

C. G. Jung Society of Seattle

NEWSLETTER

Fall 1988



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Published three times a year by the C. G. Jung Society, Seattle, a non-profit educational corporation since 1972. The purpose of the Society is to promote the interest in and an understanding of analytical psychology through lectures, seminars, study groups, and the maintenance of a library. Programs are aimed toward the general public.

The mailing address for the Society is: P.O. Box 19243
Seattle, WA 98109

For information call the Society Answering Service at (206) 525-3487.

BOOK REVIEW

When the Spirits Come Back

By Janet Dallett, Ph.D.

Janet Dallett's *When the Spirits Come Back* is a remarkably well written and courageously candid book. Dr. Dallett opens her soul to us. She shares with us the rich deep inner world of a wise and creative healing spirit. If you have ever wondered what sort of things go on inside a

Jungian analyst while one is working, this book will tell you. It should be required reading for all persons even remotely interested in inner psychological work regardless of their frame of reference.

The subject of *When the Spirits Come Back* is shamanic psychological healing. This ancient therapeutic process is laid open to us through the authors weaving of case examples, her own dreams and visions, syn-

HOLIDAY PARTY

SUNDAY, JANUARY 8, 1989

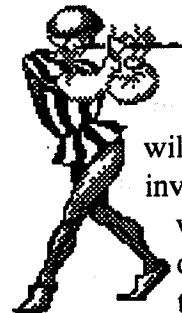
5:00 pm TO 9:00 pm

Society members mark your calendars for our festive Holiday Party!

The event will be held at a Lake Washington home filled with wonderful art and, of course, good company. Bring your special *hors d'oeuvres*, desserts, or finger food creations and share in the



spirit of this time of year. All beverages provided.



Society members will receive a personal invitation in December with the location and other exciting details.


PARTY
PARTY
PARTY

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November 1988

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	Dean Brooks "A Bushel of Shoes" 14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 1988

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	Paco Mitchell "The Angel's Demand" 12	13	14	15	16	17
18	19	20	21	22	23	24
 25	26	27	28	29	30	31

— oceans, mountains, plains
pass below. Weather
changes beneath them.
Life goes on down there — cities,
wilderness, people of all
kinds — they float over it
all.
Little fey arachnids. Free, they

are something between life
and wind. What a shame,
they think, to be alive in
such a beautiful world and
not see all this!
But do they see? Floating over
continents and oceans, high
in the air over millions of

people, billions of animals,
forests, deserts — the whole
planet— do they see?

Or are they as foam is to water?
Airy, frothy, shining, lovely,
free. Insubstantial, transi-
tory, a chimera of life. A
triumph of foam over sub-
stance.

If that is what they are, flighty
little multi-legged things,
then their sorrow is that they
see such wonders, the world
as smorgasbord, but never
possess, nor really experi-
ence, nor belong.

By Cebe Wallace

Untitled

I

I know your rock
has hands
their worlds
glide cross
silver
and shine it
to a mirror

II

I feel
your teardrops
they moisten me
to soft-mind

My Life

my life
became
an envelope
held
sealed
something
sacred
alive
within

Poems by Diane Kumfermann

Presented by:
John Radecki
Individuation and
The
Kundalini Chakra
System

Saturday, October 15, 1988
Cornish North 10am-3pm
\$40 members/pre-registration
\$50 non-members

Individuation, or the emergence of the Self in the individual, if understood as a compensatory movement in the psyche in response to the crisis of modern times, offers a path, a goal of life that can fill one's life with meaning.

Such movement requires some helpful collective images which can serve as guideposts to the individual. Jung discovered alchemy, myths and fairytales were such guides, expressed in terms of our Western heritage. But he also 'journeyed' to the East and discovered that the spiritual traditions there had amazing parallels to our own.

The purpose of this seminar is to explore one such tradition of the East - The Kundalini. I hope to show how this esoteric system of images can lend tremendous richness to the journey of individuation.

