's recent concerns with soul-in-the-world (*anima mundi*) which was once imagined as Venus-Aphrodite. This raises question of the relevance of beauty and ugliness for psychotherapy. Yet, depth psychology has altogether neglected beauty in its theory and practice. Can we find ways to recognize its importance and re-introduce aesthetic sensibility to care of soul.

ADDRESS CORRECTION REQUESTED

*18103*  
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C. G. Jung Society  
P.O. Box 19243  
Seattle, WA 98109

### **Cornish College of the Arts: Cornish-North Location**

The Cornish-North location of Cornish College of the Arts is located at 1501 Tenth Avenue East, just north of St. Mark's Cathedral. To park behind Cornish-North take the driveway between St. Mark's and Cornish (a red brick building), then turn right at the end of the building through the brick arch. The back door opening onto the parking lot will be open. There is a bus shelter in front of St. Mark's and easy access from downtown and the University District by way of Broadway/Tenth Avenue.

### **Society Library: Cornish-South Location**

The main collection of the Society Library is located at 723 Harvard Street East in Administration Building I. A small collection will be available in the classroom at Cornish North to be used coincident with scheduled events. The librarian may be reached through the main switchboard at 323-1400 (ask for the President's Office.) Hours are Monday, Wednesday, and Friday from 2:00 PM to 4:00 PM, and Saturday from 12:30 to 4:30 PM. If you wish to volunteer, return overdue materials, make donations, or have any questions, call the Society Librarian, Bette Joram at 937-6830.