In the morning I will examine the images of the Kundalini system and show their relevance to the process of individuation. In

the afternoon we will explore some modern dreams and show how the Kundalini system can be a useful amplification to the dream.

John Radecki lives in Kirkland where he has a private practice. He has travelled to and lived in different parts of the world including Australia and India. Much of what he will speak about in this seminar is the fruit of such journeys.

Conference
Organized by:
Randy Morris, Ph.D.
Working With
Children and
Aggression in a
Jungian Way

Saturday, October 29, 1988
Cornish North 10am-4pm
\$40 members/pre-registration
\$50 non-members

This is the third of a series of conferences designed for people who are interested in working with children in a Jungian way. Following our initial conference last fall and the spring workshop with Edith Sullwold on "The Reality of the Child's Psyche", the theme of this conference is children and aggression.

What is aggression? What does the spontaneous speech of the psyche have to say about it? How may our knowledge of psyche bring healing to aggression and violence between chil-

dren, against children and among our intra-psychic children? Is it possible to re-mythologize a view of aggression honoring psyche?

Presenters include experienced child therapists from throughout the Northwest who are working in a variety of clinical and community settings.

Randy Morris is on the faculty at Antioch University and is a Jungian therapist in Seattle.

CORNISH NORTH

Our educational classroom at Cornish North is in the process of renovation. In addition to more aesthetic surroundings, we will have a small space in which to store some of our more popular library materials, making them readily available to our active membership. Please bear with us and any inconvenience this may cause.

Call for Assistance

We would like to reach more of the community and inform students at various schools what events and seminars are being presented by the society. With this in mind, we are requesting that anyone interested in posting small handbills (8.5 x 11) on any campus in the Greater Seattle area please call Diane Bender at either of these phone numbers: Home: 527-1977 or Work: 223-5028.

**C. G. Jung Society, Seattle
Registration Sheet --Fall 1988**

Make checks payable to: C. G. Jung Society, Seattle
P.O. Box 19243
Seattle, WA 98109

Feel free to Xerox this form if
you'd prefer not to cut it out.

I enclose \$ _____ for enrollment in the following (please check)

- | | | | | |
|--|-------|-------|--|------|
| <input type="checkbox"/> Dallett Lecture | 9/23 | \$5 | <input type="checkbox"/> Sustaining member | \$75 |
| <input type="checkbox"/> Dallett Workshop | 9/24 | \$40* | <input type="checkbox"/> Contributing member | \$50 |
| <input type="checkbox"/> Radecki Seminar | 10/15 | \$40* | <input type="checkbox"/> Individual member | \$25 |
| <input type="checkbox"/> Morris Conference | 10/29 | \$40* | <input type="checkbox"/> Couple (same address) | \$40 |
| | | | <input type="checkbox"/> Student/Senior | \$15 |
| | | | <input type="checkbox"/> Mailing List ONLY | \$ 5 |
- *This is the pre-registration fee for both members and non-members.

Charge my Visa MC \$ _____ Number _____ Exp. date _____

Comments _____

**Book Review
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When the Spirits
Come Back
By Janet Dallett,
Ph.D.**

chronicities, myths, and reflections.

She sees therapy as a linking of the psyches of both the therapist and the patient for the purpose of healing both. This is followed by a dynamic process

during which the therapist's wounds are opened and healed repeatedly at progressively deeper levels. If a therapist were to try to cut himself off from his vulnerability he would lose his effectiveness and could even cause harm. This is contrasted with the more traditional approach where the "healthy" therapist treats the "sick" patient.

Janet Dallett describes her book in the preface as being like a meal of rich cornbread. This image comes from one of her dreams and is as humble as the

person I know her to be. She welcomes us to her house and invites us to enjoy the meal. Cornbread was never like this. Years ago I dreamed I was sipping a truly fine scotch whiskey — in the dream it had the most delicious taste I had ever experienced (not at all like whiskey). I awoke from that dream with this luscious exquisite taste in my mouth and it remained present for several weeks. This "cornbread" also lingers and reminds me of my scotch.

By William H. Levy, M.D.